



**Joyce Eisenberg-Keefer Medical Center
of the
Los Angeles Jewish Home**

COMMUNITY BENEFIT REPORT

2013

BACKGROUND	
History.....	3
Mission Statement.....	3
Core Values.....	3
Community.....	4
Financials.....	4
COMMUNITY NEEDS ASSESSMENT FOR ACUTE GERIATRIC PSYCHIATRY UNIT	
Community Needs and Assessment.....	4
SERVICES AND BENEFITS	
Housing Continuum.....	5
Neighborhood Homes.....	6
Continuing Care Retirement Community (CCRC).....	6
Residential Care Facilities for the Elderly (RCFE).....	6
SKILLED NURSING	
The Paul Goldenberg-Richard Ziman Special Care Center	6
Ida Kayne Transitional Care Unit: Rehabilitation for Seniors	7
Max Factor Building	8
The Joyce Eisenberg-Keefer Medical Center (JEKMC).....	8
COMMUNITY OUTREACH AND SERVICES	
Skirball Hospice and the L.A. Center for Palliative Medicine.....	9
Annenberg School of Nursing (ASN).....	9
Connections to Care.....	10
Care Transitions.....	11
Primary Care Community Clinic.....	11
Emotional Wellness Clinics.....	11
Community Access.....	11
Sarnat Symposium.....	12
Alzheimer's Support Groups.....	12
Mommy and Me-A Parenting Place.....	12
Stroke Association Support Group.....	12
The Brandman Centers for Senior Care (BCSC).....	12
Borun Center for Senior Research.....	13
Bereavement Support Group.....	13
Internships.....	13
PLANNING FOR FUTURE NEEDS	
Transition to Practice.....	13
Gonda Healthy Aging Westside Campus	14
Hirsch Family Campus.....	14
Home Health Care Agency.....	14
VOLUNTEERISM AND CHAPLAINCY	
Volunteerism	14
Chaplaincy and Spiritual Life.....	14
CONCLUSION	15

COMMUNITY BENEFIT REPORT 2013

LOS ANGELES JEWISH HOME

BACKGROUND

History

Founded in 1912, the Los Angeles Jewish Home (Jewish Home) was created as a non-profit charitable organization for poor, elderly men and women who wanted to live in a Jewish environment with dignity and respect. During its 101 year history, the Jewish Home has been home to many thousands of individuals. In 1976 the Home moved from its original site in Boyle Heights to the first of its two campuses in the San Fernando Valley, then called Victory Village, now named Eisenberg Village. In 1979, the Jewish Home merged with another Jewish Home about a mile away, thereby acquiring the second of its campuses, Grancell Village. Generously, a gift of two (2) acres on the Southwest corner of Sherman Way and Tampa Avenue was given as the Hirsch Family Campus in 2010. The WLA "Founders" gave to purchase 2.5 acres in West L.A. in 2012; this will be the Gonda Healthy Aging Westside Campus featuring Fountainview at Gonda. The four (4) campuses total over 20 acres.

Through a century of expansion and innovation, the quality and complexity of care at the Los Angeles Jewish Home has increased exponentially. The Home has become a comprehensive senior healthcare system serving over 4,300 seniors each year at its beautiful campuses and in countless homes in the community.

To address the needs of the growing senior population the Jewish Home has developed a family of healthcare services and life-enhancing programs to provide sensitive, high quality care for seniors who live in their own homes.

The focus of this year's Community Benefit Report is "transforming the experience of aging." In the changing face of healthcare, each non-profit healthcare organization must re-evaluate its mission, priorities and its partners, present and future, in order to rise to the challenges and thrive.

At a time when states are struggling with budget shortfalls, the government is considering changing its "non-tax" relationship with the "not for profit tax exempt" organizations. Not-for-profit healthcare systems like the Home have community benefit obligations as a result of the tax exempt status. Therefore, how does the Los Angeles Jewish Home meet its obligation of charitable care to the benefit of the community, and why should the community support us?

Los Angeles Jewish Home's Mission – "Excellence in senior care reflective of Jewish values."

Core Values

Charity: provides needed services to our community regardless of financial ability.

Jewish Values: maintains the unique Jewish component of our services including the observance of Jewish Holy days, celebrations, laws and customs.

Dignity: promotes the dignity, welfare and respect of all individuals associated with the Home and applies these values consistently.

Quality: delivers high quality care utilizing an interdisciplinary approach based on a standard of excellence in gerontological research and education.

Fiscal Responsibility: operates in a fiscally responsible manner and conducts its business based on fair, ethical and legal practices.

Community

The Home currently serves in residence approximately 1,000 residents per year. An additional 3,300 are served through the Home's community-based programs including short-term rehabilitation, Skirball Hospice, palliative care, acute geriatric psychiatric unit, community clinic, PACE, care transitions, and home care. There is a waiting list of approximately 300 people for the skilled nursing facilities. The average age of residents is 90; nine out of ten residents are female. The Home has approximately 60 Holocaust survivors. Our population is older than that of most nursing homes (84); Jewish Home continuing nursing stay residents are often frail, with many physical disabilities and special medical needs. Services are provided to the Home's clients regardless of their ability to pay for such services.

Financials

There is an increasing demand for residential services for a frail, elderly population who have very little or no financial resources. The Los Angeles Jewish Home's admission policy offers admission to the neediest, regardless of their physical state or ability to pay. Currently over 85% of the Jewish Home's skilled nursing residents and approximately 60% of the Home's residents living in the Residential Care Facility for the Elderly (RCFE) rely government reimbursement programs for their cost of care. For fiscal year 2012-13, the Home's charitable care was \$33.2 million.

The Jewish Home's operating budget for fiscal year 2012-2013 was over \$105 million. The philanthropic portion of our fiscal year 2012-2013 budget was \$15.3 million. Those funds come from individuals, families, charitable foundations, corporations, businesses and volunteer support groups.

COMMUNITY NEEDS ASSESSMENT FOR ACUTE GERIATRIC PSYCHIATRY UNIT

Community Needs and Assessment

Emotional well-being is one of the biggest challenges facing seniors today. The difficult changes and medical issues many older adults experience frequently lead to impaired mental health. In fact, nearly 20 percent of those 55 years and older experience mental disorders that are not part of normal aging. These problems are often under-recognized, under-treated and, as a result, prevent seniors from enjoying a high quality of life.

To address this growing concern, the Los Angeles Jewish Home opened the Auerbach Geriatric Psychiatry Unit (AGPU) in 2007. Located within the Home's Joyce Eisenberg-Keefer Medical Center in Reseda, the AGPU is dedicated to sensitively and successfully treat psychiatric disease and psychological disorders in seniors.

The Jewish Home committed itself to creating this unit based on the following assessment:

Access – Access is limited in our area for geriatric psychiatry units since several have closed in the past year. Among the closed units are St. John’s Hospital of Oxnard LPS, Simi Valley Aventis LPS and Los Robles Hospital geriatric psychiatry. All of these units provided specialized care to patients 55 and over and all have been closed permanently.

Limited Geriatric Beds – Geriatric psychiatry beds in the surrounding area are limited. LPS Designated beds for seniors are found at Encino Hospital (14 beds), Sherman Oaks Hospital (22 beds) and Verdugo Hills Hospital (24 beds). There are no voluntary units for seniors. The AGPU obtained its LPS designation in May 2010, and may now admit both LPS and voluntary geriatric patients.

Specialized Care –The AGPU also serves a very specialized population – the geriatric population suffering from prior life trauma, including the Holocaust, rape, assault and elder abuse. Our staff is trained to deal with this special population. We have approximately 70 other residents/patients on our campuses in various levels of care who have had prior life trauma.

Kosher – The AGPU is the only known geriatric psychiatric hospital in Southern California that is a kosher facility. Cedar-Sinai provides kosher meals for patients; however, in 2012 it closed its inpatient psychiatry program.

Our state-of-the-art, 10-bed, in-patient treatment facility incorporates the Jewish Home’s nationally-acclaimed model of comprehensive, high quality care by attending to the needs of the whole person – mind, body, and spirit – in a calm, nurturing environment. The focus is on reducing symptoms through an integrated, multi-service approach.

The AGPU serves seniors 60 and over who are experiencing mental or emotional changes that require intensive treatment. Patients must have a primary psychiatric diagnosis, and are admitted on a voluntary or involuntary (LPS) basis only for short-term care. Following treatment, the patient returns to their prior residence and care of their primary care physician.

The AGPU is a needed and essentially distinct and valuable entity for the senior community. It is for this reason that the Joyce Eisenberg-Keefer Medical Center was created as an Acute Psychiatric Hospital. The beds designated as geriatric-psychiatry are intended to address the acute psychiatric needs of elderly residents in the community.

SERVICES AND BENEFITS

Housing Continuum

With the dedicated support of our philanthropic community, the Jewish Home offers a full spectrum of residential options, from an upscale residence for independent seniors to specialized care for those with Alzheimer’s disease needing skilled nursing services, as well as an acute geriatric psychiatric hospital. The Home’s generously landscaped grounds are famously dotted with sculptures, fountains, and intimate garden areas that offer lovely settings in which to read, gather with friends and family, or simply enjoy the California sunshine. Residents find new friendships and life-enhancing activities in a warm and safe environment that supports all their needs — body, mind, and spirit. The Home’s in-residence population has an average age of 90.

Neighborhood Homes

Located adjacent to each campus these beautiful, spacious single family dwellings are designed to provide a safe, secure, and independent level of care to those seniors who may still drive and are engaged with the greater community. The residents share the common areas of each house, while enjoying their own private room and bath. Other amenities include bright, spacious kitchens with appliances; breakfast and formal dining areas; laundry rooms; plush carpeting; weekly housekeeping and linen services; professional landscaping; and security systems. With access to the campuses for meals, daily activities, beauty shop/barber services, and support services of maintenance and housekeeping, these seniors remain at high levels of functioning, and can enjoy all the amenities of the campuses in addition to the privacy of their own “neighborhood” home.

Continuing Care Retirement Community (CCRC)

The Jewish Home's newest residential option for independent seniors offers 108, 1- and 2-bedroom apartments of approximately 800-1,500 square feet each. Fountainview provides for a completely independent lifestyle, with assisted living and other Jewish Home healthcare services available, if needed. The complex's generous public spaces and amenities include a state-of-the-art fitness center, spa with hair, skin, and nail services, movie screening room, billiard and game room. In addition to a comfortable and convivial environment, Fountainview offers complete access to the world-renowned services of the Jewish Home. Designed to address a shortage of safe, secure and dedicated senior housing in Los Angeles, Fountainview's upscale apartments are the newest addition to the Home's complete spectrum of residential options.

Residential Care Facilities for the Elderly (R.C.F.E.)

With a board of directors' mandate to house and/or serve needy, impoverished seniors, 60% of the Jewish Home population is low income, and qualifies under the Medi-Cal program. With the support of the Jewish Community, its donations (\$15.3 Million in 2013) allow the Home to provide the services required to deliver quality care for these elders.

Our home-like Newman and Weinberg Buildings offer assisted living services for those seniors aging in place. Amenities such as the computer labs, which include Skype to connect with a grandchild, or the Dakim Brain Fitness programming to enhance and maintain the highest level of cognitive function possible, are available for Jewish Home seniors so they remain engaged with the world around them. A meal served in a room when a resident is ill, or an elder needing help with dressing, showering or other special needs, the Home provides these services at an un-reimbursed cost of more than \$1.1million annually — to ensure that all residents enjoy an optimal quality of life.

SKILLED NURSING

The Paul Goldenberg•Richard S. Ziman Family Special Care Center

Environment plays an important role in caring for those with Alzheimer's disease and age-related dementia. The Goldenberg•Ziman Center was developed in response to the most informed research about how a patient's physical environment affects his or her behavior, sense of well-being, and even the visible symptoms of the disease itself.

The Goldenberg•Ziman Special Care Center is a delayed egress facility that caters to residents with Alzheimer's disease and related dementias. Alzheimer's care facilities often sacrifice a home-like feeling in the interests of safety and security. Since many Alzheimer's sufferers seem to control agitation levels through wandering and constant motion, the Center's floor plans incorporate curves and circular shape, to ensure that residents never come to a dead-end and experience debilitating confusion.

The Goldenberg•Ziman Center, with its crisp, geometrically bold shapes and pastel palate, offers residents an unparalleled environment in which to enjoy a wide variety of programs and mental stimulation. Because Alzheimer's disease robs its victims of memory as well as both cognitive and motor skills, the warmth and reassurance of "home" is vitally important. Today, the Goldenberg•Ziman Special Care Center leads the way in an era of Alzheimer's care environments that provide warmth and comfort without compromising safety and care.

With specialized training on the care of residents with dementia by using the "Person-First" programming, all staff members are involved in the residents' care. Specific mealtime protocols are employed to address the challenges of weight loss that often accompanies dementia. With socialization techniques of staff with residents during meals and special snack times, residents are provided with a pleasant environment in which to eat. Recreational programming is tailored to fit the residents' short attention span, and to utilize past-life skills while maximizing independence.

Ida Kayne Transitional Care Unit: Rehabilitation for Seniors

Facilities on the Grancell Village Campuses shelter residents who receive the Home's world-renowned skilled nursing services, including short-term rehabilitation. The Ida Kayne Transitional Care Unit (TCU) rehabilitation services cater to seniors living in the community who are recovering from acute spells of illness. More than 700 members of the community were given short-term rehabilitation and have returned home after a stay in the Taper Building.

Short-term rehabilitation is designed to help seniors successfully transition back home after an illness, injury, medical procedure, or hospital stay. Short-term participants receive treatment from geriatric specialists in physical, occupational, and speech therapy, and enjoy full access to all of the clinical and personal support services of the Jewish Home.

The Home takes a team approach to recovery and wellness by combining onsite medical care, prescribed therapies, personal coaching and counseling, high quality nutrition, and access to the Home's many activities. Everything is directed toward the goal of promoting healing, building confidence and ability, and restoring independence.

The Jewish Home's interdisciplinary team provides ongoing coordination of multiple geriatric specialties to develop, implement and adjust treatment plans. Treatment features includes:

- Physical Therapy to increase strength, reduce pain, and improve functioning
- Occupational Therapy to assist in reacquisition of skills related to the activities of daily living.
- Speech Therapy to restore and enhance communication and improve cognitive abilities.

- Social services to provide emotional and motivational support throughout the process of recovery and healing.
- Discharge planning to ensure a comfortable and successful transition back to the home environment.

Treatment in the Ida Kayne TCU includes joint replacement rehabilitation, orthopedic post-hospitalization care, stroke and neurological rehab, post-medical and post-surgical recovery, and adaptive equipment instruction and conditioning. The average length of stay is 2-6 weeks, though longer stays of up to 90 days are possible. Medicare, Medi-Cal and private insurances are accepted.

Max Factor Building

The two-story Factor Building on the Eisenberg Village Campus is home to 70 long term care residents receiving world-class skilled nursing care.

The Joyce Eisenberg-Keefer Medical Center (JEKMC)

The Home's five-story Medical Center is licensed as an Acute Psychiatric Hospital and is one of the most comprehensive and sophisticated facilities of its kind in the United States. Opened in 2007, the Center's visionary model of life-enhancing services and unparalleled care combines the latest in geriatric science with compassionate care for the body, mind, and spirit.

The Medical Center's unique design affords easy access to specialized medical care, and programs within a distinctive residential setting. Beautifully furnished rooms are grouped as smaller, easily identifiable resident "neighborhoods" with their own dining areas, recreation centers, and resident rooms.

An interdisciplinary team of healthcare professionals supports residents with medical, behavioral, psychological, and state-of-the-art rehabilitative services. Combining medical with cognitive rehabilitation therapies, nutrition and support services creates a holistic, healthy-aging center designed to ensure quality of life and quality of care.

The Joyce Eisenberg-Keefer Medical Center fulfills the Home's mission to foster wellness through innovative, integrated programs, personal care, and housing that enhances life each and every day.

The Medical Center is comprised of three, interconnected buildings: The Brandman Research Institute encompasses the 10-bed Auerbach Geriatric Psychiatry Unit, which provides short-term geriatric behavioral and psychiatric care, as well as the Betty and Abe Klein Center for specialized eldercare research to identify and promote life-enhancing, healthy-aging practices.

The La Kretz/Black Tower and the Pavilion buildings together provide specialized, high quality skilled nursing care to 239 seniors in a home-like environment. This includes short-term post-acute intensive rehabilitation services designed to facilitate a safe return home and continuing care stays for clinically complex and/or frail medical conditions.

The Medical Center also contains:

- Physical and Occupational Therapy Facilities
- In-house Pharmacy
- Dunitz Family Learning Center
- Geri and Richard Brawerman Garden Terrace
- Gerald's Deli
- Max's Beauty Salon

COMMUNITY OUTREACH AND SERVICES

In addition to the short-term rehabilitation program and the acute geriatric psychiatric program, the Jewish Home has been actively serving the community with several new and ongoing programs.

Skirball Hospice and the Jewish Home Center for Palliative Medicine

Skirball Hospice has been serving members of the community since its inception in 2005. As of August this year, Hospice has served 700 patients and their families. 61 volunteers add a valuable dimension to the care Skirball Hospice provides. These volunteers have been very active in the community with 2,165 hours of service. "No one is more cherished in this world than someone who lightens the burden of another."

In addition, the Hospice staff discovered a segment of the population that needed assistance with pain management and living with chronic disease and/or disabilities. Hence, the palliative care program was born. This new service has assisted 160 patients.

Annenberg School of Nursing (ASN)

In response to a country-wide shortage of nurses, ASN was created in 2007 to help address this need. The Annenberg School faculty and staff welcome students from all backgrounds and working histories to discover and master the exciting curriculum of nursing science. Now in its seventh year of operation, the vocational nursing program has seen 71 graduates complete the program. Many of our graduates are employed at the Los Angeles Jewish Home.

Available to students is an interest free loan which covers 34% of the tuition of the vocational nursing program. As an additional benefit, the Los Angeles Jewish Home assists with planning and financial assistance for tuition and text books not covered by this loan. The school staff assists the graduates with job placement which has extended into area acute hospitals, skilled nursing facilities, physician offices and other healthcare settings. ASN has won recognition from the readers of the Los Angeles Daily News as the "Best Nursing School" in 2011, 2012 and 2013.

This year the school has expanded into new territory by incorporating a training program for the certification of nursing assistants. In an effort to impact the industry shortages in this area, ASN graduated its first Certified Nursing Assistants (CNAs) class in May 2012. The school will continue to offer members of the surrounding community the opportunity to train in both the vocational nurse and nursing assistant training classes.

State licensing and certification passing rates for the programs remain consistently above the state average.

Connections to Care

With deep roots in the Los Angeles Jewish community, the Jewish Home has established itself as one of Southern California's most trusted providers of skilled and compassionate senior care. Today, the Home's reputation for high quality and comprehensive care continues to grow with the launch of Connections to Care in 2013 – an innovative approach linking together the Home's full spectrum of senior healthcare programs and services.

Our goal is simple: to improve senior health, to streamline access to patient care, to provide patients with better care and experience, and to lower the cost of services. Through Connections to Care, a single call does it all: one phone number (855-227-3745) connects seniors and their family members or health advisors directly to any of our community-based, in-your-home and residential offerings:

Community-based and in-your-home services

- PACE/Brandman Centers for Senior Care (A Program of All-inclusive Care for the Elderly)
- PACE "Lite"
- Alternative care settings
 - Senior centers
 - Community centers
 - Community clinics
- Primary & special medical care
- Transportation
- CMS Care Transitions
- Bridge Program
- Home Health Agency
- Personal care services
- Geriatric case management
 - Medical management
- Hospice and Palliative care

Residential services

- Independent senior housing
 - Fountainview at Eisenberg Village
 - Neighborhood Homes
- Residential care
- Skilled nursing
 - Memory care
 - Memory care support group
- Meals
- Acute geriatric psychiatric
- Short-term rehab
- Memory care support group
- Inpatient hospice

Care Transitions

The Care Transitions Program (CTP) started in 2013 and is a patient-centered program designed to improve coordination of services to Medicare patients following hospital discharge. With the goal of reducing the high rate of hospital readmissions for senior patients that occur within 30 days of hospital discharge, enrollees have access to a personal transition coach who will help them learn to better self-manage their health concerns and live more safely at home.

This comprehensive program addresses four key “components:”

- securing a timely outpatient doctor appointment post-discharge
- medication management
- helping patients identify “red flag” symptoms associated with their diagnosis and, if so, knowing what to do
- The patient will first be contacted by the CTP coach prior to hospital discharge. Subsequent contact includes one home visit and three follow-up calls within 30 days of hospital discharge. A CTP intervention has proven to greatly reduce hospital readmissions.

Primary Care Community Clinic

Located on the beautiful Eisenberg Campus the community medical clinic is staffed by a team of compassionate physicians and nurse practitioners. Over a dozen medical specialties are available in the Jewish Home's clinic, including: audiology, cardiology, chiropractic, dental, dermatology, gastroenterology, internal medicine, ophthalmology, optometry, orthopedics, podiatry, pulmonology, and urology. A high level of specialized health care is convenient and immediately available. The onsite clinics, held by physician specialists, help to improve acute medical outcomes and quality of life for clinic patients by providing immediate access and available specialists for consultation or treatment.

Emotional Wellness Clinics

With the goal of improving the quality of life for residents and seniors throughout the community, the Home's Auerbach Geriatric Psychiatry Unit is now offering monthly Emotional Wellness Clinic at the Eisenberg campus.

The new clinic addresses a growing need for diagnosis of and care for issues such as cognitive impairment, depression, and anxiety that can profoundly affect quality of life for seniors. Interested seniors will meet with a Jewish Home clinic physician who will evaluate their personal and medical history and symptoms, and provide treatment options.

Designed to identify and treat emotional wellness issues in adults age 55 and over, the Home's new clinics will serve both Jewish Home residents and a growing community of independent seniors in Southern California.

Community Access

The very fabric of the Jewish Home is love of family, friends and active participation in one's community. The campuses open to the surrounding community as polling places during state and federal elections; community groups use the Home's meeting spaces for various events, such as disaster training programs, Arthritis Foundation exercise classes, Stroke Association survivor meetings and other group

events. These bring many experts and welcome participants to the campuses which enhance the life of the community.

Sarnat Symposium

The Jewish Home offers an annual educational symposium bringing current research, in-depth understanding, and discussion of political, social, and clinical issues affecting the elderly. Participants include social workers, PhDs, nurses and administrators, who work in all aspects of elder care. Each year the Jewish Home chooses four (4) experts in the field of senior care to inform, assist, and further the education of these various professionals in the field of aging. The Home supports this program annually with approximately \$5,000 for the speakers' honorariums, food and labor costs.

Alzheimer's Support Groups

Led by community experts in the area of Alzheimer's and related dementia, these free programs help non-professional community caregivers caring for a loved one afflicted with Alzheimer's disease or dementia. Both daytime and evening groups meet on the Eisenberg and Grancell Village campuses of the Jewish Home. Sessions provide ample time for breakout support groups with facilitators, as well as updates on various interventions and education regarding features of Alzheimer's disease and dementia. Annually the Jewish Home spends \$13,200 to provide this program.

Mommy and Me: A Parenting Place

The Jewish Home offers parenting classes to parents and families of newborns and toddlers. This unique program bridges generations matching young families with enthusiastic elder residents who share time and life experiences together. Since 1994, the Mommy and Me program provides a warm, safe environment where mothers or fathers and their children can spend time interacting with each other, learning parenting skills, while enjoying the timeless wisdom and caring company of elderly residents. All participants benefit and the Home supports this program's annual expense of \$42,400.

Stroke Association Support Group

The Jewish Home hosts a weekly activity group for Jewish Home residents and individuals from the community who are stroke survivors. Families, friends and caregivers are welcomed. The group is devoted to improving lives with the latest information and help for survivors, their partners, and caregivers.

Meetings typically involve medical information, empowerment techniques, personal stories, survivor tips and gentle physical exercises. Participants connect to each other, share their experiences, and help improve the quality of life for all.

The Brandman Centers for Senior Care (BCSC)

The Jewish Home's first Program of All-inclusive Care for the Elderly (PACE) site is located on the Home's Grancell Village Campus and opened in February 2013. To honor philanthropist Saul (of blessed memory) and Joyce Brandman, the Home's PACE Program is called the 'Brandman Centers for Senior Care (BCSC).' Designed to help "nursing home-eligible" seniors retain their independence as long as safely possible, the BCSC offers comprehensive health and support services on-site and in their own

homes. BCSC will expand with a network of PACE sites, each serving between 250-400 seniors, primarily living in their own homes.

Borun Center for Senior Research

The Borun Center at the Los Angeles Jewish Home, in partnership with the University of Southern California (USC), conducts research and provides education for various topics in senior health. Studies are done within the Jewish Home and across the nation. By publishing findings of the various research studies, the Home supports the Borun Center in improving healthcare services to seniors in this country.

Bereavement Support Group

The core benefits of Skirball Hospice's Bereavement Support Group are strengthening those who grieve, while decreasing the feeling of isolation that accompanies the loss of a loved one. The free, eight-session support group addresses issues related to grief and loss, with a primary focus on the first 13 months after the death of a loved one. The group is led by a Skirball Hospice Marriage and Family Therapist, and a Bereavement Coordinator as well as a licensed psychotherapist. Group members are invited to share openly or simply to attend and listen to the experiences of others. All are welcome.

Internships

One of the greatest gifts we are able to give is the opportunity for a student to practice their newly learned craft, with the guidance of the Home professionals. By its very nature the Jewish Home has a variety of settings that allow interns to hone their skills in intern programs. Currently we have Western University pharmacy interns, USC social work students, UCLA nurse practitioner interns and CSUN Dietitian interns.

PLANNING FOR FUTURE NEEDS

In our 101st year, our challenge is to meet the ever-increasing growth and needs of the senior population. The Los Angeles Jewish Home will be providing several exciting new community based educational, support and senior programs, as well as new types of housing models to meet these demands.

Transition to Practice

The Jewish Home, in partnership with California State University, Northridge (CSUN), is developing a program to transition RN and LVN graduates from the classroom into the work place with confidence and additional skills. Recently registered nursing (RN) and license vocational nursing (LVN) graduates will experience direct patient care within the scope of their practice, at different practice sites at the Jewish Home. Patient care training includes assessment, planning and implementation of a care plan and evaluating patient progress toward expected outcomes.

This transition program will assist CSUN to provide the post-graduate training through the Annenberg School of Nursing (ASN) at a lesser cost, and provides ASN an opportunity to prepare new RN's for jobs in area acute hospitals and post acute settings.

Gonda Healthy Aging Westside Campus

With the support of generous donors, the Jewish Home will break ground on a new Continuing Care Retirement Community (CCRC) in the beautiful beach front community of Playa Vista, California, in 2014. One-and two-bedroom apartments will be offered to seniors in this lovely setting, with assisted living services available should they be needed. Located within the building will be 24 units for specialty memory care. Plans include development of a nearby skilled nursing facility to be acquired and developed before 2016.

Hirsch Family Campus

In development is the Jewish Home's Hirsch Family Campus (HFC) located west of the Grancell Village Campus. To address the shortage of housing for low income seniors, the HFC will be made up of independent living apartments with a PACE site situated on the first floor. The PACE site will serve seniors living in the apartments and those in the greater community. This comprehensive all-inclusive health coverage combined with housing needs will bring an improved quality of life to low income seniors.

Home Health Care Agency

Currently the Jewish Home is seeking to purchase a home health agency. As Jewish Home continues to reach beyond the bricks and mortar of its campuses, adding Home Health services expands our ability to assist seniors needing short-term skilled services at home after hospitalization.

VOLUNTEERISM AND CHAPLAINCY

Volunteers

"Deeds of loving-kindness are equal in weight to all the commandments."

Donating time and energy for the benefit of others as a social responsibility seems to define the ethics of our volunteers. In the last year, 350 volunteers spent 55,000+ hours of volunteer time on the Jewish Home campuses at every level of care. From teens to seniors each volunteer receives a meaningful social experience, and shares a meal dining with our residents as the Home says "thank you." The Jewish Home's gratitude expressed through the dining experience has a cost of \$27,000 per year.

Chaplaincy and Spiritual Life

Medical care and intelligent programming are vital to a quality of life; the caretaking of the soul is equally important. Confidential, compassionate, spiritual counseling is an integral part of the daily lives of the seniors at the Jewish Home. Each campus employs a full time Rabbi, and offers clergy visits to residents of allfaiths. Whether an in-residence senior, or a recipient of hospice care in the community, pastoral care means developing a relationship of trust and confidentiality.

CONCLUSION

The Los Angeles Jewish Home cares for seniors. Each part of the Jewish Home's housing and healthcare system continues to meet the growing needs of the community and our changing times.

This is a time of federal and state budget constraints; philanthropic donations are very important to non-profit corporations to continue serving the community. The Los Angeles Jewish Home embraces this. In addition to being a senior housing provider of choice, the Home continues to grow.