2012
Community Benefit Report
FOR THE FISCAL YEAR ENDING JUNE 30, 2012

El Camino Hospital District
This publication includes a report of Community Benefit activities for fiscal year 2011–2012 for both the El Camino Hospital District and El Camino Hospital. For clarity, the report is divided into two sections, each with a description of programs, highlights of the year’s accomplishments, and a financial summary.

El Camino Hospital District and El Camino Hospital’s Community Benefit Programs are funded separately, and each is focused on a distinct geographical area. The goal is the same: to make meaningful investments in the community that will help ensure individuals — especially the less fortunate — receive the health care they need, and to fund programs and activities that are working to improve the health and wellbeing of the community as a whole.

More detailed information — including 2012 Community Benefit Plans for both El Camino Hospital District and El Camino Hospital, the 2012 Community Benefit Reports for both, as well as past Community Benefit Reports — can be found at www.elcaminohospitaldistrict.org/Community_Benefit and www.elcaminohospital.org/BenefitReport.
2012 COMMUNITY BENEFIT REPORT

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TWO COMMUNITY BENEFIT REPORTS, ONE GOAL: BETTER HEALTH FOR THE COMMUNITY

EL CAMINO HOSPITAL DISTRICT COMMUNITY BENEFIT PROGRAM
The El Camino Hospital District has made a major commitment to the community through its yearly allocation of funds to local nonprofit agencies, school districts, and government-funded programs. The goal is to make a meaningful impact on the health of the community — specifically, underserved residents of the El Camino Hospital District.

El Camino Hospital District Community Benefit funds, which focus on programs that serve residents of the District, are approved each year by the El Camino Hospital District Board of Directors and administered by the hospital’s Community Benefit staff.

EL CAMINO HOSPITAL COMMUNITY BENEFIT PROGRAM
As a nonprofit organization, El Camino Hospital upholds its responsibility to give back to the community through designated community benefit activities such as charity care, subsidized health services, education, training for health professionals, and addressing shortfalls in reimbursement from government programs such as Medi-Cal. In addition, the hospital collaborates with local nonprofit agencies and other community partners to provide care and promote health in response to the documented health needs of the community.

El Camino Hospital Community Benefit funds — which focus on programs serving residents in the hospital’s wider service area including West San Jose, Campbell, and Los Gatos — are approved each year by the El Camino Hospital Board of Directors and administered by the hospital’s Community Benefit staff.

“Both the El Camino Hospital District and El Camino Hospital take one of the most thorough and thoughtful approaches to grant-making in the community. Through this strategic and metrics-based approach, organizations dedicated to serving those in need in our community are better able to evaluate the impact of their work and can then leverage these strengths as they go forward in this most vital work.”

– Cecile Currier, vice president of Corporate & Community Health Services, El Camino Hospital, and CEO of CONCERN: EAP
COMMUNITY BENEFIT

Both the El Camino Hospital District and El Camino Hospital follow national guidelines* when planning their annual Community Benefit Programs. To qualify as community benefit, programs and activities must do the following:

• Improve access to health care services
• Enhance the health of the community
• Advance medical or health knowledge
• Relieve or reduce the burden of government or other community efforts
• Provide charity care that does not include bad debt, contractual allowances, or quick-pay discounts

*Developed by the Catholic Health Association.

A COMMON FOUNDATION

The foundation of El Camino Hospital District and El Camino Hospital’s Community Benefit Programs is the Community Health Needs Assessment, conducted every three years by the Santa Clara County Community Benefit Coalition led by the Public Health Department. El Camino Hospital is a member of this coalition and sits on the executive committee. The most current needs assessment is the 2010 Santa Clara County Health Profile Report. A new assessment will be completed in 2013.

Each year, El Camino Hospital Community Benefit staff, who oversee and administer the two Community Benefit Programs, prepare individual Community Benefit plans for the District and the hospital. The Community Benefit Advisory Council, which consists of board representation, members of the community, and hospital leadership provide input.

Each plan is developed using data from the Health Profile Report as well as information brought forward by existing and potential funding partners. The El Camino Hospital District Community Benefit Plan outlines programs that will serve residents of the District, which includes Mountain View, Los Altos, Los Altos Hills, Sunnyvale, and a portion of Cupertino. The El Camino Hospital Community Benefit Plan outlines the programs the hospital will support in the coming year in communities outside the El Camino Hospital District, which include Campbell, Los Gatos, Saratoga, West San Jose, and parts of Cupertino.

Both plans focus on the following areas of need:

• Increasing access to primary and preventive care services
• Reducing obesity and encouraging healthy active lifestyles for long-term health
• Enhancing emotional wellbeing by increasing access to mental health services
• Meeting the special needs of vulnerable populations such as seniors and the homeless
OUR COUNTY’S HEALTH AT A GLANCE

Santa Clara County residents, as a whole, enjoy better health than most of California and the rest of the country, according to the Santa Clara County 2010 Health Profile Report — yet negative trends and disparities exist. Low-income individuals typically have inadequate access to medical and dental services. Disparities also exist due to gender, race, and ethnicity. The data also shows that risk factors affecting the local population include obesity, poor nutrition, and untreated mental and emotional problems.

1 ISSUE: Increasing access to primary and preventive care services

- Santa Clara County has one of the highest median incomes in the nation, but one in 10 children and one in 12 adults live below the federal poverty level
- About two in 10 adults ages 18–64 in Santa Clara County do not have health insurance, including three in 10 African Americans and four in 10 Hispanics
- Over the past decade, the percentage of uninsured adults has more than doubled
- In 2012, the unemployment rate was 8.2 percent; 74,000 adults did not have jobs
- One-third of adults do not have dental insurance
- The percentage of adults not able to see a doctor due to cost or lack of insurance (5 percent in 2000) has more than doubled (13 percent in 2009)

2 ISSUE: Reducing obesity and encouraging healthy active lifestyles for long-term health

- More than half of adults and a quarter of middle and high school students in the county are either overweight or obese
- Only 37 percent of students attend daily physical education classes
- 10 percent of adults and nine percent of middle and high school students are smokers
- One in four adults and nearly one in eight middle and high school students engage in binge drinking

3 ISSUE: Enhancing emotional wellbeing by increasing access to mental health services

- 33 percent of individuals surveyed reported their mental health was not good at least one day in the past 30 days
- This number is higher among adults ages 18–24 (55%), women (35%), Hispanics (41%), and African American adults (47%)
- 77 percent of youth said access to and use of drugs and alcohol were a serious threat to their success

4 ISSUE: Meeting the special needs of vulnerable populations such as seniors and the homeless

- Seniors, especially those who are low-income or medically frail, experience multiple, critical medical and social needs
- More than one in 10 Santa Clara County residents are age 65 and older; the number of seniors is expected to double by 2050
- Approximately 5 percent of seniors reported they had more than 15 days of poor mental health
- About 6 percent of seniors reported that they were currently receiving counseling from a mental health professional
- 18 percent of all suicides in Santa Clara County are committed by seniors
- Seniors have an average of three chronic conditions requiring medical care
How the plans are developed
A strength of both the El Camino Hospital District and the El Camino Hospital Community Benefit Programs is the thorough selection process used to determine each year’s grantees. Community Benefit staff review the grant applications and schedule meetings and onsite visits with existing and potential partners.

Staff then work collaboratively with potential partners to develop plans that reflect both local health needs and those outlined in the Health Profile Report.

Criteria for selecting partners
• Must be a health-related, local nonprofit organization, government-sponsored health program, school district, or community coalition
• Must be well-established and respected, with a history of strong service to the community
• Mission must be to serve the underserved, address health disparities, and meet documented health needs
• Program directors should be respected and highly competent; the organizations themselves must demonstrate a competence to address the identified needs
• High value goes to funding programs and partnerships that emphasize collaboration as a way to enhance effectiveness and avoid duplication of services

Expectations of partners
Partners must demonstrate rigorous accountability in return for investment of El Camino Hospital District and El Camino Hospital Community Benefit funds. Each prospective partner must submit a proposal that includes an overview of the specific program for which the funds are requested, a description of the measurable impact of the program being funded, activities, budget, and key personnel.

Once selected, partners are given reporting guidelines which include quarterly volume reports, an interim report at six months with metrics, and an annual report with a full year of data and metrics. All program results are summarized in a six-month and a year-end report. Annual Community Benefit Reports are submitted to the Office of Statewide Health Services Planning and Development (OSHPD) and are also distributed to the community.
DEAR FRIENDS,

The El Camino Hospital District was established by voter approval in 1956 in response to the need for a hospital that would serve the health care needs of residents living in Mountain View, Los Altos, Sunnyvale, and surrounding communities. In the years since El Camino Hospital opened, the District’s five publicly elected or appointed representatives, as stewards of this valuable asset, have always had the health of the community as their highest priority.

Five years ago, the El Camino Hospital District Board took this commitment even further by establishing a robust Community Benefit Program, funded through annual District tax receipts, that would help meet the health care needs of residents of the District with limited access to care. Through these Community Benefit funds, local nonprofit agencies, school districts, and government-funded programs have been able to expand the scope and size of their programs, especially important during the recent economic downturn.

The Board’s innovative approach to Community Benefit funding — asking partners to establish annual goals and measure the effectiveness of their programs — has led to partners themselves seeking new and innovative ways to improve the health of our fellow District residents. School programs such as Playworks and HealthTeacher, for example, focus on the health of children now, but with an eye to their futures as well. When children are encouraged and taught to make good food choices and to be more active, they will be less likely to be obese as adults. Obesity, as we know, is one of our country’s most pressing health concerns.

Improving the community’s health is a team effort — no one provider, agency, or program can do it alone. As this important mission continues, the El Camino Hospital District remains committed to the work that began five years ago: using our resources to make a meaningful difference in the health and quality of life for members of our community.

Sincerely,

John Zoglin
Chairman
El Camino Hospital District Board of Directors
The El Camino Hospital District is committed to closing gaps in health care access that adversely affect the health and wellbeing of individuals in our community and is a vital funding partner for school districts, non-profit organizations, safety net clinics, and government programs. These organizations are working with the El Camino Hospital District to achieve a common goal: to significantly impact persistent unmet health needs in our community.

Funds for these community health improvement programs come from a portion of annual property taxes collected by the District, which are then awarded to programs that serve residents within the boundaries of the El Camino Hospital District (see map, page 35).
“The El Camino Hospital District was established by voters 50 years ago to create a hospital close to home, where District residents could receive quality medical services in a hospital that was owned and governed by the residents of the District. Like every public agency, we are continuously seeking to improve our transparency and public accountability. As trustees of this valuable asset, we are proud of our ability to continue delivering on the District’s mission to provide medical facilities and quality health care services for the people we serve.”

– Wes Alles, member, El Camino Hospital District Board of Directors

**ISSUE:** Increasing access to primary and preventive care services

In 2012, the El Camino Hospital District invested more than $5.5 million in community partnerships that help individuals in the District who lack adequate resources to get the health care they need for themselves and their families.

**MEETING BASIC NEEDS**

**RotaCare Clinic, Mountain View**

The RotaCare Clinic on the campus of El Camino Hospital in Mountain View provides primary care and specialty services to area residents in need, such as families of the working poor, individuals who are temporarily out of work and uninsured, as well as individuals who cannot afford health insurance. The clinic also provides health screenings and chronic disease management. A dedicated staff and volunteer physicians, nurses, pharmacists, and interpreters provide medical services. The clinic is dependent on a number of funding sources, a major portion of which is El Camino Hospital District Community Benefit funds.

- Patients served: 2,700
- Services provided: 16,031
- Patients complying with mammography referrals: 85%

**MayView Community Health Center**

In Mountain View, home of some of Silicon Valley’s most successful high-tech companies, one in five residents is living below 200 percent of the federal poverty level. MayView Community Health Center, a nonprofit community clinic providing primary care services to low-income families, is an essential part of the health care safety net and a medical home for many low-income patients. El Camino Hospital District Community Benefit Program helps to fund a primary care physician and vaccinations for more than a thousand people annually.

- Patients served: 1,145
- Chronic asthma patients on long-term medications: 87%

**El Camino Hospital Immunization Program**

The risk of communicable disease is a significant problem in the community, especially among the underserved. Santa Clara County has the third-highest tuberculosis (TB) rate in California; four in five TB cases are among Asian Pacific Islanders. El Camino Hospital District Community Benefit Program funds help prevent the spread of infectious diseases such as tuberculosis, flu, pneumonia, and hepatitis in the community.

- Patients served: 3,244
- Immunizations provided: 9,666
Valley Health Center, Sunnyvale

Valley Health Center, a community clinic that serves low-income families in northern Santa Clara County, has developed a "medical home" where patients receive all the care they need in one place. The clinic also offers full-service dental care, a vital resource not readily available to individuals without insurance or funds to pay for the care.

Now in its third year, El Camino Hospital District’s partnership with Santa Clara Valley Medical Center was recently recognized in a resolution from the Santa Clara County Board of Supervisors (on page 12).

- Patients served: 4,229
- Number of encounters: 10,360

A ROUTINE GYNECOLOGICAL EXAM SAVED SARA’S LIFE.

Sara, 37, had come to the RotaCare Clinic for another health issue but also signed up for a gynecological exam. When she saw the volunteer gynecologist, she mentioned a lump in her left breast, which was verified during the examination. Sara was sent to get a diagnostic mammogram, which was then interpreted by an El Camino Hospital radiologist who recommended an urgent biopsy.

Immediate action was needed but several hurdles arose: a large case load at Valley Medical Center as well as financial issues that were frightening to the unemployed Sara. Fortunately, just at this time, RotaCare was planning a Surgery Day for its patients in partnership with Palo Alto Medical Foundation (PAMF). PAMF not only agreed to do the diagnostic surgery for free but also to handle Sara’s case from there on out. They assembled an oncology team to review her condition and develop a plan of action, which included blood work, x-ray, biopsy, chemotherapy, MRI, and a follow-up with an oncologist.

Sara reports that she feels good (and tremendously relieved) and her doctors can no longer detect any lumps in her breast. Her routine gynecological appointment at RotaCare caught the cancer when there was still a very good chance of successful treatment.
RESOLUTION

WHEREAS, cuts in California’s state budget have resulted in reductions in coverage for critically important preventive services for Santa Clara County residents using Medi-Cal, and many more people have recently been left without health care coverage due to recent economic constraints across the country, and...

WHEREAS, El Camino Hospital District has donated $3,814,000 over the past three years to underwrite otherwise unfunded services at Valley Health Center in Sunnyvale, and...

WHEREAS, the partnership between El Camino Hospital District and Santa Clara Valley Medical Center is a model of collaboration between a public health system and a nonprofit hospital district to meet their shared goal of improving our community’s health...

BE IT RESOLVED that the Board of Supervisors of the County of Santa Clara of the State of California does hereby commend and thank the El Camino Hospital District for its dedication to the health of the people of Santa Clara County and the partnership it has undertaken to make the most cost-effective, direct use of its funds to benefit the health of our community.

Children’s Dental Center, Sunnyvale

Now in its second year of operation, the Children’s Dental Center of Sunnyvale is serving low-income families who have little or no access to much-needed oral health services. The clinic is sponsored by the Health Trust, with funding from the El Camino Hospital District and First 5 Santa Clara County.

- Number of visits: 5,814
- Treatments and procedures: 23,237

Sunnyvale Community Services

According to the Santa Clara County Health Profile, 16 percent of Sunnyvale residents and one-fifth of children under age 18 are living below 200 percent of the federal poverty level. The impact of the recession, with layoffs and home foreclosures, has likely made these numbers higher. Support from El Camino Hospital District Community Benefit funds allows Sunnyvale Community Services to provide financial aid for food, medicine, and medical supplies for low-income residents in Sunnyvale.

- Clients served: 622
Lucile Packard Teen Health Van
Twenty percent of children under the age of 18 in Mountain View live below 200 percent of the federal poverty level. The Lucile Packard Teen Health Van, with its mobile health care services, is a critical health care safety net program in the community. The Teen Health Van makes regular visits to schools in the Los Altos-Mountain View High School District, providing primary and preventive health care services for homeless and at-risk students. In collaboration with Lucile Packard Children’s Hospital, El Camino Hospital District Community Benefit Program funds support the service at one high school.

- Students served: 128
- Services provided: 376

Healthy Kids
Healthy Kids is a locally funded health insurance program that covers children who do not qualify for Medi-Cal or the Healthy Families program. With budget cuts and the defeat of Measure A in 2010, coverage has been available to fewer children. Because of funds from the El Camino Hospital District Community Benefit Program, 200 low-income children have comprehensive health care coverage.

“We cannot do our work without the support of the El Camino Hospital District, which brings not only an unparalleled understanding of the District’s health care needs, but the funding that made this dental clinic a reality.”

– Todd Hansen, chief operating officer,
The Health Trust

A THANK YOU FROM SCHOOL NURSES
Barbara Avery, director of Community Benefit, was chosen as the 2012 recipient of the California School Nurses Organization’s Lyda Smiley Award, which honors an outstanding person, other than a school nurse, who has made a significant contribution to the wellbeing of children and the practice of school nursing.

“Barbara, you have been the ‘face’ of the El Camino Hospital District and El Camino Hospital as you implemented the Community Benefit Program,” the award reads. “The services represented make a significant difference for those who are at risk and vulnerable in our community. With the increase in school nurse staffing made possible by the El Camino Hospital District and El Camino Hospital, approximately 38,000 students and their families in Santa Clara County have benefited from increased access to vision care, dental care, and better management of chronic diseases.”

– Katherine Waugh, RN, MS, CNS, president,
California School Nurses Organization
School Health Program

A centerpiece of the El Camino Hospital District’s Community Benefit Program is the school health program, which funds additional school nurses and health aides for elementary and middle schools in the District. The District’s Community Benefit Program also funds children’s school programs that are working to promote health education and active, healthy lifestyles for long-term health.

School nurses

Schools are a hub where many students and their families receive needed health care services. In today’s schools, where mainstreaming (in which special-needs students are incorporated into traditional classrooms) is the norm, school nurses see more medically fragile children, including cancer patients, diabetics, or handicapped children needing special procedures. School nurses provide first aid as well as immediate emergency care such as when a child suffers from a severe food allergy. These additional nurses ensure children are safer in their schools than they were before. With screening and follow-up services, children are receiving the help they need to be healthier physically, mentally, and emotionally.

Mountain View-Whisman School District

The school district has seven elementary schools and two middle schools. The school population is highly diverse, with a large percentage coming from low-income, underserved families. El Camino Hospital District Community Benefit funds have made it possible to add two nurses and a health aide to the staff.

• Students served: 3,353

Sunnyvale School District

With funding from the El Camino Hospital District Community Benefit Program, the Sunnyvale Unified School District has been able to hire an additional school nurse as well as a health aide for students in eight elementary and two middle schools. School district leaders also report that one of the greatest problems among the schools is the lack of mental health services. This is especially true in low-income schools, where many children struggle with emotional difficulties and there are few resources available to help them. Other issues facing the schools are truancy and bullying. With El Camino Hospital District Community Benefit funds, mental health and counseling services provided by the Community Health Awareness Council are now available to at-risk students in all 10 Sunnyvale School District’s schools.

• Students served: 3,404

Cupertino Union School District

The Cupertino School District includes schools that fall both within and outside of the El Camino Hospital District boundaries. Funding for the salary of a nurse and a health aide is split between El Camino Hospital and the El Camino Hospital District. The increased staffing has helped to expand student access to health, dental, and vision screenings, as well as health education programs and services for special-needs students.

• Students served: 3,294

“As a grantee of the El Camino Hospital District Community Benefit Program for three years, we have been able to make a difference in the lives of more than 14,000 Mountain View students at a critical point in their lives. The grants have enabled us to provide school nursing services, counseling, and crisis intervention. In today’s challenging funding environment, it is rare to find a granting organization so integrated and involved in the health of the community.”

– Craig Goldman, superintendent, Mountain View-Whisman School District
ISSUE: Reducing obesity and encouraging healthy active lifestyles for long-term health

According to the Centers for Disease Control and Prevention, childhood obesity has more than doubled in the past 30 years. In 2008, more than one-third of children and adolescents were overweight or obese. Obesity has a major impact on health, both short and long term. Doctors are seeing more children with prediabetes, high cholesterol, and elevated blood pressure. Children who are obese also suffer from social and psychological problems such as not being accepted among peers, bullying, and low self-esteem. In the long term, obesity can lead to heart disease, diabetes, cancer, and arthritis.

Responding to this growing public health concern, the El Camino Hospital District Community Benefit Program each year funds programs that are working to lower the risk of obesity among children. These programs emphasize healthy lifestyle habits — such as good nutrition and physical activity — and reinforce the impact that school nurses have on children’s health.

INVESTING IN CHILDREN’S LONG-TERM HEALTH

Bay Area Women’s Sports Initiative (BAWSI)

Bay Area Women’s Sports Initiative (BAWSI) is an after-school fitness and confidence-building program that introduces young girls to physical activity. The girls are coached by college and high school female student athletes. An exercise and nutrition program provided at school helps mothers become physically active and learn better ways to cook, shop, and eat. BAWSI is offered at Theuerkauf Elementary School in Mountain View, a Title I school.

5210 Program

In collaboration with the Palo Alto Medical Foundation, El Camino Hospital District funds are supporting a school-wide health campaign called 5210 in four low-income elementary schools in the Sunnyvale School District and one school in the Mountain View-Whisman School District.

The program promotes certain daily activities that enhance health. Children pledge to eat five or more fruits and vegetables, have two hours or less of screen time, one hour of physical activity, and no sweetened beverages.

5210 also includes school assemblies, meetings with parent groups, goal setting with achievement prizes, and integration into the Playworks program.

A SUCCESSFUL END TO A YEAR OF MENTORING

The BAWSI girls, all wearing their purple t-shirts, threw a thank you party for Miyoko, their head coach, at the end of the season. During her frequent recess and lunch visits, Miyoko had talked about the importance of eating lots of fruits and vegetables. So it was a pleasant surprise for Miyoko to see the girls bring a variety of fruit and other healthy snacks instead of traditional party food. In response to the program and the coaching they are receiving from their mentors, the girls have been positive, saying they like the exercise, are having fun, and are making new friends. “I feel like a winner,” one girl said.
Playworks

Playworks, a nonprofit organization that first started in Berkeley and is now in schools nationwide, works to give children plenty of opportunities for physical activity and safe, meaningful play during their school days. The goal is to increase children's physical activity and foster a better social climate.

El Camino Hospital District Community Benefit Program funds the Playworks program at several local schools in the District.

- Students served: 2,084
- Principals reporting decrease in suspensions, referrals, and/or fights: 94%

HealthTeacher

An online health education curriculum for K–12 teachers, HealthTeacher gives them an opportunity to fit important health information into the day’s learning. The various lessons help students increase their health literacy and learn how to avoid risky behaviors such as alcohol consumption, tobacco use, poor nutrition, and inactivity. El Camino Hospital District partners with Lucile Packard Children’s Hospital to provide HealthTeacher to local schools in the District.

- Schools served: 31
- Teachers reporting satisfaction with program: 90%

West Valley Community Services

A nonprofit agency located in Cupertino, West Valley Community Services (WVCS) provides basic services for individuals in need. Low-income families and individuals have access to food pantries through the Raising a Healthy Eater Program, and they learn about nutrition, the causes of obesity, and how healthy lifestyle choices are possible, even when resources are scarce. El Camino Hospital District funds help support this program and other services that assist families and children in need.

- Clients served: 714
- Clients enrolled in CARE Case Management Program: 81%

The 5210 Program has had a huge impact on Lakewood Elementary School. Teachers continue to comment about how their students’ attitudes have changed in regards to health and fitness.

“When a first grader approaches you and says, ‘Look, I am eating an apple for a snack,’ you know the program is working.”

- Kevin Davis, 5th grade teacher, Lakewood

“Thank you for providing my daughter and me with the opportunity to participate in the cooking classes. We’re learning to make great meals.”

- Leticia, parent, San Miguel Elementary

“It is very surprising how much sugar can be in what I think are healthy drinks!”

- 5th grader, San Miguel Elementary
ISSUE: Enhancing emotional wellbeing by increasing access to mental health services

Through partnerships with local mental health services agencies, the El Camino Hospital District Community Benefit Program provides psychiatric treatment and counseling for individuals in its community who have emotional issues such as stress and anxiety. When mental health and emotional issues are neglected, physical health can suffer.

Support for Our Teens

Community Health Awareness Council

The 2010 Health Profile Report documented an unhealthy level of serious, risk-taking behaviors among the county’s youth. To address this issue, the Community Health Awareness Council, a nonprofit mental health services agency in Mountain View, offers a number of counseling and therapy programs for children, adults, and families.

El Camino Hospital District Community Benefit Program funds support the Teen Talk and Prevention Plus programs in the Mountain View-Whisman and Sunnyvale School Districts. Through these programs, students and families work on issues such as smoking, substance use, bullying, family problems, and depression.

- Students served in Teen Talk program: 614
- Students served in Prevention Plus program: 922

Filling the Gaps in Mental Health Services

Momentum for Mental Health

Momentum for Mental Health helps people achieve mental and emotional wellbeing. El Camino Hospital District Community Benefit funds support psychiatric evaluations, medication management, and case management for individuals with no insurance or resources to access mental health services.

- Patients served: 161
- Services provided: 1,601
ISSUE: Meeting the special needs of vulnerable populations such as seniors and the homeless
Fulfilling its responsibility to all citizens in the community, El Camino Hospital District Community Benefit funding provides help for vulnerable populations such as seniors, the homeless, and individuals with barriers — such as cultural differences — that make it hard to access basic medical care.

CULTURALLY SENSITIVE PROGRAMS

Alzheimer’s Association
El Camino Hospital District Community Benefit Program funds support the efforts of the Alzheimer’s Association through its Chinese Dementia Initiative to increase awareness of the disease among the local Chinese community and to build a network of care for Chinese families coping with the disease. Funds support staffing, the development of educational materials, public awareness efforts, and a half-day Chinese Caregiver Conference.

- Participants served: 750
- Chinese caregivers given training and resources for dementia care: 538

South Asian Heart Center
Research shows that individuals of South Asian descent are disproportionately affected by coronary artery disease and diabetes, compared with the general population. A large number of South Asians live in the communities served by the El Camino Hospital District. District Community Benefit Program funds help the center screen and educate members of this group about how to manage their cardiac risk factors. Special emphasis is placed on screening underserved or uninsured individuals.

- Participants: 928
- Underserved/uninsured individuals screened: 250

GIVING SENIORS A HAND

RoadRunners Transportation Program
Lack of transportation has a huge impact on the health and safety of many seniors. Not being able to drive or access public transportation is a major barrier for seniors in keeping medical appointments and remaining independent. For 26 years, the RoadRunners Transportation Program, with its corps of experienced, friendly volunteer drivers, has provided thousands of rides a year to seniors and others in need.

- Clients served: 1,133
- Rides provided: 13,054
Mountain View Community Services Agency
By 2050, Silicon Valley will see a 50 to 75 percent increase in the number of residents over 65, with the fastest rate of growth among individuals 85 or older. Seniors typically develop multiple chronic medical conditions requiring many health services. El Camino Hospital District Community Benefit Program funds provided a case management program for seniors with chronic illnesses, helping them find community resources. This service helps seniors avoid unnecessary emergency department visits, hospitalization, and institutionalization, allowing them to remain independent.

- Patients served: 78
- Patients maintaining independent living outside institutional setting: 97%

New Directions
Among the medically underserved are individuals who are homeless or who live in unstable housing. Two-thirds of these individuals also have mental health and/or substance abuse problems, and most are disabled. They are frequent users of hospitals’ emergency departments, some making eight or more visits a year to one or more hospitals. New Directions is a collaboration between the Hospital Council of Northern and Central California and local hospitals. The program helps individuals find medical care, mental health services, substance abuse services, and assistance in finding permanent housing and employment. El Camino Hospital District funding enabled the program to expand its capacity by 50 percent this year.

- Patients served: 27
- Services provided: 596

Pathways Home Health and Hospice Agency
El Camino Hospital District Community Benefit funds enable Pathways to serve patients who need — but are unable to afford — hospice care.

- Patients/families served: 77
- Patient/family satisfaction with hospice services: 96%

PROGRAM RESTORED HEALTH AND DIGNITY
Richard, who has been homeless for more than 20 years, was recently living in his wheelchair behind a gas station. Because he was suffering from a severe infection in both legs, he was spending 24 hours a day in the chair. His hygiene was so poor that bus drivers would not let him on the bus.

Richard was eventually admitted to the hospital. At discharge, he was referred to the Medical Respite Program, where he spent six weeks recovering from the wounds on his legs. While at Medical Respite, he worked with his case manager and the Medical Respite staff to apply for benefits and find housing. He is now living in a studio apartment of his own. His case manager has connected him to critical medical services and Richard has gone from being unable to move from his wheelchair to being able to stand and walk on his own for short periods of time.
SENIORS CALL ROADRUNNERS’ DRIVERS THEIR “SAVIORS”

For one client, the service provided by RoadRunners is not just convenient, it’s essential to her survival. In frail health for many years, she’s scheduled a trip to the hospital every two weeks for a lab procedure or to check in with her doctor. In addition, she’s had several unscheduled hospital admissions and has had to depend on RoadRunners to get her there.

“Because we know her situation, we drop what we’re doing if she calls,” says Betty Smith, RoadRunners office coordinator. “We know how much she is depending on us.

“Despite living in a large population area, many seniors find themselves without family or good friends nearby. Often they have no one to depend on for transportation. Betty continues, “That’s where RoadRunners comes in. Our drivers are volunteers, but they’re known as ‘saviors’ to many of our clients. The thanks go both ways, however. The people we meet in this service, with all their wisdom and experience, give us so much in return.”
SPONSORSHIPS

El Camino Hospital District’s Community Benefit Program also sponsors a number of local nonprofit organizations and government agencies that fill critical gaps in health care services and address health disparities.

Association of Fundraising Professionals – Philanthropy Day
Aging Services Collaborative
Alzheimer’s Association
Bay Area Women’s Sports Initiative (BAWSI)
Cancer Support Community
Chinese American Coalition for Compassionate Care
City of Sunnyvale – Senior Center
Community Health Awareness Council
Community Service Agency – Mountain View
K.I.D.S. 5K Run
Los Altos Rotary Endowment – Senior Health Fair
Mountain View Police Activities League – Youth Camp
National Alliance for Mental Health (NAMI)
Pathways Hospice Foundation
RotaCare Bay Area
Santa Clara Family Health Foundation – Healthy Kids
Sunnyvale Community Services
Sunnyvale Senior Center
VMC Foundation

FINANCIAL ACCOUNTING

Grants .................................................. $5,152,570
Sponsorships ........................................... $154,469
Government-sponsored health care (Healthy Kids program) ......................... $200,000
Total Fiscal Year 2011–2012 El Camino Hospital District Community Benefit .......... $5,507,039
DEAR FRIENDS,

Throughout our 50-year history, El Camino Hospital has been a trusted resource in the community for emergency and medical care. As a nonprofit organization, we have taken this responsibility further by offering a number of programs and services that allow us to give back to the community that supports us. Among these are Community Benefit programs that include charity care, free and low-cost services, education and training for future providers, and partnerships with community organizations that are striving to ensure that all individuals have a chance to get the health care they need for themselves and their families.

This 2012 Community Benefit Report shows the work that El Camino Hospital is doing to respond to the documented health needs of our community — especially the needs of people who lack resources and access to health care. The report also shows some of the community outreach activities we are investing in which we believe will impact the lives and health of future generations. For example, we are investing funds to help young children from low-income families get off to a healthier start through the Early Head Start program. With the additional school nurses funded by our Community Benefit Program, elementary school children have preventive screenings and follow-up care. Our high schoolers, who are vulnerable to risky behaviors such as drug and alcohol abuse, are able to get counseling during crisis situations through EMQ (formerly Eastfield Ming Quong) FamiliesFirst programs.

Our commitment to the health of the community starts with Community Benefit, but does not stop there. We partner with other community providers, working together to improve the health of individuals throughout their lives — through prevention, education, access to primary care, chronic disease management, and help with decision-making for end-of-life care. Keeping yourself well is very much a personal responsibility; nevertheless, we want to be your partner in helping you achieve your own health goals.

Sincerely,

Tomi Ryba
CEO and president
El Camino Hospital
SERVING THE COMMUNITY FOR MORE THAN 50 YEARS

Throughout its history, El Camino Hospital has been a community hospital in every sense of the word, ensuring that residents of the community have access to the health care they need — including 24/7 emergency services, mental health programs, maternity care, expert medical and surgical treatment, as well as health promotion activities such as access to care, screenings, mental health services, and community education.

As a nonprofit organization, El Camino Hospital upholds its responsibility to give back to the community through designated Community Benefit activities, as well as through community health improvement programs, which are developed to provide treatment or promote health and healing in response to the documented health needs of the community.
WHEN EXTRA HELP IS NEEDED

“In El Camino Hospital’s Patient Financial Services Department last fiscal year, we were able to help 77 patients obtain Medi-Cal eligibility through our Medi-Cal eligibility assistance program. These patients presented through the Emergency Department or were direct admissions and were uninsured.

“We meet with all uninsured patients who are admitted to the hospital and conduct an initial screening to determine if the patient is eligible for Medi-Cal. If the patient is a potential candidate for these programs, we will assist them with the application process, interviews, and anything else they need.

“I remember one patient especially who came to the Emergency Department for treatment. He had lost his job and was homeless. We helped him successfully apply for Medi-Cal and state disability. His health care needs were taken care of, his health has recovered, and he is back to work. It is so satisfying to be able to help.”

– Ted Smith, interim director, Patient Financial Services

ISSUE: Increasing access to primary and preventive care services

Lack of access to basic health care is a serious issue for people in our community. Individuals and families forgo medical treatment because paychecks often will not stretch far enough to afford visits to a doctor. When a serious problem arises, people who cannot afford treatment go to hospital emergency departments, underlying conditions go untreated, and chronic conditions go unmanaged.

El Camino Hospital provides care for individuals in need through hospital services as well as through community programs. Both support the hospital’s commitment to Community Benefit.

MAKING SURE NO ONE GOES WITHOUT CARE

Charity care

Any individual who cannot pay the bill for emergency services or the cost of a hospital stay and who meets the hospital’s guidelines for charity care is eligible for a reduction or even the elimination of a hospital bill. The policy for both inpatients and outpatients applies to patients who are uninsured, underinsured, ineligible for government programs, or are otherwise unable to pay for their medical services.
INVESTING IN THE FUTURE

Education and training

Without sufficient opportunities to complete internships/externships and other student trainee programs, tomorrow’s health care workers will not be ready to fill the positions required to ensure future patients will have the quality care they need. El Camino Hospital offers a significant number of trainee positions in nursing, radiology, clinical laboratory, cardiac and pulmonary rehabilitation, and respiratory medicine. Nursing students from universities and community colleges are placed in areas of the hospital where they can receive hands-on experience with patients while being mentored by the nursing staff.

- Health care students trained in fiscal year 2011–2012: 299
- Cost to train students, including percentage of staff salaries, as well as supplies: $919,620

Medi-Cal

Medi-Cal is a public health insurance program that provides needed health care services for low-income individuals, including families with children, seniors, persons with disabilities, children in foster care, pregnant women, and low-income people with specific diseases such as tuberculosis, breast cancer, or HIV/AIDS. Medi-Cal is financed equally by the state and federal government.

- Number of Medi-Cal patients served (Mountain View and Los Gatos campuses): approximately 1,119 inpatient admissions; 108,000 outpatient visits.
SCHOOL HEALTH PROGRAM

Fulfilling a commitment to improve the health and wellbeing of youth, the hospital is providing support to many of the community’s public schools, often the only place where children from low-income families receive basic health care.

School nurses

In this time of shrinking school budgets, school nurses are stretched thin, often having to divide their time between many schools within a school district and unable to provide necessary follow-up care. In addition, school nurses today are increasingly called upon to deal with serious conditions such as asthma, diabetes, and mental health issues. They are also responsible for the care of medically fragile children in our school districts.

Many children, especially those who come from underserved households, often have no health care provider outside of the school nurse. Through the El Camino Hospital Community Benefit Program, school districts in Campbell, Cupertino, and Santa Clara have been able to add full-time nurses and health aides. These nurses have been able to substantially increase the scope and quality of health care services for students. Nurses audit student health records, follow up after vision, hearing, scoliosis, and dental screenings, and provide case management for students with chronic illnesses. They also connect students and families with other health-related services available in the community, including low-cost health insurance.

Campbell Union School District

Community Benefit funds have made possible the addition of two full-time school nurses and a health aide for the nine elementary and three middle schools serving the communities of Campbell, San Jose, Los Gatos, Monte Sereno, and Santa Clara.

• Students served: 6,700
• Students seen by providers after poor results at health screenings: 81% general; 80% dental
• High-absentee children with chronic asthma now managed by RN: 71%

Cupertino Union School District

Community Benefit funds that help to support an additional full-time school nurse and a part-time health aide for this school district come from both El Camino Hospital and El Camino Hospital District Community Benefit Programs. El Camino Hospital Community Benefit funds are allocated to schools that are located outside the El Camino Hospital District boundaries.

• Students served: 1,165
• Students seen by providers after poor results at health screenings: 66%

Santa Clara Unified School District

El Camino Hospital Community Benefit funds support school nursing services at four Title I schools in the school district, serving a large number of underserved and low-income children.

• Students served: 2,002
• Uninsured students who applied for insurance: 95%
• Kindergarten students needing urgent dental care seen by provider: 91%
“There is a great need for psychological, social, and crisis counseling on high school campuses today, and it is beyond the financial resources of the school district to provide it. The lack of availability of these kinds of services for at-risk youth is quickly felt by schools, by families, and by the surrounding communities at large because at-risk behaviors manifest themselves throughout our society.”

– Rhonda Farber, PhD, former superintendent, Campbell Union High School District

MEETING THE NEEDS OF FOSTER CHILDREN

Juvenile Court Foster Children orthodontic program

This program is designed to help foster children with the most serious oral health problems that require orthodontics care. Foster children typically are not able to easily or quickly access orthodontic services since the number of dentists and orthodontists who accept Medi-Cal patients for these services is limited in Santa Clara County. With El Camino Hospital Community Benefit funding, the program has helped more than 20 foster children.

HELPING INFANTS AND TODDLERS

Early Head Start

Early Head Start was created to provide educational, social, medical, dental, nutritional, and mental health services for pregnant women and children from birth to three years of age in low-income families. These children are at the highest risk of adverse health and developmental outcomes.

El Camino Hospital’s Community Benefit Program funded a family advocate position for Santa Clara County’s Early Head Start Program, which helps families find primary care providers, connects them to available health resources, and coordinates translation and transportation services, which are often barriers to accessing care.

• Children served: 72
• Families in need connected to appropriate services: 92%
“The counselors have done wonders for the school climate, by affecting all students’ ability to learn, and by preventing the need for emergency services. Neither the principals nor I know how we could function without these services. They are providing a better place to learn for students and a better community for us all, both now and in the future.”

– Rhonda Farber, PhD, former superintendent, Campbell Union High School District

2 ISSUE: Reducing obesity and encouraging healthy active lifestyles for long-term health

Obesity rates among children are rising. Young people spend long hours in sedentary activities such as playing video games or watching TV. In addition, local superintendents and principals say they are seeing a troubling increase in bullying and other antisocial behaviors, especially during recess. Through Community Benefit funding, El Camino Hospital is not only making it possible for students to get the health care they need, but also helping them make good nutrition and exercise part of their lives. When students are healthier physically and emotionally, they have a better chance of being more successful both socially and academically.

INVESTING IN THE LONG-TERM HEALTH OF OUR CHILDREN

Playworks

Playworks is a program for elementary school children to increase their physical activity and to foster a better social climate at school. El Camino Hospital Community Benefit Program funds the Playworks program at a Title I school in the Campbell Union School District.

• Students served: 525
• Principals reporting decrease in suspensions, referrals, and/or fights: 94%

HealthTeacher

HealthTeacher, an online health education curriculum for K-12 teachers, gives them an opportunity to fit important health information into the day’s learning. El Camino Hospital partners with Lucile Packard Children’s Hospital to provide HealthTeacher to school districts in Silicon Valley, including in the Campbell Union and Cupertino Union School Districts.

• Schools served: 160
• Teacher satisfaction with program: 90%

3 ISSUE: Enhancing emotional wellbeing by increasing access to mental health services

One in four people in this country experiences some kind of mental disorder during his or her lifetime. One in 17 has a serious mental illness, while one in 10 children experiences a serious mental or emotional disorder. A great many — especially underserved groups such as the elderly, racial/ethnic minorities, low-income individuals, and the uninsured — do not receive the treatment they need. Safety net programs have traditionally provided assistance, but with shortfalls in funding, resources are stretched thin and mental health benefits are often the first to be cut.

El Camino Hospital’s Community Benefit Program helps fill the gaps that exist in mental health services for the underserved. The focus of the hospital’s program is on providing tools and resources that will help youth and adults make behavioral and lifestyle choices that will support successful and healthy lives.
DEALING WITH HIGH-RISK BEHAVIORS IN HIGH SCHOOLS

Campbell Union High School District: EMQ FamiliesFirst Programs

Substance abuse, violence, gang issues, depression, promiscuity, eating disorders, poor attendance, sexual abuse, and suicidal ideation — these are problems faced by young people during their high school years. Add to that increased bullying behaviors through texting and social media.

El Camino Hospital’s Community Benefit funds are providing students and families in the Campbell Union High School District with two vital mental health programs to help at-risk youth.

EMQ FamiliesFirst Addiction Prevention Services provides student counseling, substance abuse prevention, intervention, and post-intervention services for youth.

The Child and Adolescent Mobile Crisis Program provides mental health crisis assessment and intervention to youth under age 18 who are severely depressed, suicidal, or in acute psychological crisis. Services are available 24 hours a day, seven days a week, to respond to youth in immediate danger of harming themselves or others and to de-escalate their crises. The program helps families to find resources to keep their children safe at home.

• Students, parents, and teachers served: 1,744
• Counseling services provided: 1,301
• Youth participating in the high-risk adolescent program showing a 50% improvement in positive behaviors and attitudes: 75%
FILLING THE GAPS IN MENTAL HEALTH SERVICES

The need for mental health services for low-income residents is growing in Santa Clara County. Physicians at the RotaCare Clinic and other community clinics have observed an increasing number of individuals with mental health problems that require psychiatric care and medication management. Accessing mental health services is especially difficult for individuals with no insurance or resources.

Momentum for Mental Health

Momentum for Mental Health, the largest nonprofit provider of mental health services for adults in Silicon Valley, helps people achieve mental and emotional wellbeing. Services include psychiatric evaluation, medication management, and case management for individuals with neither insurance nor resources to access mental health services. Community Benefit funds serve to narrow the gap in access to psychiatric care.

Asian Americans for Community Involvement (AACI)

Language and cultural barriers, along with a pervasive stigma about mental health problems, keep members of the Asian community from utilizing mental health services. With the closing of a program in the Cupertino School District, these services were no longer available to the large population of Asian students and their families. With funding from El Camino Hospital, AACI, which has expertise in working with the Asian community, provided services to school districts in Cupertino and East San Jose, with a focus on serving uninsured students. Services included individual, group, and family therapy and case management.

• Individual and group counseling services provided: 1,439
ISSUE: Meeting the special needs of vulnerable populations such as seniors and the homeless

Among those who rely the most on support services in Santa Clara County are foster children, seniors, and the homeless. These are individuals for whom the lack of available resources has the most negative effect. Foster children need caring and helpful advocates, seniors need resources to maintain their quality of life, and the homeless need access to basic health and social services. El Camino Hospital’s Community Benefit Program improves access to critical services for those in need.

NEW BRACES, A NEW JOHNNY

Johnny was excited to get braces, since he was the first of three children in his family to receive them. Johnny attends a school for children with special needs and he often has behavioral issues and doesn’t follow through on assignments. But getting new braces has motivated Johnny to improve. He now brushes his teeth every day at school, after lunch, and at home. Proud of his braces, Johnny is attempting to set a good example for the younger children in the foster home who will need braces later this year.

YOUTH AT RISK

Superior court domestic violence intervention for youth

Reports say that approximately one in three adolescent girls is a victim of physical, emotional, or verbal abuse from a dating partner. Nearly one in 10 high school students has been physically hurt by a boyfriend or girlfriend. For foster children, the difficulty in getting help is compounded.

Funds from the El Camino Hospital Community Benefit Program support a superior court domestic violence intervention program which has been established to prevent and stop this kind of behavior from happening to foster children. Through education, mentorship, referrals, and expert legal assistance, these youth will learn the behaviors that typify domestic violence and how to develop healthy and appropriate relationships.

HOPE FROM THE COMPANY OF OTHERS

For youth facing domestic violence, success is defined by their consistent attendance in the youth group and their desire to continue to engage in the Tuesday group process. The following poem was written by a participant to describe the group experience:

In a Life

In a life where there is trouble
There is Group Tuesday
Ferial comes to save the Tuesday
From being most terrible Tuesday
Gives me time to figure out my struggles
In a life where there is trouble
A TRUSTED HEALTH CARE RESOURCE

El Camino Hospital places a high priority on providing community members with health information and resources that have a positive impact on their health.

Health Library & Resource Center, El Camino Hospital Los Gatos

The Health Library & Resource Center at El Camino Hospital’s Los Gatos campus provides up-to-date health and wellness information both on site and in the community. The center also provides assistance and referrals to local and national resources for individuals who need information about caring for an aging parent or family member.

- In-person visits in 2011–2012 fiscal year: 900
- Calls for assistance: 300
- Outreach: 28 events serving 750 community members

El Camino Hospital was a sponsor of the 2012 Healthy Living Fair presented by Congregation Shir Hadash in Los Gatos. The fair’s chairperson, Diane Toole, had this to say:

“Our goal was to bring much-needed health screening and health information to people who fall through the cracks of the health care system in our community. Members of Congregation Shir Hadash, St. Maria Goretta Parish, People Acting in Community Together (PACT), the Muslim Community Association, and O’Connor Hospital joined together in this multi-faith effort for residents of East San Jose. Thousands of people benefited from 40 community service agencies that provided health and dental screenings, eye exams, free physician counseling, and certificates for free follow-up care. All this and more was provided thanks to your generous donation.”
**SPONSORSHIPS**

El Camino Hospital’s Community Benefit Program also sponsors a number of local nonprofit organizations and government agencies that fill critical gaps in health care services and address health disparities.

Asian Americans for Community Involvement (AACI)
Able People Foundation – support for the disabled
American Cancer Society, California Chinese Unit
American Red Cross – disaster relief
Avenidas – patient transportation
Breast Cancer Connections
Breathe California
Camp Kesem – for children of parents with cancer
Community Health Partnership
Congregation Shir Hadash Health Fair
EMQ FamiliesFirst
Herald Cancer Care Network
Jenny’s Light – a mental health event
Learning Ally (formerly Recording for the Blind & Dyslexic)
Leukemia and Lymphoma Society
Los Gatos Lion’s Club Charities
Momentum for Mental Health
People Acting in Community Together (PACT)
Peninsula Stroke Association
Planned Parenthood Mar Monte – Children’s Summit
Project Cornerstone
Self Help for the Elderly
Silicon Valley Leadership Group – Turkey Trot
The Health Trust
VMC Foundation
West Valley Community Services

**FINANCIAL ACCOUNTING**

Community health improvement services ......................... $361,671
Health professions education .................. $1,179,367
Subsidized health services ....................... $13,083,292
Clinical research ............................... $455,839
Financial and in-kind contributions .................. $844,876
Community benefit operations ...................... $162,731
Traditional charity care ........................... $3,153,534
Government-sponsored health care (unreimbursed Medi-Cal) $13,174,518

Total Fiscal Year 2011–2012 El Camino Hospital Community Benefit ....................... $32,415,828
COMMUNITY BENEFIT COALITION MEMBERS
Community Health Partnership, Inc.
Council on Aging Silicon Valley
El Camino Hospital
FIRST 5 Santa Clara County
Hospital Council of Northern & Central California
Kaiser Permanente Santa Clara
Kaiser Permanente San Jose
Kids in Common
Lucile Packard Children’s Hospital at Stanford
O’Connor Hospital
Palo Alto Medical Foundation
Project Cornerstone
Saint Louise Regional Hospital
Santa Clara County Office of Education
Santa Clara County Public Health Department
Santa Clara County Social Services Agency
Santa Clara Family Health Foundation
Santa Clara Family Health Plan
Santa Clara Valley Health & Hospital System
Silicon Valley Community Foundation
Silicon Valley’s University Partner for Research and Innovative Solutions
Stanford Hospital & Clinics
The Health Trust
United Way Silicon Valley
YMCA of Silicon Valley

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Nandini Tandon, member
Results are shown in brief in this combined 2012 Community Benefit Report. A more detailed report of metrics for both programs can be found at [www.elcaminohospitaldistrict.org/Community_Benefit](http://www.elcaminohospitaldistrict.org/Community_Benefit) and [www.elcaminohospital.org/BenefitReport](http://www.elcaminohospital.org/BenefitReport).
2012 Community Benefit Report

About El Camino Hospital

As an independent, nonprofit hospital with campuses in Mountain View and Los Gatos, we are empowered to do whatever it takes to bring you the finest quality care. Our leadership helps foster a dynamic, collaborative, innovative environment. El Camino Hospital physicians actively seek out the latest treatments and technologies to benefit our patients. And all of our nurses, staff, and volunteers share our commitment to excellence. Together, we do our utmost to bring you compassionate, comprehensive medical care that is truly state-of-the-art. Our key medical specialties include cancer care, heart and vascular services, genomic medicine, urology, orthopedic and spine surgery, rehabilitation services, senior health, and women’s health.

For a more detailed look at our capabilities, please visit our website at www.elcaminohospital.org.