Seton Medical Center
Seton *Coastside*
Member of Daughters of Charity Health System

2013-2015

Community Health Needs Assessment

Implementation Plan

Summary

Table of Contents

I. Mission of Seton Medical Center/Seton *Coastside* (p. 3)
Description of the Community (p. 3-4)
2013 Community Health Needs Assessment Process (p. 5-9)

II. Seton Medical Center /Seton *Coastside* Implementation Plan (p. 9-14)

III. Attachments:

A. Healthy Community Collaborative Member Roster and Seton Community Advisory Members Member Roster (p. 15-19)

B. Community Health Needs Triennial Summary of Key Indicators, Key Findings and Focus Group Results (p. 20-21)

C. San Mateo County Top Health Needs and Community Assets (p. 22-48)

D. Executive Summary of Community Needs Assessment for Seton Medical Center/ Seton Coastside and Service Area Map (p. 49-50)

Acknowledgement: The Community health needs assessment of San Mateo County was conducted jointly by the Healthy Community Collaborative (HCC) of San Mateo County.

I Seton Medical Center/ Seton *Coastside* 2013 Community Health Needs Assessment:

Mission of Seton Medical Center and Seton *Coastside*

In the spirit of our founders, St. Vincent de Paul, St. Louise de Marillac, and St. Elizabeth Ann Seton, the Daughters of Charity Health System is committed to serving the sick and poor. With Jesus Christ as our model, we advance and strengthen the healing mission of the Catholic Church by providing comprehensive, excellent healthcare that is compassionate and attentive to the whole person: body, mind, and spirit. We promote healthy families, responsible stewardship of the environment, and a just society through value-based relationships and community-based collaborations.

Description of the Community

San Mateo County, located on the San Francisco Peninsula is made up of twenty cities and towns and is bordered by the City of San Francisco on the north. Seton Medical Center is a major tertiary care center serving northern and central San Mateo County and the most southern part of San Francisco County (Attachment E). Seton *Coastside* in Moss Beach provides the only 24- hour physician-staffed standby emergency department on the coast between Daly City and Santa Cruz. Seton *Coastside* also provides a skilled nursing unit, an acute-care unit, radiology, laboratory, and rehabilitative services. Seton *Coastside's* service area constitutes a large geographic area that extends 45 miles from Montara south to the Santa Cruz County line.

Real per capita income in San Mateo County in 2010 was $68,582, and the average weekly wages in 2010 were $1,450, down 13% from 2000. A single parent with two children must earn approximately $78,000 annually to meet the family's basic needs. San Mateo County's rental and child care costs exceed the state's average. In 2011, San Mateo County's projected rent for an apartment was $1,916 and child care costs were $1,715 for a single parent family with an infant and a school-aged child. For low-income individuals and families, the overall improved economy does not translate to a better way of life. In order to make ends meet, low-income residents sometimes work two or three jobs, working longer hours with fewer benefits resulting in less time spent with their children. Further, they live paycheck to paycheck, leaving them vulnerable to transportation emergencies, medical crises, and insecure housing circumstances. Low-income individuals and families live on the verge of instability.

There remain radical differences by community within this overall service area in terms of racial and ethnic composition. Asian and Hispanic residents are expected to continue to become an increasingly greater proportion of the population. The Asian/Pacific Islander population is primarily clustered in Daly City while the Hispanic population is primarily clustered in South San Francisco and 50 percent of the coast side, both Seton and Seton *Coastside* service areas. San Mateo County has 44.7% of persons

over the age of 5 speak a language other than English at home. This is higher than the state percentage of 43.0%.

San Mateo County is clearly one of California's richly ethnically diverse counties. The Asian/Pacific Islander population and Hispanic/Latino population are primarily clustered in Northern San Mateo County and along the Coast. In Daly City, a primary service area of Seton, 52% of the residents are foreign born and 68% of persons over the age of five speak a language other than English at home. South San Francisco, our second largest service area has 43% foreign born and 60% of persons over the age of five speak a language other than English at home.

	Population	% Asian	% Hispanic or Latino	%Foreign Born	Persons over the age of 5 speak language other than Eng. in home
County	739,311	25.8	25.6	34.1	44.9
Broadmoor	4,025	UA	UA	UA	UA
Burlingame	28,158	20.3	13.8	27.4	34.0
Brisbane	3,597	UA	UA	UA	UA
Colma	1,191	UA	UA	UA	UA
Daly City	103.621	55.6	23.7	52.2	68.1
Half Moon Bay	11,842	4.3	31.5	23.3	34.1
Pacifica	38,390	19.4	16.8	21.2	27.1
San Bruno	40,165	25.4	29.2	37.1	48.4
S. San Francisco	60,552	36.6	34	42.9	60.3

While other age groups will decrease in terms of percent of county population (0-19 years, 20-39 years, 40-59 years) from 2010 to 2050, those 60 years and older will increase from 18.9 percent to 30.9 percent. Asian/Pacific Islander and Hispanic seniors will comprise the largest proportion of seniors in San Mateo County in 2050. At the other end of the age spectrum, the ethnic makeup of children under the age of 15 years is projected to be Hispanic, Asian/Pacific Islander, White, Black and multi-race in 2050 (percent of population).

By comparison to the rest of San Mateo County, the residents Seton serves reflects a larger percentage of Asians, Hispanics/Latinos, foreign born and persons speaking a language other than English in the home. This rich diversity is a recognized barrier to accessing health care due to language, culture and care based on race. The community needs assessment reveals that a larger percentage of Northern San Mateo County residents are at health risk and lack insurance.

2013 Community Health Needs Assessment Process

Who was Involved in the Assessment

The Healthy Community Collaborative (HCC) was formulated in 1995 of hospitals and health organizations in San Mateo County to focus on and address community health needs of the county residents. The HCC oversees the triennial community health needs assessment: Health & Quality of Life in San Mateo County. The HCC and individuals hospitals utilize the Community Health Needs Assessment to identify opportunities to be addressed through programs or policy. These initiatives and programs are developed to address community health and service efforts which will benefit and improve the health of local residents. In addition, the Hospital Consortium of San Mateo County which includes the leadership of the hospitals and the local health department provides direction for the HCC regarding countywide priority health initiatives.

As in 1995, 1998, 2001, 2004, 2008, 2011, the Collaborative continues to actively determine the indicators to be studied and conducts a community assessment of San Mateo County. This study is part of a larger and longitudinal study, encompassing many years of data and trends and should be viewed in that context. Note that, for the purposes of this assessment, "community health "is not limited to traditional health measures. The definition includes indicators relating to the quality of life (e.g., affordable housing, child care, education and employment), environmental and social factors that influence health, as well as the physical health of the county's residents. This reflects the Collaborative's view that community health is affected by many factors and cannot be adequately understood without consideration of trends outside the realm of health care.

A copy of the complete Community Health Needs Assessment, is available on the Internet on the San Mateo County website or Peninsula Library System website at http://plsinfo.org/healthysmc

How the Assessment was Conducted

The primary research for this project was gathered through a telephone survey of adults in San Mateo County. The *2013 Health & Quality of Life Survey* addressed a variety of issues, including:

- Measures of health risk behaviors (e.g., smoking, physical inactivity, high blood pressure, overweight prevalence) and prevention services (e.g., cancer screenings and access to medical care), using many questions from the Center for Disease Control and Prevention's (CDC) Behavioral Risk Factor Surveillance System; and
- Quality of life indicators, including such items as housing, social capital, child care, transportation, and education.

Health Needs Identified

The assessment highlights that in many areas San Mateo County residents are healthier than in many other places. However, the data also demonstrates that preventable diseases are on the rise and so we must do more to prevent these diseases from occurring in the first place. It also shows that health is not distributed evenly across the population and there are many communities that still do not experience good health and a high quality of life. (Attachment B) The following health needs were generated from the primary and secondary data as well as input from focus group participants.

Health Need/Condition	***Indicators of Need***
Obesity	Percentage of people who are obese is rising
Cardiovascular disease, heart attack, & stroke (cerebrovascular disease)	Percentage of people who exhibit more than one risk factor for cardiovascular disease is not decreasing
Substance use (ATOD)	Youth drug arrests and binge drinking are rising
Poor oral health	High self-reported lack of access to dental care in youth, and percentage of people who lack dental insurance is rising
Violence	Perception of violence and lack of neighborhood safety is a concern, particular gang and domestic violence
Infectious disease	Tuberculosis is increasing
Diabetes	Percentage of people with diabetes is continually rising
Poor mental health	Poor mental health indicators are staying the same or rising, i.e., depression and suicide rates
Cancer	Breast, cervical, colorectal, and prostate cancer incidence are failing Healthy People 2020 benchmarks
Births	C-sections are rising and some ethnicities receive inadequate pre-natal care
Asthma & respiratory conditions	Asthma prevalence is worsening
STDs, including HIV-AIDS	HIV screening is low among some populations; STDs are on the rise

Participants mentioned a variety of drivers for these various health needs, such as:

- Lack of affordable housing leading to overcrowded conditions
- Disparities among subpopulations
- Pedestrian safety
- Nutrition/malnutrition

- Media impact on mental health and on gang interest
- People working in the county who live elsewhere due to high housing costs

Participants identified additional health needs that they felt were of note:

- Accidents and injuries
- Hospital readmissions
- Sexual abuse/trafficking of teens
- Chronic disease (both age-related and due to disabilities)
- Health of older adults
- Suicides
- Child maltreatment among African
- Americas and immigrants
- Cognitive issues

Community Assets Identified

The assessment identified a number of strong assets summarized in Attachment C, including the Healthy Community Collaborative Hospital members' community benefit plans.

Summaries: Assessments and Priorities

Attachment B lists all of the needs identified and describes the priority setting approach. In summary, Seton Community Advisory Committee prioritized the following needs: access, health needs (obesity and diabetes), cancer prevention and healthy births.

Next Steps

The Healthy Community Collaborative of San Mateo County continues to meet monthly to receive updates on health needs and community assets. We recognize that asset mapping should continue to be part of our regular discussions.

The Seton Medical Center Community Advisory Committee is expanding committee membership to ensure representation from all geographical areas we serve. Additionally the CAC members will develop a plan for health advocacy throughout the community. We are also considering development of a Community Advisory committee for the Coastside.

II Seton Medical Center/Seton *Coastside* Implementation Plan

How the Implementation Plan Was Developed

Seton Medical Center (SMC) and Seton *Coastside* (SMCC) stand as vital and vibrant expressions of the Daughters' of Charity mission to serve the sick and the poor. The Community Benefit Implementation

Plan (CBP) is driven by the commitment to the Daughters of Charity's mission by the Seton Medical Center Executive Team and the Community Advisory Committee (Attachment A).

The Seton Medical Center Community Advisory Committee (CAC) members have been meeting quarterly for nearly 20 years to review community needs assessment results and provide recommendations for prioritizing community needs and identifying the community benefit plan. CAC members are leaders in the community representing schools, places of worship, community-based organizations and businesses, who meet quarterly to discuss our community benefit plan and receive updates on the accomplishments of the CBP's goals and objectives. The plan is also presented to the SMC Board for review, discussion and approval.

The 2013 - 2015 implementation plan was developed based on the San Mateo County Community Needs Assessment and a review of the hospitals' existing community benefit plan. As the largest provider of inpatient services to Medi-Cal patients in San Mateo County, SMC/SMCC plays an important role in addressing the unmet healthcare needs of the low-income and underserved in the County. SMC/SMCC's 2012-13 fiscal year unpaid costs of Medi-Cal are $24,366,208. Charity care or traditional financial assistance for 2012-13 fiscal year is $2,522,716.

Major Health Needs and How Priorities Were Established

The Seton Community Advisory Committee (CAC) reviewed the summary of the 2013 San Mateo Community Needs Assessment and participated in the San Mateo County Healthy Community Collaborative Focus Group health needs prioritization. By comparison to the rest of San Mateo County, the residents Seton serves reflects a larger percentage of Asians, Hispanics/Latinos, foreign born and persons speaking a language other than English in the home. This rich diversity is a recognized barrier to accessing health care due to language, culture and care based on race. The community needs assessment reveals that a larger percentage of Northern San Mateo County residents are at health risk and lack insurance. The CAC identified the cross cutting drivers for the community and prioritized community health needs for the Community and Benefit Implementation Plan through discussion of the following:

1) What are the health needs of the community we serve?
2) What resources are available to meet those needs?
3) What community resources are available to address those needs?

The prioritized community needs include the following:

1) Health Access
2) Health Needs (Obesity and Diabetes)
3) Prevention of cardiovascular disease, heart attack, and stroke

4) Cancer Prevention
5) Healthy Births

	County	North County	Coastside	Asian-Pacific Islanders	Blacks African American	Hispanic Latino
% Overweight	55.4	57.6	61.5	45.7	63.3	61.5
% Obese	21.7	24.6	21	12.3	30.2	31.4
% Diabetic	10	13.9	7.9	10.5	14.9	10.8
% Exhibit Healthy Behaviors	5.4	4.6	4.4	2.9	5.6	5.8
% Cardiovascular Risks	85.4	87.6	85.2	84.4	91	86.5
% Adults living 200% below poverty level	18.9	19.7	13.6	16.7	33.0	37.8
% Lack Health Insurance	12.3	17.8	14.1	14.0	15.1	17.5
% of births receiving less than adequate prenatal care. Largest gap Pacific Islanders 37.1				37.1 (Pacific Islander)	23.4	22.9

II. Implementation Plan: Description of What Seton Medical Center Will Do To Address Community Needs:

(Note: Language capacity and cultural sensitivity will be a component of all action items.) Cross Cutting

1. Access

Need: Increase access to healthcare and health information, focus on prevention and promote healthy communities.

Action A:

- Seton Medical Center will provide space for the RotaCare Free Clinic at Seton and support for *Coastside* RotaCare Free Clinic. These clinics provide basic urgent medical care for the uninsured one evening each week.

Outcome:

- Access for uninsured community members for urgent health care needs and follow up health care through referrals. In addition, to provide information during clinic hours on the ACA to all RotaCare patients through Seton's HBRC. Vaccination clinics are held in partnership with San Mateo County.

Measurement:

- Provide access for individuals with urgent health care needs who have no insurance and provide support to over 1,500 annual patient visits.

Action B

- Seton Medical Center Health Benefits Resource Center (HBRC) information and referral service located on-site will provide free confidential assessments, referrals to community resources and assistance in completing applications for free or low cost health resources, including through the ACA.

Outcome:

- More community members will gain access to health insurance through the HBRC.

Measurement:

- The HBRC will conduct at least 300 health eligibility screenings and submit 150 new applications to the County.

Action C:

- Increase collaboration with local community-based organizations to provide a continuum of care and services. These organizations include: Daly City Peninsula Partnership, Daly City ACCESS: Healthy Aging Response Team, Daly City Youth Health Center, Clinic by the Bay, San Mateo Healthy Community Collaborative, Get Healthy San Mateo County, local community centers, and Chambers of Commerce.

Outcome:

- Create partnerships by looking at opportunities to refer patients to community resources, serve on advisory committees or board of directors, and provide sponsorships to support community health initiatives.

Measurement:

- Increase number of Seton staff and physicians who volunteer with hospital's identified partners. Increase number of health outreach events.

2 and 3: **Health Needs:** *1) Obesity 2) Diabetes 3) Cardiovascular disease, heart attack, and stroke*

Need: The percentage of people who have obesity and diabetes is rising. The number of individuals who exhibit healthy behaviors continues to decline. The percentage of people who exhibit more than one risk factor for cardiovascular disease is increasing (high blood cholesterol, blood pressure, diabetes, smoking, diet, no exercise, alcohol consumption, and family history).

Action: #1

- Promote heart healthy exercise programs and "Instant Recess" at health events, local faith based organizations, schools, community centers, and at as many community outreach events in which the hospital participates. Support weekly exercise program at our local mall through the walking program *Walkabout/TalkAbout*. Discuss the benefits of exercise on preventing diseases such as diabetes and heart problems.
- Provide Low cost cholesterol and diabetes laboratory screenings at Seton and at community events.
- Provide blood pressure screenings at health fairs and at educational presentations.
- Provide diabetes education, including managing diabetes through support groups, access to nutrition information, glucose monitoring, diabetes meter instruction, and wound care education.
- Provide nutrition education including the benefits of low sugar content in food and beverages, reducing salt intake, healthy Filipino and African American cooking, making healthy food choices, and donating meeting room space for support groups such as Over Eaters Anonymous.
- Advocate for the development and promotion of wellness policies in schools and in the workplace through collaboration and education.

Outcome: Provide health education and screenings at a minimum of 12 outreach events to the community.

Measurement: We will educate on the benefits of healthy behaviors and promote 1) exercise, 2) maintaining healthy weight, 3) eating 5 fruits and vegetables each day, and 4) not smoking. Through the health needs assessment process we should see a decrease in the percentage of

people that exhibit more than one risk factor for cardiovascular disease, diabetes, cancer and stroke.

4. Cancer:

Need: Declining benchmarks for early detection of cervical, colorectal and prostate cancer and other cancers.

Action A

- Promote healthy behaviors.
- Promote early detection screenings internally and at health events.
- Identify low cost screening opportunities through community collaborations
- Identify and develop additional cancer support groups as needed.

Outcome: People will adopt health lifestyles and access early detection screenings.

Measurement: Promote the range of support groups that meet at Seton Medical Center and collaborate with nationally recognized organizations with a community-based presence to promote early screenings and adopting healthy life-styles.

5. Healthy Births:

Need: Women from specific ethnic groups continue to receive inadequate prenatal care, which impacts unborn infants.

Action A:

- Elizabeth Ann Seton New Life Center will provide quality all-inclusive peri-natal services for low income, pregnant women with access to language services and cultural sensitivity. Services include pre-natal care and delivery, birthing and nutrition education and appropriate referrals to each mother during the entire pregnancy and 60 days post-partum. Increase outreach to the Asian Pacific Islander population about the importance of pre-natal care and the services of the New Life Center.

Outcome: Increase language capacity to include Mandarin, Cantonese and Arabic to increase the number of pregnant women accessing the New Life Center's Comprehensive Perinatal Service Program, which is recognized by the county.

Measurement: An increase in the number of pregnant women access the New Life Center's services and patients' satisfaction with the Center's services including care for those with gestational diabetes, provision of nutrition counseling, access to social services and other support.

Next Steps for Priorities

For each of the priorities listed above, Seton will continue to implement its plan and build support both internally and through collaboration with staff, physicians, community partners, the County and elected officials.

Priority Needs Not Being Addressed

With available resources, Seton Medical Center's Implementation plan attempts to address the top health priorities needs identified in the community health needs assessment. Seton also refers patients to other programs in the community addressing these identified needs. The community asset mapping identifies resources and services for other community health needs that the hospital is unable to provide. These priorities include the following:

Asthma & Respiratory: Not identified as one of the top five priorities by the hospital's community Advisory Committee. Seton Medical Center provides asthma and respiratory care to patients admitted to its hospital and will offer information to community resources to individuals requesting such referrals.

Substance Abuse: Seton provides referrals to community partners/programs addressing substance abuse.

- Alcoholic, Alanon, Alateen Recovery
- Asian American Recovery Services
- Catholic Charities
- El Centro de Libertad
- Pyramid Alternatives
- Sitike Counseling Center
- Pyramid Alternative
- Women's Recovery Association

Poor Oral Health: Seton refers individuals to community based programs such as Sonrisas and the County Health Department.

Violence: Seton does not provide services for violence prevention, but partners with community programs that provide counseling and address violence prevention:

- Community Overcoming Relationship Abuse: CORA
- ALICE: Filipino organization domestic violence prevention education
- Freedom House
- Rape Trauma Services
- Fatherhood Collaborative and Cleo Eulau Center
- Police Activities League
- Bay Area Legal Aide.

Infectious Diseases: Seton has an infection control program within the hospital and educates the community about hand hygiene during the flu season. Seton refers people seeking TB screenings to the County Health Department. Seton refers individuals for resources for to the County Health Clinic, Clinic by the Bay, and the Daly City Youth Health Center.

Attachment A: **Healthy Community Collaborative Members & Partners 2013**

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Attachment B: QUALITY OF LIFE IN San Mateo COUNTY COMMUNITY HEALTH NEEDS ASSESSMENT TRIENNIAL SUMMARY OF KEY INDICATORS

Percentage of population

KEY INDICATORS	1998	2001	2004	2008	2013
Overweight	50.8	53.8	55.7	56.7	55.4
Obesity	13.4	16.8	19	18.8	21.7
High Blood Pressure	18.1	20.5	25.7	28.5	27.3
High Blood Cholesterol	18.2	22.9	24.8	30.7	30.4
Asthma	8.0	12.8	15.4	14.1	17.9
Diabetes	3.9	4.8	6.5	8.2	10
Cardiovascular Risk Factors	80.1	86.7	85.9	85.3	85.4
Current Smoker	16.6	12.7	11.5	10.9	10.1
Binge Drinkers	14.1	12.7	16.2	14.7	13.5
Rating of Personal Health Status	77.4		60.9	61.2	65.9
Exhibit Healthy Behaviors: don't smoke, not overweight, exercise adequately, eat adequate fruits/vegetables		9.2	7.3	8.5	5.4
Eats 5 or more servings of fruit and/or vegetables/day	27.7	31.4	31.4	38.4	31
Do not participate in regular vigorous activity		64.1	54.6	54	53.9
Experienced Symptoms of Depression Lasting 2+ years	19.5	25.4	21.1	25.2	24.1
Adults living <200% of FPL		13.2		16.2	18.9
Lack Healthcare Insurance Coverage, 18-64 y.o.	8.5	9.3	13.6	14.1	12.3
Lack Dental Insurance	26.6	31.7	34.8	31.7	32.4
Cost Prevented Getting a Needed Prescription (highest among <185% of poverty level)	6.3	11.4	10.2	8.7	8.3
Families do not have enough food on a regular basis		2.7	2.3	2.4	2.1

Attachment B: KEY FINDINGS FOCUS GROUP RESULTS

Prioritization of Health Needs The prioritization process was explained to participants and observers. Each of the top health needs (including Cognitive Issues) would be ranked across four dimensions on a scale of 1 (no/low) to 3 (great/high). The dimensions, selected by the San Mateo County Healthy Community Collaborative, were:

- Clear disparities or inequities exist
- Presents a prevention/early intervention opportunity
- Impacts quality of life
- Is a priority

Each participant was given an electronic voting device. Their votes were averaged for each of the dimensions, and an overall average score was generated for each health need. The table below lists all of the health needs by their overall score, from greatest to least.

Health Need/ Condition	Overall Average Score	Scores of Prioritization Criteria Used			
		Disparities Exist	Prevention/ Intervention Opportunity	Quality of Life Impact	Community Priority
Diabetes	**2.69**	2.78	2.85	2.75	2.38
Obesity	**2.60**	2.58	2.85	2.62	2.36
Poor mental health,	**2.59**	2.45	2.31	2.91	2.69
Poor oral health	**2.57**	2.73	2.70	2.38	2.46
Cardiovascular disease, heart attack, stroke	**2.56**	2.67	2.75	2.83	2.00
Substance abuse (ATOD)	**2.56**	2.40	2.91	2.71	2.23
Violence*	**2.56**	2.54	2.50	2.82	2.38
Cancer	**2.44**	2.29	2.33	2.91	2.23
Births	**2.42**	2.21	2.60	2.73	2.14
Cognitive issues (Alzheimer's,	**2.30**	2.38	1.90	2.83	2.08
STDs/HIV-AIDS	**2.29**	2.17	2.82	2.38	1.80
Asthma & Respiratory Conditions	**2.21**	2.29	2.33	2.42	1.81
Infectious disease**	**2.10**	2.50	2.14	2.23	1.53

*Includes child abuse, domestic violence, elder abuse, gangs and bullying.

** Includes TB, Hepatitis B/C, pertussis, influenza, etc.

Attachment C: San Mateo County Top Health Needs and Community Assets

C. San Mateo County Top Health Needs and Community Assets

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cross-cutting drivers of all or many health needs/condition All hospitals have charity care and ED open to all as a benefit to their communities:	**Seton Medical Center/Seton *Coastside*** • Health Benefits Resource Center: HBRC provides free assessments, referrals to community resources and assistance in completing applications for free and low cost health insurance • Saint Elizabeth Ann Seton New Life Center: Language capacity and cultural sensitivity the New Life Center provides comprehensive perinatal services for low income women, including physician care, childbirth and parenting, nutritional counseling, social services, etc. • RotaCare free Clinic at Seton Medical Center: Seton provides funding, labs, diagnostic services, x-rays, facility use for the urgent medical care free clinic. • *Coastside* RotaCare Free Clinic. Seton provides, diagnostic services, labs, x-rays and pharmaceuticals • Resources for the *Coastside* Uninsured: Financial counselors to assist *Coastside* residents with information and applications for health insurance coverage. • Seton Health Sciences Library: health related research for individuals requesting information • Benefits for Persons Living in Poverty: Charity Care, • Unreimbursed costs of public programs. • Health Professionals Education: Student training in Central Supply, Wound Care, Phlebotomy; Lab Science; Nursing; Clinical Chaplaincy; Pharmacy; Physical Therapy; Wound Care, Radiation Oncology; Radiology; Respiratory Therapy.	• Bay Area Red Cross • Coastside Hope • Chambers of Commerce • Children's Health Initiative • Clinic By the Bay: Free medical care for the uninsured in Daly City and parts of San Francisco • *Coastside* Hope • Daly City ACCESS: Healthy Aging Response Team • Daly City Community Service Center • Daly City Peninsula Partnership • Daly City Youth Health Center • HIP Housing • Legal Aide Society of San Mateo • Mercy Housing Corp. • Pacifica Collaborative • Peninsula Library System • Ravenswood Health center • RotaCare Bay Area, Inc. • Samaritan House • San Mateo Co. Health Services • San Mateo Co. Human Services • Shelter Network

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cross-cutting drivers cont.	**Stanford Hospital & Clinics Health Initiative: improve access to primary/preventive care; grants to:** • Arbor Free Clinic (EMR/IT support; free labs & radiology; formal referral program for patients with chronic conditions to community clinic to provide medical home) • Samaritan House Free Clinic RWC (pharm, clinic operations, SHC's Menlo Clinic docs/staff support Saturday free clinics at SH RWC • RFHC (formal vol program= vol docs, RNs, dentists, hygienists 2700 vol hours FY12; branch of Stanford Health Library onsite) • ED registration unit enrolls uninsured peds patients in assistance and insurance programs (535 referrals) • Health Advocates: subsidized program to help individuals research and enroll in health insurance programs ($1.2M FY12) • Stanford Health Library: free and open to all; librarians do health-related research for individuals requesting help (e.g., research conditions & put together info packets for anyone requesting; medical info; info on where to get care, etc.; HICAP lectures for seniors = help understanding/getting appropriate health insurance); bilingual medical librarian at branch in East Palo Alto • Stanford Lifeflight: subsidized air ambulance service ($2M FY12) • Health care training/ ed: subsidized training for residents/interns ($40.5M in fy12); pharmacists, RNs, PAs, rehab, lab techs, radiology, RT, PT, nuclear med techs, etc. ($9.8M FY12) • Charity Care: un/under-insured patients provided w/ free hospitalization/services ($25.4M FY12) • Uncompensated Medi-Cal ($110.7M FY12)	• Bay Area Red Cross • Chambers of Commerce • Children's Health Initiative • Clinic By the Bay: Free medical care for the uninsured in Daly City and parts of San Francisco • Coastside Hope • Daly City ACCESS: Healthy Aging Response Team • Daly City Community Service Center • Daly City Peninsula Partnership • Daly City Youth Health Center • HIP Housing • Legal Aide Society of San Mateo • Mercy Housing Corp. • Pacifica Collaborative • Peninsula Library System • Ravenswood Health center • RotaCare Bay Area, Inc. • Samaritan House • San Mateo Co. Health Services • San Mateo Co. Human Services • Shelter Network

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cross-cutting drivers cont.	**Packard Children's - Health Initiative to Improve Access to Primary Health Services** • Major supporter of government plans and a safety net provider • Building physician capacity in SMC Clinics (Fair Oaks and Willow Clinics) – funded 2 full-time pediatric providers, allowed SMC access to LPCH physician recruitment staff to recruit a pediatric • endocrinologist and gastroenterologist • Reimbursement to the County for OB-GYN physician services for low-income women in SMC who deliver at LPCH • Partnership with Ravenswood Family Health Center: • funding to support pediatrician costs, children's dental care, • and prenatal nutrition counseling • funding to support installation of NextGen electronic medical record system • LPCH OB/GYNs, pediatricians, and a nurse practitioner staffing • services • Medical-legal advocacy services through a partnership with the Peninsula Family Advocacy Program (in branch of SMC Legal Aid) • Mobile Adolescent Health Services: primary treatment and preventative care to homeless and uninsured teens. • Care-A-Van for Kids: transportation of low-income patients who live outside of a 25 mile radius of LPCH (costal-regions of SMC) • Children's Health Insurance Initiatives: funding for one year of • Health Kids insurance premiums of 50 children in SMC	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cross-cutting drivers cont.	**Sequoia Hospital** • Samaritan House Free Clinic Redwood City: provide mammography, lab, radiology and other out-patient services. • Enrollment Assistance for government funded programs. • Pharmacy: free prescriptions upon discharge for indigent/needy patients. • Med Share equipment donations. • Maple Street Shelter food donations • Free Taxi Vouchers for Sequoia discharged patients and out- patients who lack financial and transportation resources • Serve on San Mateo County Paratransit Coordinating Council to provide oversight to Redi-wheels program. • Health Professionals Education: Sequoia contributes to the long- term health of our community by providing student training in Central Supply, Wound Care, Phlebotomy; Lab Science; Nursing; Paramedics; Clinical Chaplaincy; Pharmacy; Physical Therapy; Physician Assistants; Radiation Oncology; Radiology; Respiratory Therapy. • Financial Assistance (Charity Care): free or discounted health care provided to persons who cannot afford to pay and who meet criteria for Dignity Health Patient Financial Assistance Policy. • Un-reimbursed costs of public health programs for low-income persons, such as Medi-Cal and Medicare. • Sequoia pays on-call physicians to serve indigent patients in the Emergency Department.	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cross-cutting drivers cont.	**Kaiser Permanente San Mateo Service Area** • Fills insurance gaps for adults and children through a variety of programs e.g. Medical Financial Assistance, STEPS (dues subsidy program), Kaiser Permanente Children's Health Plan, MediCal. • Financially supports through its grants program - The San Mateo Children's Health Initiative as well as other local insurance enrollment efforts through community service agencies. • Collaboration with HBO, CDC, and the NIH helped produce a series of documentaries called "Weight of the Nation" which addresses the Nationwide Obesity Epidemic; the documentaries are supported by providing public/community screenings and facilitated conversations. **Mills-Peninsula Health Services** • Supports services for people living in poverty through charity care, partnership with the San Mateo County Health Kids insurance program, financial and in-kind support for Samaritan House Medical Clinic and an annual small grants program that provides grants to local health-related non-profit organizations. • Provides free mammography and follow-up diagnostic services to women who have no health insurance	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Diabetes	**Seton Medical Center/Seton Coastside** • Diabetes Institute: • Classes • Support Group • Nutrition Education • Diabetes Meter instruction • Living with Diabetes • Presentations at community centers and community programs • Diabetes education provided at health focused community events and fairs • Low cost cholesterol and diabetes screenings • Wound Care Center **Stanford Hospital & Clinics** • Indirectly through improving access initiative • Chronic disease self- mgmt. workshops at senior centers (Fair Oaks, Menlo Park, EPA) • Stanford Health Library- free bilingual medical librarian services to research prevention, mgmt., tx options **Packard Children's - see Obesity** (For children, diabetes is so closely related to pediatric obesity that we choose to focus on the prevention of pediatric obesity as a means of preventing pediatric diabetes.) • Indirectly through out prevention of pediatric obesity health initiative	• Get Healthy San Mateo County • Local Parks and Recreation Departments • Over Eaters Anonymous • Pre-to-3 Program • Project HEAL :Health Environment Agriculture Learning • Police Athletic League • San Mateo County Streets Alive! Parks Alive! • Serramonte Shopping Center

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Diabetes cont.	**Sequoia Hospital** • Diabetes Treatment Center and Health & Wellness Center: • Community lectures and workshops. • Glucose Screening Clinics: • Health & Wellness Center • Senior and Community Centers. • Support Group/Individual counseling. • Free meter instruction clinic at Samaritan House Free Clinic RWC. • Bilingual LIVE WELL with DIABETES Classes. **Seton Medical Center/Seton *Coastside*** • Diabetes Institute • Classes • Support Group • Nutrition Education • Diabetes Meter instruction • Living with Diabetes • Presentations at community centers and community programs • Diabetes education provided at health focused community events and fairs • Low cost cholesterol and diabetes screenings • Wound Care Center	• School Districts • YMCA • WIC Food and Nutrition Services

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Diabetes cont.	**Kaiser Permanente San Mateo Service Area** • Provides funding of a case manager to provide Chronic Disease Management at the Safe Harbor Homeless Shelter. • Supports transportation options for seniors to access their medical appointments, pharmacies, and follow-up medical care/rehab. • A champion in diabetes care management and shares its protocols broadly offering its clinical expertise to providers internally and in the community. • Supports through financial contributions RotaCare of the Bay Area which operates free clinics in Half Moon Bay and Daly City. Access which provides free outpatient surgeries for the uninsured and underinsured at KP medical centers and utilizing KP volunteer staff. **Mills-Peninsula Health Services** • Offers diabetes education programs, including a special series for seniors. • Hosts educational events and screenings for African American, Hispanic and Pacific Islander Communities.	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Obesity	**Seton Medical Center/Seton *Coastside*** • Heart Healthy Exercise: • Ongoing exercise and education programs with high blood pressure, high cholesterol, diabetes as well as those who are obese or sedentary • Walk About: Twice weekly walking and fitness program. Once a month TalkAbout, Blood pressure screening and health education presentation. • Health Benefits Resource Center: Cal Fresh Enrollment • Health education, nutrition information provided through presentations at community centers and community programs • Health education/nutrition information provided at health focused community events and fairs • Seton/Seton *Coastside* Wellness Committee • Peninsula Stroke Association participation • Annual participation : Heart Walk • Get Healthy San Mateo County – Efforts, Website, TA, etc. **Packard Children's: Health Initiative to prevent pediatric obesity through education and advocacy programs** • Access for low-income families to the LPCH Pediatric Weight Control Program: full and partial scholarships for the $3500 program fees • Youth Health Literacy Collaborative: In collaboration with El Camino Hospital, LPCH provides funding and license rights for all public schools in South SMC (Redwood City, Menlo Park, Portola Valley, and East Palo Alto) • Community leadership for obesity prevention: leadership roles within Get Healthy SMC and BANPAC (Bay Area Nutrition and Physical Activity Collaborative) community collaboratives	• BANPAC (Bay Area Nutrition and Physical Activity Collaborative) • Fair Oaks Intergenerational Center Breakfast Program. • Get Healthy San Mateo County • Local Parks and Recreation Departments • Over Eaters Anonymous • Pre-to-3 Program • Project HEAL :Health Environment Agriculture Learning • Police Athletic League • SafeKids Coalition of Santa Clara and San Mateo Counties • San Mateo County Streets Alive! Parks Alive! • Serramonte Shopping Center • School Districts • YMCA • WIC Food and Nutrition Services

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Obesity cont.	**Packard Children's: Health Initiative to prevent pediatric obesity through education and advocacy programs cont.** • SafeKids Coalition: Lead Agency for the SafeKids Coalition of Santa Clara and San Mateo Counties. SafeKids works on safe routes to school/Walk 'n Roll initiatives. • LPCH community health education programs: LPCH provides a wide array of community education programs for parents, caregivers, and children. Classes and partial classes to address proper nutrition and prevention of obesity. Summer Lunch Program in East Palo Alto: funding to support a summer lunch program for families in East Palo Alto when children are out of school and the free/reduced lunch programs are not provided **Sequoia Hospital** • Diabetes Weight Management Program. • Collaboration with Fair Oaks Intergenerational Center Breakfast Program. • Collaboration with St. Anthony's Padua Dining Room. • Make Time for Fitness Walking Courses at all RCSD campuses; Red • Morton Park (RWC); Burton Park, San Carlos. • Make Time for Fitness for RCSD • 4th grade (Eat Healthy, Stay Active, Be Tobacco Free) • Member: RCSD Wellness Committee; SUHSD Wellness Advisory Committee; Get Healthy Steering committee. • Lactation Education Center Breastfeeding Advice Community "calm line".	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Obesity cont.	**Kaiser Permanente San Mateo Service Area** • Traditionally funds a variety of Obesity related/ educational, physical fitness, nutritional programs through its annual grants program. • KP has an on-going wellness initiative that impacts the staff at both SSF and RWC medical centers impacting over 4,000 employees. • KP throughout the San Mateo Area provides free award-winning theatrical performances to school aged children concentrating on a variety of health issues for all age groups elementary through high school. The programs address nutrition, safety, violence, conflict resolution and sexual education. • San Mateo County Health Dept. • Healthy Weight Collaborative • KP supports healthy eating habits through its collaboration with some schools and communities by providing funding to increase the consumption of fresh fruits and vegetables through garden based programs. • KP Program wide is introducing a THRIVING SCHOOLS Initiative which will offer free resources to school staff and students addressing physical activity and nutrition. www.kp.org/thrivingschools **Mills-Peninsula Health Services** • Through the African American Community Health Advisory Committee, offers educational events for diverse communities. • Supports the HEAL Project with grant funding (Health Environment, Agriculture and Learning Project)	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Violence	**Packard Children's: Health Initiative to Improve the Social and Emotional Health of Youth** - Beginning in FY 13, LPCH is funding Mental Health Dissemination and Innovation Initiative to combat the effects of early childhood trauma in SMC communities with high violence rates (East Palo Alto and East Menlo Park) • SafeKids Coalition: (see obesity) as the leading cause of death of children ages 1-14, SafeKids works to prevent: - Unintentional injury, particularly with a "Purple Crying" initiative to prevent Shaken Baby Syndrome - Gun Lock Safety Program • Community Health Education Programs: to address drivers of Violence, including lack of coping skills, developmental delays and mental health issues. Topics are determined through community needs identified by our community partners or hospital staff. **Sequoia Hospital** • Sequoia Union High School District Wellness Advisory Committee Member. • Redwood City School District Wellness Committee Member • Space and Program Support for Hope House Self-Defense Classes at Health & Wellness Center.	• ALICE: Filipino organization domestic violence prevention education • Community Overcoming Relationship Abuse: CORA • Freedom House • Rape Trauma Services • Fatherhood Collaborative and Cleo Eulau Center • Police Activities League Bay Area Legal Aide

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Violence cont.	**Kaiser Permanente San Mateo Service Area** • KP Educational Theatre specifically addresses violence through its "PEACE SIGNS" program this includes children and family night opportunities. • KP supports mental health efforts at the Daly City Youth Health • Center through its annual grant program. • KP supports a variety of community based organizations that address violence through its grant program. These include but are not limited to Community Overcoming Relationship Abuse, Peninsula Conflict Resolution Center, International Institute of the Bay Area, and Rape Trauma Services. **Mills-Peninsula Health Services** • Through its grants program, supports CORA, Rape Trauma Services, Fatherhood Collaborative and Cleo Eulau Center, Police Activities League, and Bay Area Legal Aide.	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Substance Use (ATOD)	**Seton Medical Center/Seton *Coastside*** • 12-step programs: AA Alanon meetings are held at Seton **Packard Children's: Health Initiative to Improve the Social and Emotional Health of Youth** - Beginning in FY 13, LPCH is funding Mental Health Dissemination and Innovation Initiative to combat the effects of early childhood trauma in SMC communities with high violence rates (East Palo Alto and East Menlo Park) • Community Health Education Programs: to address drivers of substance abuse, including lack of coping skills and mental health issues. Topics are determined through community needs identified by our community partners or hospital staff. **Sequoia Hospital** • Meeting space for Alcoholics Anonymous Meetings **Kaiser Permanente San Mateo Service Area** • KP supports substance abuse education and awareness efforts through funding local agencies e.g. Pyramid Alternatives, StarVISTA, and El Centro de Libertad. **Mills-Peninsula Health Services** • Provides help for people with substance abuse through its self-help, recovery and healing programs, Grants to Pyramid Alternatives, El Centro de Libertad, Sitike Counseling Center and Women's Recovery Association.	• Alcoholic, Alanon Alateen Recovery programs • Asian American Recovery Services • Catholic Charities • El Centro de Libertad • Pyramid Alternatives • StarVISTA

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cardiovascular disease, heart attack, & stroke (cerebrovascular disease)	**Seton Medical Center/Seton Coastside** • Heart Healthy Exercise: Ongoing exercise and education programs with high blood pressure , high cholesterol, diabetes as well as those who are obese or sedentary $8 session • Cardiac Rehabilitation • Walk About: Twice weekly walking and fitness program. One a month TalkAbout, Blood pressure screening and health education presentation. Free • Health Benefits Resource Center: Cal Fresh Enrollment • Cardiac Support Group • Health education, nutrition information provided through presentations at community centers and community programs • Low cost cholesterol and diabetes screenings • Health education/nutrition information provided at health focused community events and fairs **Stanford Hospital & Clinics** • Improving access to care initiative (RFHC, SH RWC Free Clinic, Arbor Free) • Chronic disease self-mgmt. workshops at senior centers (Fair Oaks, Menlo Park, EPA) • Stroke education and support groups • Access to free, bilingual medical librarian for research/info on stroke, CVD, etc. • Comprehensive Stroke Center **Sequoia Hospital** • Congestive Heart Failure Classes • Stroke Center • Monthly Community Screenings for Blood Pressure: ○ Fair Oaks Intergenerational Center (Redwood City) ○ Little House (Menlo Park) ○ San Carlos Adult Community Center ○ Twin Pines Senior Center (Belmont)	• American Heart Association • Community Centers • Get Healthy San Mateo County • Local Parks and Recreation • Peninsula Stroke Association • Over Eaters Anonymous • San Mateo County Streets Alive! Parks Alive! • School Districts • Serramonte Shopping Center • YMCA

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cardiovascular disease, heart attack, & stroke (cerebrovascular disease) cont.	**Sequoia Hospital cont.** • Monthly Community Screenings for Blood Pressure: ○ Veterans Memorial Senior Center and Adaptive Physical Education (Redwood City) ○ Mid-Peninsula Housing (Menlo Park) • Individual Cardiovascular counseling • Cardiac Rehabilitation **Kaiser Permanente San Mateo Service Area** • Both KP R.W.C. and KP S.S.F. have achieved American Heart Association and American Stroke Association "Gold Plus" standards of performance achievement. • KP has shared the protocol procedures for its widely acclaimed PHASE program (Prevent Heart Attack and Stroke Everyday) • These protocols are being practiced in the County Health System's Hospital, Clinics and Ravenswood Family Health Center. (Financial assistance was provided for implementation). • KP financially supports Pacific Stroke Association as well as provides clinical guidance and advice through physician involvement. **Mills-Peninsula Health Services** • Provides annual heart health screenings through the African American Community Health Advisory Committee and in collaboration with local churches. • Regular screenings are offered through the Senior Focus program	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Poor oral health	**Stanford Hospital & Clinics** • RFHC volunteer program grant supports volunteer dentists, dental hygienists for clinic operation **Packard Children's** • Indirectly through access to care initiatives, particularly Ravenswood Family Health Center: funding for children's dental services. **Mills-Peninsula Health Services** Provides grant support to Sonrisas Community Dental	• Sonrisas Dental Clinic
Asthma & respiratory conditions	**Seton Medical Center/Seton Coastside** • Lungevity Newsletter • Pulmonary Maintenance program • Pulmonary Rehabilitation Program • Living Well with Asthma **Stanford Hospital & Clinics** • Improving access to care initiative (RFHC, SH RWC Free Clinic, Arbor Free Clinic) • Access to free, bilingual medical librarian for research/info on respiratory conditions **Packard Children's** • Indirectly through access to care initiatives **Sequoia Hospital** • Smoking Cessation Classes with Breathe California • Redwood City School District Tobacco Awareness with 4th grade students. • Asthma Education for coaches, nurses, aides in Sequoia Union High School District. • Breeze Newsletter • Better Breathers Support Group • Pulmonary Rehabilitation	• American Lung Association

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Poor mental health, i.e., depression, suicides	**Packard Children's: Health Initiative to improve the social and emotional health of youth** • Beginning in FY 13, LPCH is funding Mental Health Dissemination and Innovation Initiative to combat the effects of early childhood trauma in SMC communities with high violence rates (East Palo Alto and East Menlo Park) • Community Health Education Programs: to address drivers of substance abuse, including lack of coping skills and mental health issues. Topics are determined through community needs identified by our community partners or hospital staff. • Pediatric Resident Advocacy mini-grant to determine the effectiveness of a mindfulness training program in incarcerated youth in SMC • Indirectly through access to care initiatives **Sequoia Hospital** • Parenting and post-partum support groups. • Bereavement Programs with Pathways Hospice • Space for Food Addicts Anonymous groups at Health & Wellness Center **Kaiser Permanente San Mateo Service Area** • KP supports mental health issues by supporting programing through its grants program to agencies such as Daly City Youth Health Center, Pyramid Alternatives, El Centro de Libertad, Peninsula Conflict Resolution, and Rape Trauma Services. **Mills-Peninsula Health Services** • Supports mental health concerns through grant funding of non- profit organizations including Rape Trauma Services, Pyramid Alternatives, El Centro de Libertad, Women's Recovery Services and senior mental health programs	• Daly City Youth Health Center • El Centro de Libertad • Peninsula Conflict Resolution • Pyramid Alternatives • Rape Trauma Services Women's Recovery Services

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cancers	**Seton Medical Center/Seton *Coastside*** • Health education, nutrition information provided through presentations at community centers and community programs • Health education/nutrition information provided at health focused community events and fairs • Seton Breast Health Center • Support Groups • Transportation services • Clinical nutrition counseling **Stanford Hospital & Clinics** mini grant program to reduce cancer health disparities: • Herald Cancer Care Network: Cancer Education Program for Chinese survivors and caregivers (conducted in Mandarin) • African-American Community Health Advisory Committee: Breast cancer awareness and screening campaign • JoyLife Club: cancer education program for Chinese community • West Bay Pilipino Multi-Svc Center: cancer ed for Filipino community • RFHC: cancer ed program for women, PI community • Asian Liver Center: screening and vaccination program for Asian community (Hep B) • Access to free, bilingual medical librarian for research/info on cancer prev, mgmt., tx. • Stanford Cancer Supportive Care Program: 34 non-medical svcs for cancer patients, family & caregivers regardless of where they receive tx (imagery, yoga, pilates, support groups, healing touch, art/writing therapy, dieticians, etc.) • Cancer clinic trials info/referral website and phone line • Stanford Cancer Institute **Packard Children's** • Indirectly through access to care initiatives	• American Cancer Society • Joy Luck Club • Relay For Life

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cancers cont.	**Sequoia Hospital** • Womens Breast and Diagnostic Center • Look Good, Feel Better Classes **Seton Medical Center/Seton *Coastside*** • Health education, nutrition information provided through presentations at community centers and community programs • Health education/nutrition information provided at health focused community events and fairs • Seton Breast Health Center • Support Groups • Transportation services • Clinical nutrition counseling **Kaiser Permanente San Mateo Service Area** • Support Groups: Prostate Cancer, All Cancer, Breast Cancer **Mills-Peninsula Health Services** Offers breast cancer support groups	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
STDs, including HIV-AIDS	**Stanford Hospital & Clinics** • Improving access to care initiative (RFHC, SH RWC Free Clinic, Arbor Free Clinic) **Packard Children's: Health Initiative to improve the social and emotional health of youth** • Beginning in FY 13, LPCH is funding Mental Health Dissemination and Innovation Initiative to combat the effects of early childhood trauma in SMC communities with high violence rates (East Palo Alto and East Menlo Park) • Community Health Education Programs: to address drivers of substance abuse, including lack of coping skills and mental health issues. Topics are determined through community needs identified by our community partners or hospital staff. • Indirectly through access to care initiatives **Kaiser Permanente San Mateo Service Area** Supports education efforts around sex education through its Educational Theatre program directed to High School Students, as well as Teen Talk Sexuality Education for high schools.	• RFHC, SH RWC Free Clinic, Arbor Free Clinic

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Cognitive Disorders, i.e., autism, Alzheimer's	**Stanford Hospital & Clinics** • Group exercise program at Fair Oaks, Menlo Park, East Palo Alto senior centers; breaks isolation, promotes strength and mobility and provides respite for caregivers (either participate in class too or rest while person participates) • Chronic conditions workshops at Fair Oaks, Menlo Park, East Palo Alto senior centers = teach self-mgmt of chronic conditions, breaks isolation **Packard Children's** • Community Health Education Programs: to address drivers of substance abuse, including lack of coping skills and mental health issues. Topics are determined through community needs identified by our community partners or hospital staff. • Indirectly through access to care initiatives **Sequoia Hospital** • Community lectures and collaboration with Alzheimer's Association and San Carlos Adult Day Center (Catholic Charities) **Kaiser Permanente San Mateo Service Area** • KP supports Senior Day Care activities in a variety of locations through its annual grants programs. **Mills-Peninsula Health Services** Offers an Alzheimer's Day Care Resource Center, caregiver education and support group.	• Alzheimer's Day Care Resource Center • Family Caregiver Alliance • Local Adult Day Care Centers • Senior Coastsiders

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Poor birth outcomes (low birthweight/ infant mortality)	**Seton Medical Center/ Seton *Coastside*** • Saint Elizabeth Ann Seton New Life Center: Language capacity and cultural sensitivity the New Life Center provides comprehensive perinatal services for low income women, including physician care, childbirth and parenting, nutritional counseling, social services, etc. **Packard Children's** • Partnership with SMC Medical Center, SMC Health Services, and the Health Plan of SM to provide OB-GYN and labor and delivery services across the county. • Partnership with RFHC to provide OB-GYN physician services and prenatal nutrition counseling to pregnant patients • Member of the Mid-Coastal California Prenatal Outreach Program (MCCPOP) which provides outreach education, consultation, and transport for maternity programs in SMC and throughout California • Stanford School of Medicine is involved in a 10-year, $20 million prematurity research grant funded by the March of Dimes **Sequoia Hospital** • Prenatal classes • Weekly parenting e-mails for expectant and new parents **Seton Medical Center/ Seton Coastside** • Saint Elizabeth Ann Seton New Life Center: Language capacity and cultural sensitivity the New Life Center provides comprehensive perinatal services for low income women, including physician care, childbirth and parenting, nutritional counseling, social services, etc. **Kaiser Permanente San Mateo Service Area** KP RWC has engaged in a formal contract with the San Mateo County Health Plan to provide delivery and pre and post natal care for up to 360 mothers and children annually.	• Daly City Youth Health Center • Daly City Emergency Food Bank • Pre-to-3 Program • San Mateo County Health Department

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Infectious Disease, i.e., TB	**Seton Medical Center/ Seton *Coastside*** • Vaccination clinics **Packard Children's** • Indirectly through access to care initiatives **Sequoia Hospital** • Vaccination Clinics **Mills-Peninsula Health Services** • Supports the San Mateo County Hep B initiative through grant funding and in-kind support	• San Mateo County Hep B Initiative

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Unintended injury (falls)	**Seton Medical Center/ Seton *Coastside*** • Supports the work of the Fall Prevention Task Force of San Mateo County. **Stanford Hospital & Clinics** • Farewell to Falls: free, in-home program (OTs, home assessments, exercise program, pharmacist assistance w/ meds, etc. – yr long program) • Strong for Life: free group exercise pr0gram @ Fair Oaks, Menlo Park, East Palo Alto Sr centers = strength, mobility, balance • Matter of Balance: free program at seniors center • Chronic Disease Self Mgmt workshops at Fair Oaks, Menlo Park, East Palo Alto sr centers (pain mgmt., mgmt of conditions causing loss of balance, etc.) • Financial support for SMC Fall Prevention Task Force • Stanford Health Library • Lifeline - in-home emergency response service available to seniors regardless of their ability to pay. Nearly $50,000 in free or reduced cost Lifeline subscriptions to 374 low-income seniors in FY12 **Sequoia Hospital** • San Mateo County Fall Prevention • Task Force in-kind and financial support. • Fall Prevention Classes for Seniors • Collaboration with Stanford for Matter of Balance Instructor • Training and Classes for Southern San Mateo County. • Pediatric CPR/Injury Prevention • American Heart Association Training Center CPR Training in the Sequoia Union High School District 9th grade classes. **Kaiser Permanente San Mateo Service Area** • Participates in the Fall Prevention Task Force of San Mateo County **Mills-Peninsula Health Services** Funds and participates in the Fall Prevention Task Force of San Mateo County	• San Mateo County Fall Prevention Task Force

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Hospital readmissions	**Sequoia Hospital** • Sequoia Hospital Homecoming Program. • Medication Management • Grant support to community based organizations for • Case management, coaching, meals, home repairs, transportation, home health **Mills-Peninsula Health Services** • Circle of Care Program	• Family Services Agency

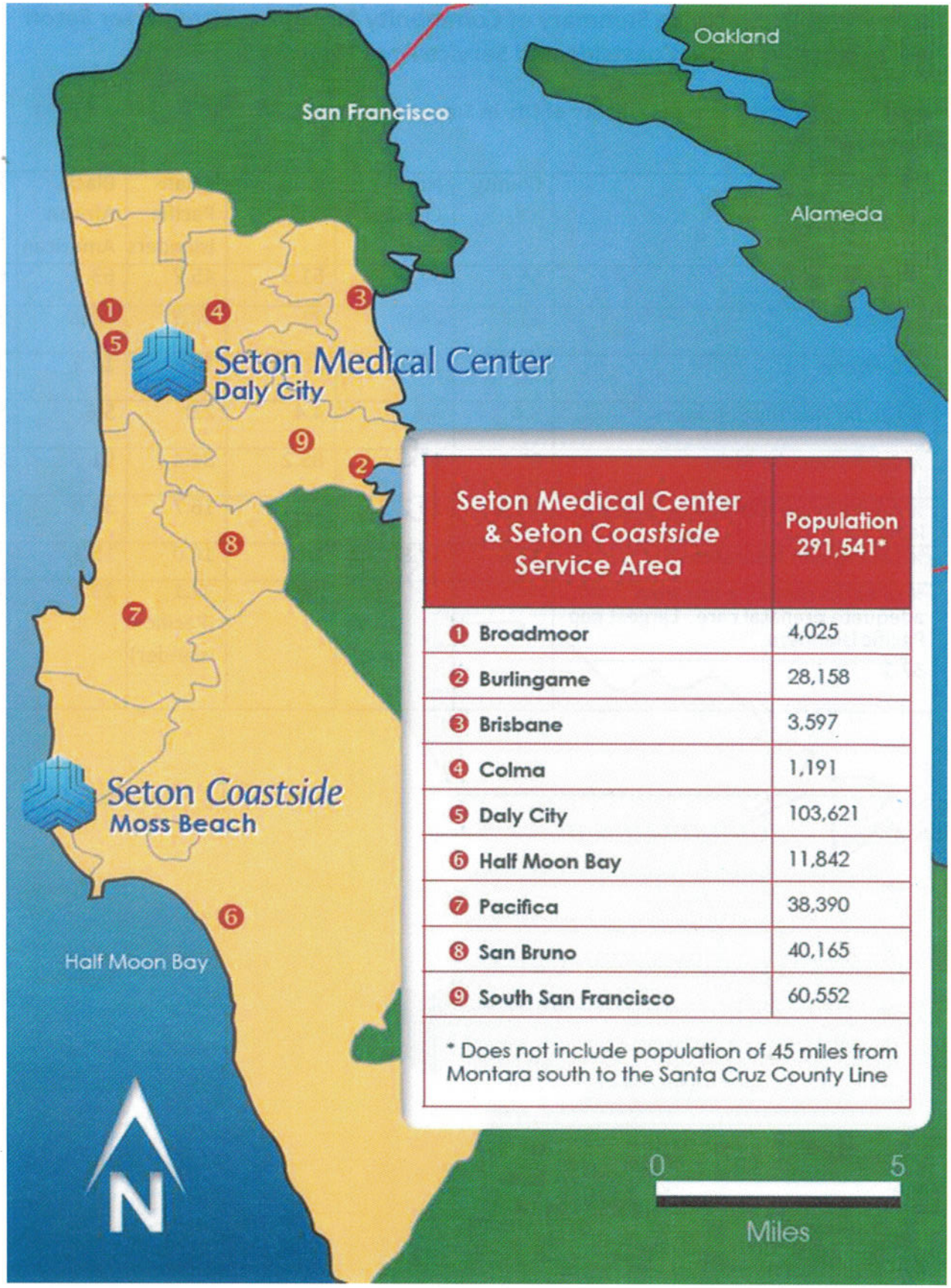
Chronic disease (both age-related and due to disabilities)	**Stanford Hospital & Clinics**
	
	• Strong for Life: free group exercise program @ Fair Oaks, Menlo Park, East Palo Alto sr. centers = strength, mobility, balance
	• Matter of Balance: free program at seniors center
	• Chronic Disease Self Mgmt workshops at Fair Oaks, Menlo Park, East Palo Alto sr. centers
	• Stanford Health Library
	
	Sequoia Hospital
	
	• Live Well Workshops –Managing Chronic Disease – collaboration with Sequoia Healthcare District.
	• Support Groups for:
	  ○ Food Allergy-SF Bay Area
	  ○ Hepatitis C
	  ○ Infertility Relaxation & Guided Meditation
	  ○ Meniere's Disease
	  ○ Osteoporosis
	  ○ For Those in Pain
	  ○ Pacific Chapter, Neuropathy Association	

Health Need	San Mateo County Hospitals' Investments/Assets	San Mateo County Community Partner Investments/ Assets
Health of older adults	• **Matter of Balance:** free program at seniors center Chronic Disease Self Mgmt workshops at Fair Oaks, Menlo Park, East Palo Alto Sr centers • **Financial support for SMC** • **Fall Prevention Task Force** • **Stanford Health Library** • **Lifeline** - in-home emergency response service for seniors regardless of ability to pay. $50,000 in free or reduced cost subscriptions to 374 low-income seniors in FY12 **Sequoia Hospital** • Belmont Library, monthly Maturing Gracefully lecture series. • Peninsula Family YMCA Healthy Living Committee member **Kaiser Permanente San Mateo Service Area** • Supports the health of the Aging Population through its partnerships with Peninsula Jewish Community Foundation, Redwood City Parks and Recreation, Daly City Partnerships, Project HART, and more. **Mills-Peninsula Health Services** Offers robust support for senior adults through its Senior Focus program, including Adult Day Health, Alzheimer's Day Care, Foster Grandparents and Senior Companions, as well as caregiver training, educational lectures and screenings.	• Foster Grandparents and Senior Companions

Attachment D: Executive Summary of Community Needs Assessment for Seton Medical Center/ Seton Coastside and Service Area Map

Summary of Key Indicators of Quality of Life in San Mateo County for 2013 for Service Area and by Ethnicity

	County	North County	Coastside	Asian-Pacific Islanders	Blacks African American	Hispanic Latino
% Overweight	55.4	57.6	61.5	45.7	63.3	61.5
% Obese	21.7	24.6	21	12.3	30.2	31.4
% Diabetic	10	13.9	7.9	10.5	14.9	10.8
% Exhibit Healthy Behaviors	5.4	4.6	4.4	2.9	5.6	5.8
% Cardiovascular Risks	85.4	87.6	85.2	84.4	91	86.5
% Adults living 200% below poverty level	18.9	19.7	13.6	16.7	33.0	37.8
% Lack Health Insurance	12.3	17.8	14.1	14.0	15.1	17.5
% of births receiving less than adequate prenatal care. Largest gap Pacific Islanders 37.1				37.1 (Pacific Islander)	23.4	22.9



Seton Medical Center & Seton *Coastside* Service Area	Population 291,541*
1 Broadmoor	4,025
2 Burlingame	28,158
3 Brisbane	3,597
4 Colma	1,191
5 Daly City	103,621
6 Half Moon Bay	11,842
7 Pacifica	38,390
8 San Bruno	40,165
9 South San Francisco	60,552

* Does not include population of 45 miles from Montara south to the Santa Cruz County Line