

**CEDARS-SINAI MEDICAL CENTER
COMMUNITY BENEFIT PLAN**

2012 UPDATE

Submitted to:

**The Office of Statewide Health Planning and Development
Healthcare Information Division
Accounting and Reporting Systems Section
November 2012**



CEDARS-SINAI MEDICAL CENTER®



CEDARS-SINAI®

Contact Information

President and Chief Executive Officer

Thomas M. Priselac

Board Chair

Lawrence B. Platt

Staff Contacts for Community Benefit Report

Arthur J. Ochoa, Esq.

Senior Vice President

Community Relations and Development

Cindy Levey,

Associate Director, Community Benefit Systems and Planning

Community Relations and Development

Location

8700 Beverly Blvd

Los Angeles, CA 90048

310-423-5000

www.csmc.edu

Mission Statement

Cedars-Sinai Health System, a nonprofit, independent healthcare organization, is committed to:

- *Leadership and excellence in delivering quality healthcare services,*
- *Expanding the horizons of medical knowledge through biomedical research,*
- *Educating and training physicians and other healthcare professionals, and*
- *Striving to improve the health status of our community.*

Quality patient care is our priority. Providing excellent clinical and service quality, offering compassionate care, and supporting research and medical education are essential to our mission. This mission is founded in the ethical and cultural precepts of the Judaic tradition which inspire devotion to the art and science of healing, and to the humanistic treatment we give to our patients and staff.

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I. INTRODUCTION – A TRADITION OF COMMUNITY SERVICE

Since its founding in 1902, Cedars-Sinai Medical Center has focused on providing the finest healthcare available. As a result, hundreds of thousands of lives have been significantly improved. The ***Community Benefit Plan 2012 Update*** reflects Cedars-Sinai's commitment and leadership in investing in the health of the community. Cedars-Sinai's community programs, services, partnerships and affiliations are effectively addressing health needs in underserved communities.

Cedars-Sinai provides a complete spectrum of medical services and is considered one of the leading specialty referral centers for the region. In addition to inpatient care in all major specialties, Cedars-Sinai offers a broad range of services to meet patient needs along the continuum of care. Cedars-Sinai's Emergency Department, designated as a Los Angeles County Level I Trauma Center, is one of the few remaining hospital trauma centers in the region and is therefore of great importance to the community.

Examples of Cedars-Sinai's commitment to community service include mobile medical units, immunization programs, health screenings for early diagnosis and referral, preventive health education, transportation services and wellness programs.

As a major teaching medical center, Cedars-Sinai has highly competitive graduate medical education (GME) programs in more than 50 specialty and subspecialty areas. There are more than 450 residents and fellows in its GME programs and Cedars-Sinai has one of the largest Internal Medicine residency programs in California with roughly 140 participants. Cedars-Sinai's residency programs include anesthesiology, pediatrics with medical genetics, dentistry, diagnostic radiology, internal medicine, medical genetics, neurology, neurological surgery, obstetrics and gynecology, orthopedic surgery, pathology and laboratory medicine, podiatric surgery, general surgery and thoracic surgery.

Through the endowed Geri and Richard Brawerman Nursing Institute, since its founding in 2002, more than 1,000 nurses at Cedars-Sinai have received help in advancing their careers with financial assistance and free education programs.

Cedars-Sinai's nationally recognized Burns and Allen Research Institute currently has more than 1100 research projects, and has made significant contributions to the development of new medical technology, medical knowledge and practice. Cedars-Sinai investigators are currently conducting more than 900 clinical research studies. Cedars-Sinai ranks among the nation's top 20 independent hospitals in National Institutes of Health (NIH) research funding. Cedars-Sinai supports the research of more than 200 faculty members and 460 research staff, with more than 300 research papers appearing in peer-reviewed medical journals each year.

These studies encompass basic, translational, clinical and health services research and cover the entire spectrum of disease investigation, including molecular genetics,

biochemical analysis and disease-based areas such as cancer, cardiovascular disorders and neurosciences. With our bench-to-bedside approach to clinical research, often our work leads to paradigm shifts and dramatic changes in patient care.

Quality patient care and dedication to patient satisfaction are the cornerstones of Cedars-Sinai. Quality is measured by high patient satisfaction, continuous clinical performance activities, excellent medical outcomes, ongoing research and academic programs, and receipt of numerous designations and awards, including:

- In the 2011 U.S. News & World Report rankings, Cedars-Sinai was named one of America's best hospitals. Of 4,852 hospitals, only 140 scored high enough to be recognized in even one specialty category. Cedars-Sinai was recognized in 12 categories, including: cancer; cardiology and heart surgery; diabetes and endocrinology; ear, nose and throat; gastroenterology; gynecology; nephrology; neurology and neurosurgery; orthopedics; pulmonology and urology.
- For more than 20 years, Los Angeles area residents have named Cedars-Sinai the "Most Preferred Hospital for All Health Needs" in National Research Corporation's (NRC) annual Healthcare Market Guide survey. Cedars-Sinai has long ranked Number One in the Los Angeles Metropolitan Area in multiple categories, including "Best Doctors", "Best Nurses" and "Best Overall Quality."
- For the third consecutive time, Cedars-Sinai was awarded the Magnet Excellence in Nursing designation from the American Nurses Credentialing Center in 2008. Cedars-Sinai is one of only a few organizations in California to achieve this designation three times, which recognizes commitment to nursing development and quality care.

II. ORGANIZATIONAL COMMITMENT

The clearest demonstration of Cedars-Sinai's commitment to its community is the involvement and dedication of the Board, Executive Management, physicians and staff in Community Benefit. Community Benefit activities are delivered throughout Cedars-Sinai departments, with many specialists contributing their expertise in specific areas.

The Cedars-Sinai Board of Directors provides organizational leadership in fostering Cedars-Sinai's commitment to Community Benefit. Cedars-Sinai's Community Benefit Committee – a standing committee of the Board of Directors – functions as an oversight and policy-making body for Cedars-Sinai's Community Benefit commitments, efforts and strategic alignment with community needs. Community Benefit Committee members meet quarterly to review the status and progress of Cedars-Sinai's community benefit services, programs and activities. Additionally, Community Benefit Committee members assure organizational compliance with relevant Community Benefit legislation. The Community Benefit Committee is chaired by a member of the Board of Directors. Its membership is made up of Directors, as well as members of the Cedars-Sinai Board of Governors and key community leaders.

Cedars-Sinai's commitment to improve the health of the community – the fourth leg of Cedars-Sinai's mission – has been fully integrated into the governance, executive management and system-wide goals of the organization. Senior management plays a key leadership role in supporting Community Benefit and allocates significant human and financial resources to this end. The following Community Benefit oversight responsibilities within the organization are as follows:

Executive Committee of the Board of Directors

- Reviewing and approving the Community Benefit Plan annually and the Community Health Needs Assessment Implementation Plan every three years.

Community Benefit Committee (Board Committee)

- Affirm Community Benefit Priorities
- Conduct Ongoing Committee Education
- Review and Advise on Community Benefit Systems and Processes
- Review and Advise on Community Benefit Evaluation
- Approve Grant-making Policies
- Approve Legally Required Community Benefit Documents

III. CEDARS-SINAI'S COMMUNITY

As a leading nonprofit medical center, Cedars-Sinai serves patients from the local community as well as from throughout the nation and the world. Most of the Medical Center's patients come from Southern California, within approximately 10 miles of the Medical Center.

Population Characteristics 2012

Population	Zip codes surrounding Cedars-Sinai	Los Angeles County
	1,755,853	9,860,343
Race/Ethnicity	Percent	
Latino/a ¹	41%	48%
White	46%	50%
Asian/Pacific Islander/Native Hawaiian	11%	14%
Black/African American	16%	9%
American Indian/Alaskan Native	1%	1%
Multiracial (2+)	5%	4%
Other	21%	22%
Age	Percent	
Less than 5 years	7%	7%
5-14	13%	14%
15-20	8%	9%
20-34	22%	21%
35-64	39%	38%
Greater than 64 years	11%	11%
Gender	Percent	
Female	50%	50%
Male	50%	50%
Socioeconomic Status	Percent	
Families below the poverty line	17%	12%
Median household income	\$47,608	\$52,136

Source: Claritas, February 2012

¹ Latino/a and white data are not mutually exclusive

IV. COMMUNITY HEALTH NEEDS ASSESSMENT 2010

Secondary data and information sources:

The 2010 Community Needs Assessment's secondary data is derived through the Healthy Communities Institute's web-based community health needs assessment system, a customizable web-based information system that provides Cedars-Sinai with accessible up-to-date data on health indicators, quality of life and demographic markers for Cedars-Sinai's community; Los Angeles Service Planning Areas (SPAs) 4, 5 and 6; and local and regional geographies. This valuable community needs assessment system tracks health indicators toward meeting Healthy People 2020 national public health goals; outlines health disparities; shares tools for tracking and reporting; and guides planning efforts in combination with other sources and strategic planning processes.

Secondary data is obtained from a number of different sources such as Claritas, a vendor of demographic information; California Health Interview Survey; California Department of Public Health; National Cancer Institute; American Lung Association; California Dept. Public Health - Vital Statistics; U.S. Census; California Office of Statewide Health Planning and Development; American Community Survey and many other sources.

Primary data research:

For the 2010 Community Needs Assessment, Cedars-Sinai worked closely with our community partners to solicit input from residents about their perceptions about the major social and health determinants affecting their quality of life. Primary data was collected through focus groups from residents in Service Planning Areas (SPAs) 4 and 6. The selection of SPAs 4 and 6 were based on the relative disparity/need in these service areas.

Using a qualitative data collection method, eight focus groups were conducted with residents representing the following age groups: adolescents (14 – 17 years), young adults (18 – 24 years), adults (25-64 years), and senior/older adults (65+ years). Cedars-Sinai worked with community organizational partners in SPAs 4 and 6 to recruit participants for the focus groups. Participants were asked questions about the social and health determinants affecting their quality of life. Additionally, participants ranked the top health issues that were important to their respective age groups.

Findings:

Based on the analysis of available data, top community health issues were identified, and used in a priority planning process: Chronic conditions (coronary heart disease, diabetes, hypertension, asthma); Overweight/obesity (nutrition/physical activity that feed into chronic conditions); Substance use (teen alcohol consumption, adult smoking); Mental illness (e.g., depression, anxiety); General/primary health (dental, vision, access to care); Unintentional injuries (e.g., falls, motor vehicle crashes); and Intentional injuries (e.g., homicides, physical/emotional abuse, domestic violence)

V. MEETING THE NEEDS OF THE COMMUNITY

A. PLANNING

Throughout 2011, Cedars-Sinai's staff and governance leadership reviewed the Community Health Needs Assessment data and assessed Cedars-Sinai's core competencies and strategic partnerships. Over the first quarter of 2012, the Community Benefit Committee affirmed Community Benefit priorities for the Medical Center.

The affirmed Community Benefit priorities are based on alignment with Cedars-Sinai's guiding principles for directed Community Benefit, which include attention to Cedars-Sinai's internal capacity, priorities, competencies and resources; leveraging of partnerships and other external resources; meeting all state and federal requirements; and making a measureable impact on community health.

Cedars-Sinai will approach directed Community Benefit with a geographic emphasis, focusing services on identified health needs:

- Geography – Prioritized by areas of highest need in Cedars-Sinai's Service Area, with a particular focus on Los Angeles County Service Planning Areas 4 and 6 (including zip codes that may be slightly outside our service area), with additional focus on high-need populations located closer to Cedars-Sinai.
- Health Focus – Selected Community Benefit efforts are focused on the prevention of key chronic health conditions, primarily cardiovascular diseases and diabetes and their underlying risk factors.

The geography and identified health needs will be revisited as the results of the 2013 Community Health Needs Assessment become available. As part of the 2013 Community Health Needs Assessment, Cedars-Sinai is positioned to build a strong implementation plan to meet identified health needs of vulnerable communities.

Community Benefit strategic planning at Cedars-Sinai incorporates the Four Core Principles of the Advancing the State of the Art in Community Benefit: A User's Guide to Excellence and Accountability: Emphasis on disproportionate unmet health-related needs; Emphasis on primary prevention; Build seamless continuum of care; Build community capacity. ^[1]

^[1] *Advancing the State of the Art in Community Benefit: A User's Guide to Excellence and Accountability* outlines a set of uniform standards and principles to enhance nonprofit hospital efforts to address the underlying causes of health problems in low-income, ethnically and culturally diverse communities. Public Health Institute, November 2004.

B. SIGNATURE COMMUNITY BENEFIT PROGRAMS

1. Healthy Habits

Healthy Habits provides education and technical assistance to support healthy eating and physical activity among school-aged children and their families in the Fairfax/Mid-City and Crenshaw districts of Los Angeles. Working with underserved communities, Healthy Habits provides children and their families with the knowledge and skills needed to adopt healthy lifestyles. Over time, Healthy Habits has grown in scope and includes: Healthy Habits for Kids, Healthy Habits for Families, Healthy Habits for Middle School, Community Health Displays and Workshops, Grocery Store Tour programs, church-based programs, teacher trainings, and ongoing capacity building and technical assistance to community partners.

Accomplishments - Fiscal Year 2012:

- Expanded Healthy Habits for Kids and Healthy Habits for Families to twelve elementary schools. 1,093 second graders were taught 10-units of Healthy Habits.
- Implemented Healthy Habits refresher courses for third and fourth grade students. Over 750 third and fourth graders were each taught five units of Healthy Habits.
- Implemented Healthy Habits summer program in six school sites, with over 1,500 encounters.
- Launched Healthy Habits after-school program at two elementary schools and two middle schools.
- Launched a three-part Healthy Habits for Teachers Program, providing health education training to 50 teachers.
- Expanded Healthy Habits for Families to four new schools. Implemented school-wide capacity-building projects, for example, establishing new parent volunteer groups, parent newsletters and parent centers.
- Taught Healthy Habits class elective to 45 middle school students.
- Expanded Healthy Habits displays and workshops in nine preschool sites, serving over 950 preschool families.
- Continued Healthy Habits Grocery Store Tour programs for vulnerable communities – Four week intensive courses focused on maximizing grocery shopping; and making healthy and economical choices.
- Developed program-wide evaluation infrastructure and tools to collect evaluation data. Collected and analyzed evaluation data throughout the year as part of evaluation plan and to improve programs.
- Achieved over 17,200 total participant encounters for Fiscal Year 2012.

For Fiscal Year 2013, Cedars-Sinai plans to maintain all current Healthy Habits programs and to grow the following program areas:

- Healthy Habits for 3rd and 4th grades at additional partner schools
- Healthy Habits for Families capacity-building programs in additional partner schools
- Healthy Habits in three community churches
- Healthy Habits for Middle School with new school partners
- Healthy Habits for Teachers at three new schools
- Grocery Store Tour program with new community partners
- Technical assistance to support and promote healthier school environments
- Collection and analysis of evaluation data

2. Programs for Adults

Cedars-Sinai is committed to improving the number of quality life years for adults and seniors in our community. The provision of health promotion, prevention, education and screening services has been proven according to the Center for Disease Control to improve quality life years. In Fiscal Year 2012, we provided a total of more than 30,552 participant encounters in adult-focused community benefit programs, such as screenings, educational and self-help programs, health fairs, immunizations clinics and exercise programs. The extensive programs, provided by Cedars-Sinai’s registered nurses and other healthcare professionals, occur in underserved communities, churches, synagogues as well as at the Medical Center main campus.

Accomplishments for Fiscal Year 2012 include the development, implementation, and coordination of:

- Cardiovascular disease, diabetes, hypertension and related preventative programs and services
- Influenza and pneumococcal immunization programs
- Health promotion and prevention programs for seniors
- Health information handouts for seniors
- Physical exercise programs for seniors
- Outreaching/Networking

PROGRAMS	FY 2012
Health Fairs	9,281
Health Prevention/Promotion	1,799
Lectures	2,344
Immunization	644
Outreach/Networking	853
Exercise	15,631
Total	30,552

All adults programs will continue in Fiscal Year 2013.

**3. COACH for Kids and Their Families Mobile Medical Unit®
Community Outreach Assistance for Children's Health**

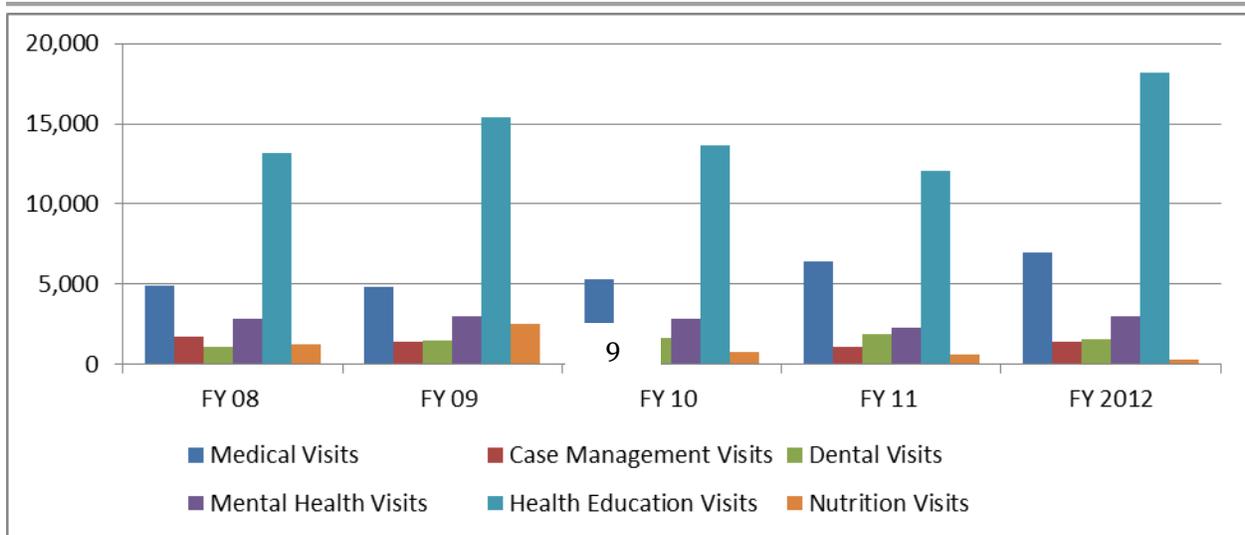
Since its inception in 1994, Cedars-Sinai Medical Center has sponsored COACH for Kids and Their Families®, bringing no-cost quality healthcare services to underserved low-income children and their families. Staffed by Cedars-Sinai professionals, two large, fully equipped mobile units – “medical clinics on wheels” – regularly visit economically disadvantaged neighborhoods providing preventive care, diagnosis and treatment of acute illnesses. COACH services include immunizations, health screenings, case management, dental screenings, fluoride varnish treatments, oral health education, referrals to low-cost or free dental clinics, as well as nutrition and fitness assessments and education. Operating under the belief that a healthy child does not exist without a healthy family; social service assessments, plans and referrals for help with issues such as housing and job training are provided for each family. Counseling, parenting support groups, parent education classes, mental health and children’s groups are also provided.

COACH serves communities in Downtown/Skid Row, Pico-Union/Central Los Angeles, South Los Angeles, Watts, Compton, Inglewood, Lennox, Crenshaw/Mid-City, and Hollywood/West Hollywood. Healthcare services are provided at elementary and middle schools, community-based programs, family homeless shelters and public housing developments.

COACH collaborates with more than 200 public and private community organizations, including The Children’s Health Fund, Children’s Institute Inc., Inglewood Unified School District, Lennox School District, the Los Angeles Housing Authority, Los Angeles Unified School District, South Los Angeles Projects WIC, Public Health Foundation Enterprises WIC, and Union Rescue Mission. Current supporters of COACH include California Community Foundation, the Children’s Health Fund/MetLife, One West Bank, CVS Caremark Charitable Trust, Leon Lowenstein Foundation, Inc., George Hoag Family Foundation, Ralph M. Parsons Foundation, and other private donors.

Accomplishments - Fiscal Year 2012:

	FY08	FY09	FY 10	FY 11	FY 12
Medical Visits	4,934	4,856	5,317	6,397	6,998
Case Management Visits	1,744	1,316	1,132	1,121	1,378
Dental Visits	1,440	1,974	1,841	1,855	1,569
Mental Health Visits	2,861	2,979	2,881	2,285	2,975
Health Education Visits	14,077	14,973	13,437	12,097	18,218
Nutrition Visits	1,232	2,562	757	600	286
TOTAL:	25,056	28,660	25,365	24,355	31,424



Plans for Fiscal Year 2013:

- Continued collaboration with Numero Uno Markets to hold Health & Fitness Fairs in underserved communities. Services at the fairs include: adult blood pressure screenings, body mass index screenings, seasonal flu vaccinations, childhood immunizations, nutrition and fitness education and oral health screenings and education.
- Continued coordination within Cedars-Sinai to utilize registered nurses to provide health screenings in underserved communities.
- Childhood obesity is a critical health issue in the communities served by COACH. In the upcoming year the COACH Be Healthy, Be Strong! Program will expand and continue to provide the following intervention and prevention services:
 - Comprehensive nutrition assessments, counseling and monitoring for overweight and obese children
 - Preschool nutrition and fitness education
 - 5th grade nutrition and fitness education
 - Nutrition and fitness education through theatre arts and gardening
 - Parent education workshops
 - Healthy cooking classes for children and parents
- Expansion of services to South Los Angeles and Watts communities. New partners include Watts/Willowbrook Boys & Girls Club, Kedren Watts Head Start Center, Jordan Downs Housing Development, and Bradley-Milken Family Source Center.

- Expansion of health care services to adolescents:
 - The Centinela Valley Union High School District Immunization Project: Weekly, a COACH Registered Nurse will update immunizations at four high schools in a medically underserved community. The high schools have 6,000 students, with over 50% of students behind on immunizations.
 - New Village Charter High School: COACH will provide on-site nursing care services including assessment, triage, referrals, immunizations, health screenings and health education to students. The school is located in the underserved “Rampart District” of Los Angeles which is marked by high concentrations of poverty. Students at this all-girls charter school are from disadvantaged families. Many are pregnant or already teen parents.
 - Pre-teen Immunization Awareness Week, February 2013: COACH will participate in this vital initiative at 14 middle schools in collaboration with the Immunization Coalition of Los Angeles County and the Southern California Mobile Health Clinics Coalition.

4. PSYCHOLOGICAL TRAUMA CENTER

The Psychological Trauma Center’s Share and Care program offers school-based services for students impacted by trauma or stressors affecting their ability to learn. Share and Care is a series of art-therapy groups that provides a supportive, therapeutic environment to enhance students’ ability to concentrate and learn. The groups follow a 12 week curriculum focused on trauma, loss and grief, self-esteem, anger management, divorce and substance abuse. In addition to the Share and Care Program, the Psychological Trauma Center offers the Crisis Intervention/ Consultation Program, Proactive Training Program, Substance Abuse Program and Big Ideas.

Accomplishments - Fiscal Year 2012:

- Share and Care data -
 - 26 schools (18 Elementary Schools, 5 Middle Schools and 3 High Schools)
 - Total groups seen: 3,251
 - Total contacts with children in groups: 13,185
 - Total number of unduplicated children seen: 893
 - Total number of classrooms counseled: 178
 - Total contacts with children in classrooms: 3,960
 - Total contacts with teachers: 6,361
 - Total contacts with parents: 2,968
 - Total contacts with children, teachers and parents: 38% increase over previous year

- Parent Trainings are focused on positive parenting, positive communication, substance abuse awareness and bullying. To date, 38 parent trainings have been offered with 359 parents attending.
- Summer Workshops are a new service for Share and Care schools, offering substance abuse awareness and pre-intervention involving both parents and children. This three part program took place at Markham Middle School and brought together parents, elementary, middle and high school students.
- Principal Training is a new program to meet identified needs offered to all principals at the 26 partner schools.
- The creation of a mosaic mural at Broadway Elementary gave students from different backgrounds the opportunity to work together in a collaborative process, fostering team work and socialization while learning new skills.

Expansions for FY 2013

- Expand to up to two schools.
- Expand school principal programs and trainings.
- Offer up to two community service educational nights.

5. Youth Employment and Development (YED) Health Careers Academy

In partnership with the Los Angeles Unified School District and the Regional Occupational Program, the YED Health Careers Academy includes school-based and work-site learning and mentoring. 50 students are exposed to a variety of health care careers. Students are encouraged to participate in the program starting in their 11th grade year and earn five elective credits each semester towards graduation. 50 departments throughout Cedars-Sinai provided students with an opportunity to apply what they learn in class at the work-site.

Accomplishments - Fiscal Year 2012:

- Annual YED Parent Meeting – 100 participants
- 7-week CERT (Community Emergency Response Teams) trainings – 43 participants
- CPR – 2 Sessions – 24 participants
Annually, YED high school seniors are taught the Heartsaver CPR program through Cedars-Sinai's Nursing Institute. Students earn the American Heart Association CPR card upon completion.
- HOSA: Future Healthcare Professionals – 17 participants

HOSA is a national student organization that serves as a pipeline for developing talented and dedicated health care professionals. HOSA members participated in both State and National Conferences and received a gold medal for our Forensic Medicine Team.

- HIRE LA: City Summer Youth Program – 11 participants
Cedars-Sinai partners with the City of Los Angeles and the Los Angeles Chamber of Commerce to provide low income students with an opportunity to be exposed to careers in health care and apply what they have learn in training at the worksite.
- Health Fairs – 25 participants
In partnership with Cedars-Sinai’s Community Health Programs, students assist with registration, interpretation and other duties needed by staff.
- YED Showcase – All YED students present their year-end projects in open-house format. Cedars-Sinai departments, staff, parents, school district officials and other business partners are invited.

Plans for 2013

1. Additional high school partnerships
2. Increase the HOSA Chapter membership
3. Incorporate CERT into the program curriculum
4. HOSA Healthy Habits State-Wide Project
5. Formal Alumni Program for college students

C. COMMUNITY MENTAL HEALTH GRANTS

In Fiscal Year 2012, Cedars-Sinai, for the first time, awarded community mental health grants as part of our mission to improve community health. In light of the strained economic climate, many nonprofits that provide community mental health services are facing exacerbated organizational and financial needs. Through this grantmaking effort, Cedars-Sinai supported organizations in providing more individuals, families and communities with needed mental health services.

Through a formal Request-for-Proposal and grant review process, over \$1.6 million was awarded to 24 nonprofit community based organizations to provide direct services and supports with the specific goal of providing client-based services to a greater number of individuals; and/or continuing to sustain current client numbers. Grants were awarded for up to \$75,000 for each organization, to be distributed over a two-year time period. Grant awardees ranged in size, target population and mental health services focus area. The majority of grantees serve vulnerable populations in Los Angeles County Service Planning Areas (SPAs) 4 and 6.

VI. COMMUNITY BENEFIT INVENTORY OF SOCIAL ACCOUNTABILITY

The Community Benefit Inventory for Social Accountability (CBISA) tracks and reports community benefits. CBISA provides information on types of programs and services, specific populations served and total number served.

Please see the next two pages for the Community Benefit Programs and Services Inventory Annual Report. July 2011 – June 2012.



CEDARS-SINAI HEALTH SYSTEM.

**Community Benefit Programs and
Services Inventory
Annual Report
July 1, 2011 to June 30, 2012**

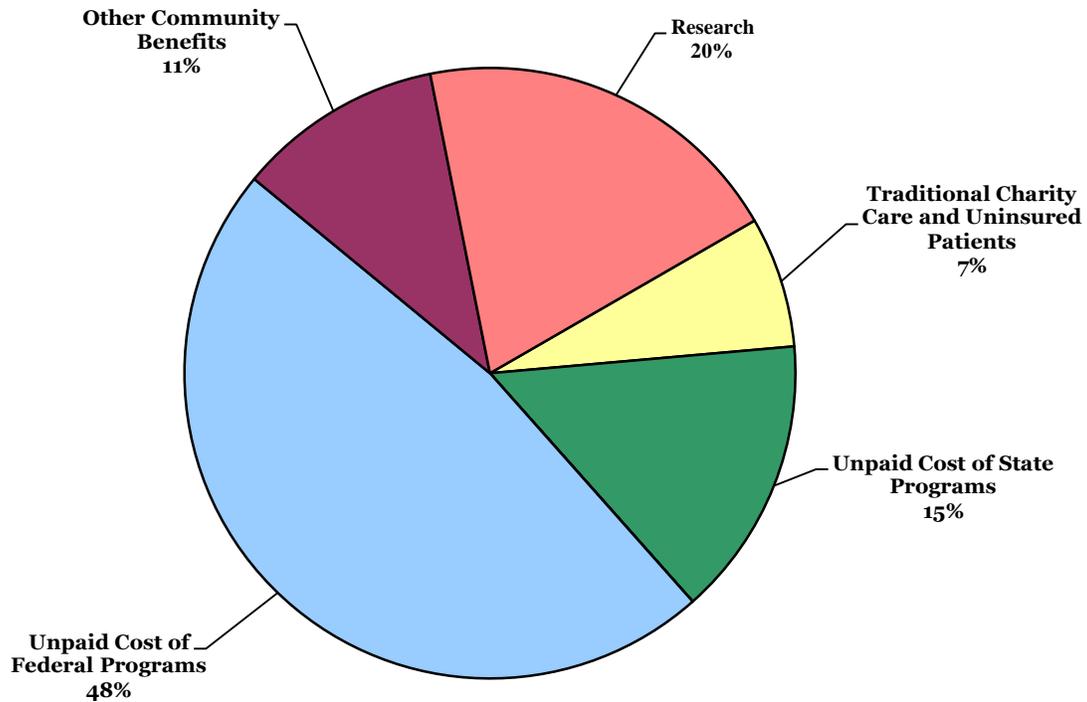
	Program/Service Type									Audience					Annual Totals		
	Clinical Care	Counseling	Educational	Fitness	General Community Services	Health Promotion	Health Screening	Support Groups	Others	Children Focus (Birth - 10 yrs)	Senior Services	Children/Adolescents (11-18 yrs)	Females	Males	General/Adults	Total Participant Encounters	Total Activities
Ambulatory Care Center																	
Ambulatory Care Center Clinic / Jewish Federation	•	•	•							•	•	•	•	•		8357	72
	Subtotal															8,357	72
Cedars-Sinai Medical Center Foundation																	
Back Care Class			•										•	•	•	25	12
Earlybird Pregnancy Program		•	•							•	•	•	•			66	24
	Subtotal															91	36
Community Health & Education																	
Center Strutters "Walk For Fitness" Program			•	•						•		•	•	•		13022	150
C.O.A.C.H. for Kids & Their Families	•	•	•		•	•	•			•		•	•	•	•	31424	1156
Community Breast Awareness			•									•	•	•		202	3
Community Health Lectures			•								•	•	•	•		1302	19
Flu & Pneumococcal Immunizations Programs					•					•	•	•	•	•		644	11
General Community Health Fairs		•	•		•	•	•			•		•	•	•		11499	29
Lifeline Emergency Response Program									•		•	•	•	•		19628	265
Senior Care Lecture Series, Senior Care "Talk Back" Grand Rounds			•										•	•	•	1038	15
Senior Holiday Gathering			•		•								•	•	•	150	1
Senior Shape Up Exercise Program			•	•						•		•	•	•		2759	101
Yes I Can Stroke Club Support Group			•					•				•	•	•		152	11
	Subtotal															81,820	1,761
General Medical Services																	
American Parkinson Disease Association Information & Referral Center			•						•				•	•	•	500	265
American Parkinson Disease Support Group			•					•					•	•	•	362	38
American Parkinson's Disease 101 Educational Workshop/Conference			•					•								225	2
ESCAPE- Education and Supportive Care for Pancreatitis		•	•				•					•	•	•		3000	60
LA Mission Clinic	•	•	•				•				•	•	•	•		1501	96
Liver Transplant Relaxation Support Group			•										•	•	•	111	52
Liver Transplant Support Group			•					•					•	•	•	457	52
Oscar Romero Clinica	•	•	•						•	•	•	•	•	•		1554	192
Prescription Counseling Services		•	•							•	•	•	•	•		3910	306
Saban Free Clinic	•	•	•						•	•	•	•	•	•		2086	144
Stipend Research For Students			•										•	•	•	157	265
Venice Family Clinic	•	•	•			•	•			•	•	•	•	•		3058	480
	Subtotal															16,921	1,952

Maternal & Child Health																			
About To Be Parents To Multiples													•	•	•	51	8		
Community Infant/Child CPR Program													•	•	•	•	•	367	24
Good Beginning NICU Coffee Break													•	•	•			185	47
Good Beginning NICU Parent Meeting													•	•	•			101	38
Healthy Habits for Families													•	•	•	•	•	2344	174
Healthy Habits for Kids													•	•	•	•	•	15979	803
Subtotal																		19,027	1,094
Mental Health																			
Psychological Trauma Center													•	•				26462	259
Teen Line													•	•				30494	134
Subtotal																		56,956	393
Outpatient Rehabilitation																			
Aphasia Support Group													•					336	48
Big Voices Parkinson's Group (Voice Community Support Group)													•					38	15
Breast Cancer Patient Support Group													•					56	20
Bridging the Gap Class													•					118	11
Cancer Exercise Class													•					445	31
Fibromyalgia & Chronic Pain Community Group													•					1	1
Kidney Cancer Support Group													•					166	12
One Stroke Ahead "Young Person's Stroke Support Group"													•					33	6
Sarcoma Patient Support Group													•					62	12
Senior Exercise Class													•					256	20
Subtotal																		1,511	176
Others Services / Programs																			
Bariatric Surgery Support Group													•					203	22
Cardiac Support Group - LeDoux													•					50	11
Chaplaincy Internship Program													•					3325	10
Continuing Nursing Education (Affiliating Nursing Schools)													•					1110	102
Dystonia Support Group													•					40	2
Hospital and Morgue Program													•					589	12
Interpreter Services Program													•					38678	265
Meals on Wheels Food Distribution Program													•	•	•	•	•	7019	270
Nutrition Workshop													•					17	2
Volunteer Services													•					1037	24
Youth Employment & Development YED Access/No Excuses													•					2000	1
Youth Employment & Development YED Cash for College													•					7,000	1
Youth Employment & Development YED Health Academy													•					551	270
Youth Employment & Development YED Hiring Our Heros													•					2,500	1
Youth Employment & Development YED Parent Program													•					100	1
Youth Employment & Development YED Summer Youth Program													•					13	23
Subtotal																		64,232	1,017
Total																		248,915	6,501

VII. COMMUNITY BENEFIT AND ECONOMIC VALUE

Category	FY 2012
Traditional Charity Care and Uninsured Patients (Category 1)	\$ 42,386,000
Unpaid Cost of State Programs (Category 2)	\$ 95,656,000
Unpaid Cost of Federal Programs (Category 3)	\$ 304,730,000
Research (Category 4)	\$ 125,573,000
Other Community Benefits (Category 5)	\$ 71,942,000
Total Commitment	\$ 640,287,000

Source: Audited Financial Statements (July 1, 2011 - June 30, 2012)



Cedars-Sinai Medical Center is driven by its mission to improve the health status of the community and to provide leadership and excellence in patient care, research and education. In collaboration with expert medical staff, administrative leaders and community partners, Cedars-Sinai has made a significant contribution—both in quantifiable and non-quantifiable terms—to the benefit of the community.

Cedars-Sinai provides a breadth of services to meet identified health needs in the community. Many Cedars-Sinai programs are operated at a financial loss, but continue to be offered because they are an important part of the medical center's mission to serve the community's health needs.

In fiscal year 2012, Cedars-Sinai's financial contribution to Community Benefit totaled over \$640,287,000 divided among five major categories. The categories are represented at unreimbursed cost. For purposes of estimating Cedars-Sinai Medical Center's financial contribution to community benefit, the following definitions are used:

Category 1: Traditional Charity Care – includes the unreimbursed cost of free and discounted healthcare services provided to persons who meet the organization's criteria for financial assistance and are therefore, deemed unable to pay for all or a portion of the services. If there is any subsidy donated for these services, that amount is deducted from the gross amount. Traditional Charity Care is included in the Internal Revenue Service (IRS) Form 990 Schedule H Part I Line 7a.

Category 2: Unpaid Cost of State Programs – also benefits the indigent, but is listed separately. This amount represents the unpaid cost of services provided to patients in the Medi-Cal program and enrolled in HMO and PPO plans under contract with the Medi-Cal program. These costs are included in the IRS Form 990 Schedule H Part I Line 7b. In the State of California the Medicaid program is called Medi-Cal.

Category 3: Unpaid Cost of Federal Programs – primarily benefits the elderly. This amount represents the unpaid cost of services provided to patients in the Medicare program and enrolled in HMO and PPO plans under contract with the Medicare program. Included in these amounts are \$127,550,000 for the year ended June 30, 2012 of unpaid costs of services provided to patients in the Medicare program that are also in the Medi-Cal program. These costs are included in the IRS Form 990 Schedule H Part III Section B.

Category 4: Research - cost of providing translational and clinical research and studies on health care delivery. During the year ended June 30, 2012, the Medical Center received outside support for its research efforts totaling \$59,231,000. Thus for the year ended June 30, 2012, the net cost borne by the Medical Center was \$66,342,000. These costs are included in the IRS Form 990 Schedule H Part I Line 7h.

Category 5: Other Community Benefits – cost of services that are beneficial to the broader community. This category includes unreimbursed costs of Health Professions Education, Community Health Improvement, Community Benefit Operations, and Cash and In-Kind Donations. These costs are included in the IRS Form 990 Schedule H Part I Lines 7 e, f, g and i. Below are some examples of costs included in Category 6 of the Community Benefit contribution:

Health Professions Education

As an academic medical center, Cedars-Sinai offers graduate medical education and many other education programs for a variety of health professionals. They include offering graduate education training programs in over 50 specialty and subspecialty areas and other health professions education programs, as well as a substantial portion of the education to University of California Los Angeles medical students, including degree programs and extensive educational resources for aspiring and current nurses. The Cedars-Sinai Medical Care Foundation also offers physician trainees extensive opportunities in office-based medical practice.

Community Health Improvement

- Clinical services are provided to underserved communities daily, through an on-site primary adult care clinic; and through mobile medical units and free and community clinics throughout Los Angeles – all serving underserved, uninsured and underinsured populations.
- Each year, Cedars-Sinai takes part in nearly 300 community-based activities, including health fairs, exercise programs, and screening programs for conditions such as cardiovascular disease, depression, diabetes and hypertension, as well immunization programs, lectures and workshops. Also offered are disease-specific support groups, patient education programs and program affiliates.
- Cedars-Sinai plans and implements long-term comprehensive strategies to meet the health needs of underserved communities. Community Health Initiatives seek to improve health in communities by building strong partnerships, building community capacities and providing direct education.