

# Mental Health Services Act REGIONAL PARTNERSHIP Implementation Progress Report

Region: Central Region Partnership Fiscal Sponsor County: Placer County

**Counties:** Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Placer, Sacramento, San Joaquin, Stanislaus, Sutter/Yuba, Tulare, Tuolumne and Yolo.

*Please include a brief introductory paragraph either here or in a cover letter describing the Regional Partnership.*

<b>Date Regional Partnership Funding Approved:</b>	May 2009	<b>Time period for this report:</b>	May 2009 through July 31 <sup>st</sup> , 2010
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**1) Major Goals/Priorities:**  
*If the regional partnership has developed a work plan, a copy of the work plan can be utilized in this section. Include information on why the priorities in the work plan were identified.*

**Through a consensus-building process, most Directors of the Central Region and some Mental Health Services Act (MHSA) and/or Workforce Education and Training (WET) Coordinators prioritized five planned actions at a face-to-face meeting on May 7<sup>th</sup>, 2009. The priorities were determined by brainstorming areas of interest under the WET Plan Components. The following priorities were determined:**

**Coordination of Training Next Steps (*Championing counties - Sacramento, Stanislaus, San Joaquin, Madera and Placer*):**

1. Develop Competency Standards and Evaluations for Trainings
2. Develop Follow-Up Programs to ensure Transfer of Learning Post-Training
3. Ensure website includes repository of curriculums, current training, and application communications, as well as policies and procedures

**Regional Financial Incentive Next Steps (*Championing counties - Yolo and Calaveras*):**

Contract an entity to distribute Financial Incentives:

1. All counties should determine their specific needs in this area
2. Identify agencies that provide this service (costs, services, accountability, etc.)
3. Bring back to Regional Meeting or share via email to determine if each county or the region would utilize the service
4. If Regional, determine criteria to give out financial incentives
5. Determine a uniform method for distribution

**Residency and Internship Programs for LVN's, PT's, PNP's, PA's, and RN's Next Steps (*Championing counties - Amador, Fresno and Mariposa*):**

1. Survey counties to determine interest/ability to participate
2. Survey accredited educational tracks available throughout the region for the counties involved
3. Disseminate information on who is doing what , where, how; share MOUs, plans, Policies and Procedures, and financial incentives
4. Determine how to promote these careers

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**Redefining job descriptions/classifications for volunteers and consumer and family member positions Next Steps (*Championing counties - All counties will share – to be posted on website*):**

1. Gather existing classifications and job descriptions from counties
2. Share information on website

**California Association of Social Rehabilitation Agencies (CASRA) Certification for case manager level staff and for CPRP (Certified Psychiatric Rehabilitation Practitioner) Certification through the United States Psychiatric Rehabilitation Association (USPRA) Next Steps (*Championing counties - Tuolumne and Madera*):**

1. Full assessment of Needs and Resources – possible application depending on what is already happening
2. Review all options for various certifications
3. Make a recommendation for standardized, portable certification for multiple social rehabilitation applications (across all age groups)

*The priorities were reviewed and re-determined at a meeting in October of 2010, outside of the scope of this report.*

## **2) Description of Activities:**

*The report should identify the activities listed in the initial “Application for Funding” provided to the Department, as well as activities added since that time. Include the progress of the activities. If an activity was discontinued or changed please explain why.*

<b>Activities (* - from initial application)</b>	<b>Status or Progress</b>	<b>Timeframe or Timeline and Notes</b>
1. Identify regional themes/priorities *	Completed – See Section 1, above.	May 2009
2. Hire a Regional Coordinator *	Completed	May 2009
3. Hold regular meetings *	In progress	Monthly calls and semi-annual face-to-face meetings are held in the Central Region.
4. Pursue outside funding resources with local labor and education to outreach to unserved and underserved communities and increase the diversity of the workforce. *	Although some grant opportunities have been discussed, none have been pursued because not more than one county has had interest in pursuing the same project for the same grant as of yet.	The Central Region has collaborated and leveraged funds with trainers with Department of Rehabilitation contracts and Working Well Together to provide trainings to staff, direct service providers, consumers and family members throughout the Central Region. Trainings were delivered in January, May and June, 2010. (See item # 20, below.)
5. Develop career pathway programs that serve multiple counties in existing educational settings. *	In progress – See item #11.	The Central Region has a Community College Work Group interested in getting Psycho-Social Rehab curriculum, such as CASRA Curriculum added to existing Human Services Programs in local community colleges, primarily to enhance consumer and family member employees’ employment opportunities.

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**Description of Activities, continued:**

<b>Activities (* - from initial application)</b>	<b>Status or Progress</b>	<b>Timeframe or Timeline and Notes</b>
6. Address common training needs *	See items #17 and #20.	Trainings delivered in 2010
7. Develop a regional training strategy *	In Progress	The Central Region Partnership votes on how many and which trainings to hold as there is time and interest. Capacity is a major goal so training for trainers is often sought out.
8. Nurse Practitioner to Psychiatric Nurse Practitioner Program at CSU, Fresno	In Progress	Starting in August 2009, by the end of this report period, the first cohort was about to complete the program.
9. Rural Weekend MSW Program at CSU, Sacramento with an MHSA and Rural focus – Advisory Committee and financial participation	In Progress	Commencing in August 2009, by the end of this report period, the first year of the 3-year cohort was complete. The first Advisory Committee meeting was held in October 2009.
10. Core Competencies Project	In Progress	Commencing in September 2009, by the end of this report period, the first competency was nearing its final activities.
11. Community College Work Group (including an option to offer a Certified Psychiatric Rehabilitation Practitioner track)	In Progress	Starting in May 2010, by the end of this report period, the work group was in the process of finding community colleges with which to pilot this project. We are looking to collaborate with Workforce Investment Boards and leverage their training dollars where appropriate.
12. TAY-Focused Work Group	In Progress	Commencing July 2010, by the end of this report period, the work group was in the process of determining its focus—a conference or training, or both. We are considering leveraging Title IV-E funds with child welfare to provide integrated training.
13. Roving Clinical Supervisor Project	In Progress	Discussions began in February 2010 and by the end of this report period, a contract was being drafted to allow the California Institute for Mental Health (CiMH) to be the fiscal intermediary for counties and contracted clinical supervisors
14. Financial Incentives Intermediation Project	In Progress	As a part of the Central Region's original prioritization meeting, interest was expressed in finding a fiscal intermediary for financial incentives. By the end of this report period, CiMH was exploring how to provide financial incentive services to counties on a regional level.

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**Description of Activities, continued:**

<b>Activities (* - from initial application)</b>	<b>Status or Progress</b>	<b>Timeframe or Timeline and Notes</b>
15.Maintenance of Central Region Web Page	Continuous	Began early in Fiscal Year 2009/2010. Documents from earlier meetings have been posted, as well.
16.Job Description Matrix	Completed – can be updated	The initial DRAFT Job Description Matrix document was completed in July, 2010. It allows Central Region Counties to check on common and similar job descriptions by clicking on links to the personnel pages of the various counties
17.Trainer and Training Matrix	Completed – can be updated	The Trainer and Training Matrix document was originally created in July 2009. It allows Central Region Counties to check on trainers and trainings recommended by various counties
18.Development of travel policy, decision-making guidelines and proposal guidelines	Completed – can be updated	Developed and approved during Fiscal Year (FY) 2009/2010.
19.Development of the Workforce Investment Board Guideline	DRAFT Completed – Being vetted by California Workforce Association Staff Member	Developed during Fiscal Year 2009/2010.
20.Coordination of Training for Staff, Providers, Consumers, Family Members, Stakeholders and Community Members.	Trainings completed: Hope at Work – 3 trainings Creative Problem Solving – 2 Recovery-Oriented Leadership – 2	January 2010 – Hope at Work with WWT; May 2010 – Creative Problem Solving; June 2010 – Recovery-Oriented Leadership. Other trainings are in development for FY 2010/11.
21.Facilitation of meetings between Columbia College and Calaveras and Tuolumne Counties over the two Psycho-Social Rehabilitation Programs offered there	Continuous	Facilitation occurred via phone calls, e-mail and face-to-face meetings throughout Fiscal Year 2009/2010.
22.Participation on the Greater Sacramento Area MFT Consortium	Continuous	October 2009. Quarterly meetings are held at various universities in the Greater Sacramento area.
23.Participation in the Greater Sacramento Area MFT Stipend Award Committee	Completed	November 2009.
24. CalSWEC Aging Initiative Funding Request	Completed	Funding request was approved for the amount requested over two fiscal years.
25. Coordination of Regional Partnerships	Completed	Funding was allocated for continued coordination.

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### **3) Outcomes of Regional Partnership:**

*This section should include outcome information for the regional partnership. Consider both quantitative and qualitative outcomes. Outcomes can be either activity specific and/or more general to the Regional Partnership.*

In the fourteen months covered by this report, the Central Region has begun implementation on many projects that include: community collaboration, cultural competence, a consumer- and family member-driven and wellness, recovery and resiliency focus. The region is currently working on projects that integrate mental health, and substance use, and we are looking forward to integrating with primary care and perhaps child welfare and Workforce Investment Boards. Many projects focus on the development of the existing public mental health workforce, while others target consumer and family members seeking more education or employment/volunteer opportunities. Still other programs are designed to increase the number and capacity of our region to “grow its own” professional employees: by funding the administrative costs of a Nurse Practitioner to Psychiatric Nurse Practitioner Program; by subsidizing a Rural Weekend Master’s of Social Work (MSW) Program; by promoting MFT Stipend Applications; by supporting Psycho-Social Rehabilitation Programs in Community Colleges; and, by providing Wellness-focused and/or Evidence-Based trainings throughout the region. Outcomes for some of the regional projects are highlighted below:

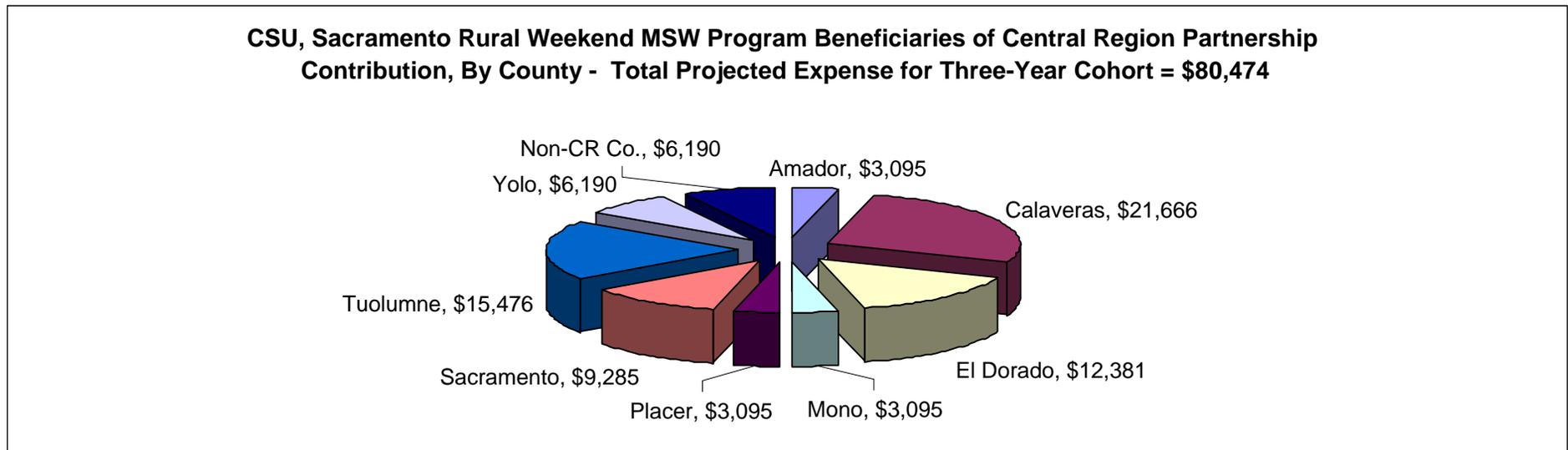
The Rural Weekend MSW Program at California State University at Sacramento:

The Rural Weekend MSW Program out of California State University at Sacramento includes a cohort of almost 30 students. A recent, voluntary demographic survey had 19 students reply. Responses to some questions follow:

- The survey found that: 89.5 % of respondents were Caucasian/White; 5.3% were Hispanic/Latino; and 5.3% were Multi-Race/Other.
- When asked how many considered themselves multi-cultural, 21.1% answered yes, including the following cultures: Mexican/Native American – Apache Indian/White; Sexual Orientation/Mental Illness; Multi-cultural; and Bi-Sexual.
- When asked if they considered themselves consumers, 21.1% of the respondents said yes.
- When asked if they considered themselves a family member, 23.6% of the students said yes.
- When asked if they were bi- or multi-lingual, 5.3% said yes.
- When asked what they will aspire to do after completion of the program, 77.8% said they would “work in direct practice at a Public Mental Health Facility near where [they] currently reside.”

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From a regional perspective this is promising. The following chart demonstrates the amount of dollars spent by the region and how eight Central Region counties may benefit from these students' education in the near future:



The Roving Clinical Supervisor Project will also assist counties in providing the clinical supervision necessary for these students to intern in their offices.

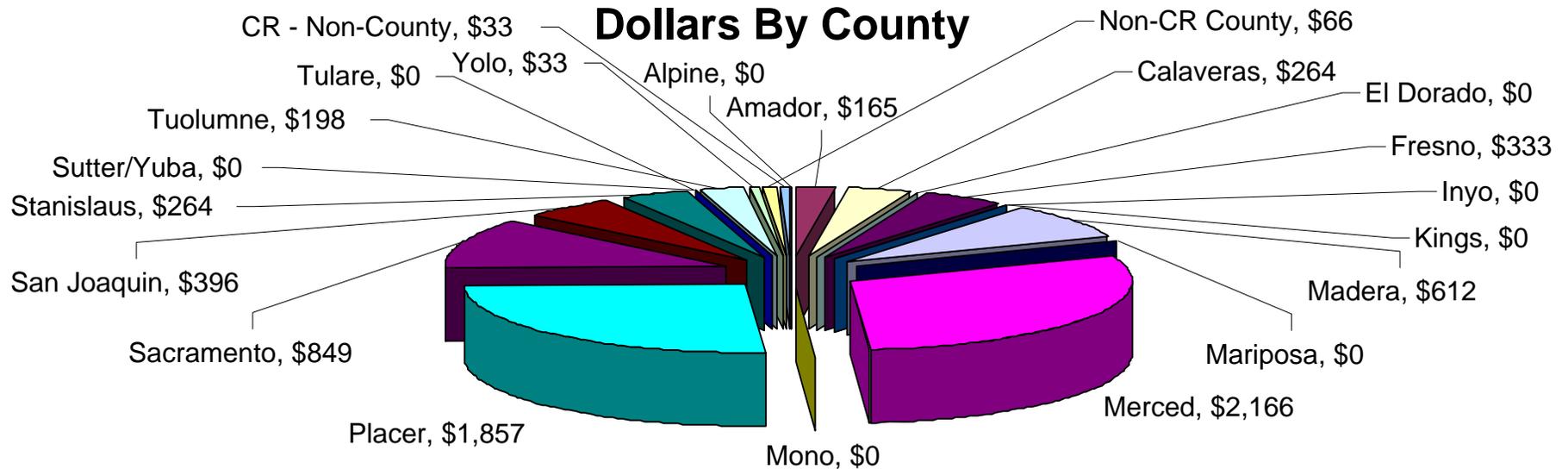
### Trainings:

Trainings were another priority that the Central Region focused on during the period captured by this progress report. The region sponsored solely, or in-part, seven trainings through June 30<sup>th</sup>, 2010. The trainings included: Hope at Work, a wellness-focused training; Creative Problem Solving; and Recovery-Oriented Leadership, a recovery-oriented training. The following chart demonstrates which counties trainees came from and how many regional dollars were collectively spent on students from each county.

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**Counties that Benefited from Central Region Training**

**Dollars By County**



**Psychiatric Nurse Practitioner Program at California State University at Fresno:**

A third project that should be highlighted is the Psychiatric Nurse Practitioner Program at California State University at Fresno. This program is a distance education program that graduated seven from its first cohort just after this annual report period. Many counties identified Psychiatric Nurse Practitioners as a hard-to-fill position in their local WET Plans. In its application for funding, the Central Region offered \$100,000 toward the administration of this distance education program at Fresno State. Three of the seven students from the first cohort resided in Central Region Counties. The other four students resided elsewhere in California.

Many Central Region projects are in progress, as demonstrated in Section 3, above, but have not yet been evaluated for outcomes. Because the Central Region partners are determined to transform the public mental health system using the essential elements of the Mental Health Services Act, the region is sure to demonstrate favorable outcomes from these projects. Data for projects in progress can be requested from the regional coordinator.

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**4) Funds allocated for activities:**

Please include annual expenditures in the following categories: a) personnel/salaries and related costs, b) direct program operating costs, c) contract/consulting expenses, and d) administrative/indirect costs. Also: include any other costs that may not fit into those categories. Please include a narrative for the "other" costs. Also please note if Regional Partnership funds are being matched or leveraged by other entities for any of the activities.

Categories:	Annual Expenditures – FY 2008/2009	Annual Expenditures – FY 2009/2010
Personnel/Salaries, etc.	\$10,493.02	\$82,891.13
Direct Program Operation Costs	\$4,286.14	\$61,201.69 (* + \$110,000 = \$171,201.69)
Contract/Consulting Expenses	\$0	\$7,200.00
Administrative/Indirect Costs	\$2,216.87	\$21,000.78
Other Costs:	\$0	\$0
<b>TOTAL ANNUAL EXPENDITURES</b>	<b>\$16,996.03</b>	<b>\$172,293.60 (* + \$110,000 = \$282,293.60)</b>

\* - The Central Region is awaiting a \$100,000 invoice from CSU, Fresno for the Psychiatric Nurse Practitioner Program which began in Fiscal Year 2009/2010. The Central Region is anticipating a \$10,000 invoice from CalSWEC for the same fiscal year.

<b>Name/Title of Person Completing Report</b>	Gina Ehlert/Central Region Workforce Education and Training Coordinator	<b>Date:</b>	October 26, 2010
<b>Phone:</b>	(916) 207-1148	<b>Email:</b>	<a href="mailto:gehlert@cimh.org">gehlert@cimh.org</a>

**Director of Fiscal Sponsor County Attestation**

I hereby certify that I am the official responsible for the administration of county mental health services in and for said Regional Partnership and that the Regional Partnership has complied with all pertinent regulations, laws and statutes for this implementation progress report, including all requirements for the Workforce Education and Training component. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code section 5891 and Title 9 of the California Code of Regulations section 3410, Non-Supplant.

All information in this Implementation Progress Report is true and correct.

Maureen Bauman  
Mental Health Director/Designee

  
Signature

October 29, 2010  
Date