

Hospital Building Safety Board

Psychiatric Hospital Code Requirements Constraints and Differences with National Standards

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Universal Health Services (UHS)

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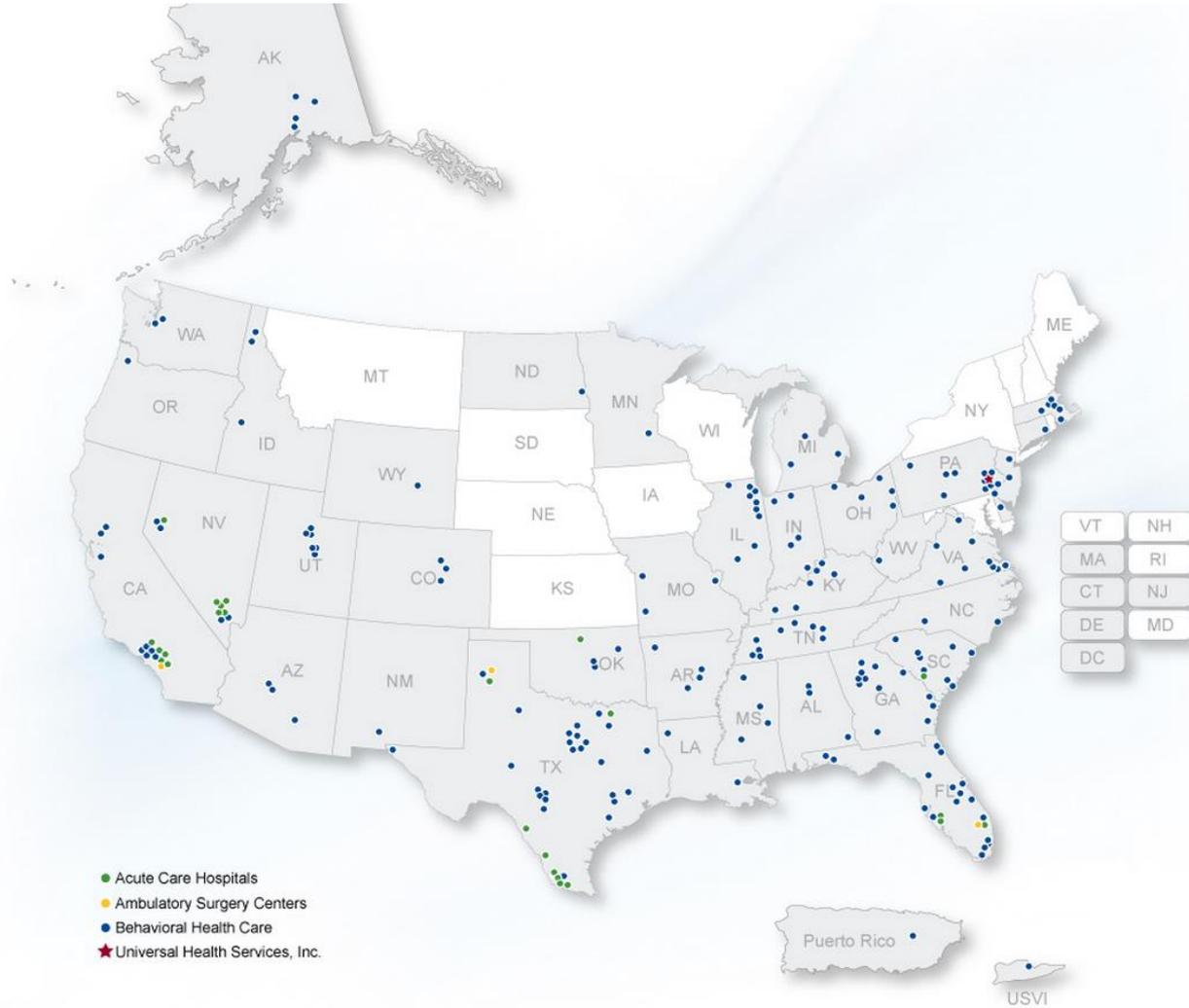
Universal Health Services (UHS)

- Largest facility-based behavioral health provider in the country
- Operating 216 behavioral health facilities in 37 states, Washington, DC, Puerto Rico, the U.S. Virgin Islands and the United Kingdom.
- 26,007 licensed behavioral health beds
- Six (6) behavioral health facilities in California:
 - Heritage Oaks Hospital, Sacramento
 - Sierra Vista Hospital, Sacramento
 - Del Amo Hospital, Torrance
 - Canyon Ridge Hospital, Chino
 - Alhambra Hospital, Rosemead, San Gabriel Valley
 - Fremont Hospital, Fremont
- Developing several projects to add beds to underserved CA counties

Universal Health Services (UHS)

- Partnering with the National Action Alliance for Suicide Prevention to help advance the [National Strategy for Suicide Prevention](#).
- Joined the Action Alliance's Zero Suicide Initiative with the goal to build a universally accepted, evidence-based approach to suicide prevention
- Provide treatment to more than 400,000 patients every year through a comprehensive range of behavioral health services for children, adolescents and adult.

UHS Locations



Psychiatric Hospital Services

Behavioral Health Services

- Psychiatric hospitals specialize in intensive behavioral health treatment providing short-term inpatient and outpatient services to help stabilize adults and youth in crisis. Patients are typically seeking treatment for depression, anxiety, schizophrenia and bipolar disorders.
- Many patients arrive on involuntary status. This status is commonly referred as LPS 5150 which is a 72-hour detainment for evaluation. A patient can meet LPS 5150 criteria in one of three ways:
 - 1.) Danger to Self
 - 2.) Danger to Others
 - 3.) Grave Disability (inability to provide food, clothing, or shelter).

Psychiatric Hospital Services

Behavioral Health Services (cont.)

- Upon admission the patient undergoes a thorough nursing assessment, history & physical and psychiatric assessment.
- The patient is assigned a Treatment Team that coordinates the plan for his/her treatment during their hospitalization. The Team consists of a psychiatrist, internist, nursing staff and a social worker. The Team meets several times a week evaluating the progress made with the individualized treatment plan.
- Treatment may consist of individual & group therapies and medication management. The patient's support system, including family & friends, is a participant in the patient's rehabilitation. The average length of stay in a psychiatric hospital can vary but typically runs around 9-days in the Sacramento area.

Psychiatric Hospital Services

Admission Process

- Each patient is thoroughly screened to ensure appropriateness for psychiatric care. Meaning, unless a facility is equipped to treat medically compromised patients, patients are not accepted with the following medical concerns: open wounds, intravenous therapy (IV), invasive tubes including tube feeding, ambulation assistance, incontinence, severe infections, contagions, etc....
- Should a patient become medically compromised during hospitalization they are immediately transferred to the nearest emergency room.

Psychiatric Hospital Services

Safety Measures

- Psychiatric Hospitals are subject to federal, state and local regulations and oversight. UHS focuses on “best practices” safety measures to keep patients safe and free from harm. These measures include 24-hour supervision of the patient population, including routine 15 minute documented observations of physical whereabouts, video surveillance of all common areas, staff escorts during all off unit activities, secured patient areas & courtyard.

Discharge Process

- Once the patient has been stabilized, the treatment team, in consultation with the patient’s family members and/or care providers, will develop a tailored discharge plan. This plan includes transportation to the patient’s next level of care with a community follow-up appointment scheduled.

2014 Guidelines

Two separate Code sections:

- 2.2-2.14 Psychiatric Nursing Unit
- 2.5 Specific Requirements for Psychiatric Hospitals

California Title 22

- **§70042. License Category**

(a) License category means any of the following categories:

- (1) General acute care hospital.
- (2) Acute psychiatric hospital.
- (3) Skilled nursing facility.
- (4) Intermediate care facility.

California Title 22

- **§71203. Medical Service General Requirements**
 - (1) Psychiatric component.
 - (2) General medicine component.
 - (A) All incidental medical services necessary for the care and support of patients shall be provided by inhouse staff or through the use of outside resources in accordance with Section 71513 of these regulations.

Title 22 Program Flexibility

- **§71127. Program Flexibility**
- (b) Special exceptions may be granted under this section for hospitals required to provide services and accommodations for persons who may have dangerous propensities necessitating special precautions, personnel with special qualifications, locked accommodations, special protection for windows, type and location of lighting and plumbing fixtures, signal systems, control switches, beds and other furnishings. This applies to psychiatric units and detention facilities where added protection is necessary for patients, staff members and members of the public.

Title 24

- *1224.31 PSYCHIATRIC NURSING UNIT.*
 - *1224.31.1.1 General. A psychiatric nursing unit shall meet the requirements of Section 1224.14.*

1224.31 PSYCHIATRIC NURSING UNIT.

Title 24 requirements not constant with other states or the Guidelines:

- *1224.31.1.10 Occupational therapy. (kitchen & bed)*
- *1224.31.1.15 Toilet rooms. (doors)*
- *1224.14.3 Airborne infection isolation rooms.*
- *1224.14.5 Seclusion room(s).(requires a bed)*
- *1224.14.1.6 Handwashing fixture . A handwashing fixture shall be provided in the patient room.*

1224.31 PSYCHIATRIC NURSING UNIT.

Title 24 requirements not constant with other states or the Guidelines:

- *1224.14.1.8 Patient storage. suitable for hanging full-length garments*
- *1224.14.2.12 Equipment storage room. for storage of equipment necessary for patient care*
- *1224.14.2.13 Gurneys and wheelchairs.*
- *1224.4.7 Corridors – Allows 6 foot wide corridors, but in conflict with chapter 10 title 24 .*

Title 24 occupancy conflicts on restricting access/egress

- 308.1 Institutional Group I. (cannot lock or restrain in I-2)
 - *Restraint shall not be permitted in any building except in Group I-3 occupancies constructed for such use,*
- 907.5.2.5 Groups 1-2 and 1-2.1. (can lock or restrain in I-2)
 - *In occupancies housing non-ambulatory persons where restraint is practiced, staff and attendants shall be provided and housed or located in such a manner that such supervisory personnel will also be alerted upon activation of the fire alarm system or any detector required by this section.*
- 1224.31 PSYCHIATRIC NURSING UNIT. (can lock or restrain in I-2)
 - *1224.31.1.3 Access control. Entrances and exits which may be locked if necessary.*

Not yet evaluated

- Mechanical code requirements
- Electrical code requirements
- Special seismic certification

END