

Mental Health Services Act REGIONAL PARTNERSHIP Implementation Progress Report

Region: Los Angeles

Fiscal Sponsor County: Los Angeles

Counties: Los Angeles

Please include a brief introductory paragraph either here or in a cover letter describing the Regional Partnership.

The Los Angeles Regional Partnership effort will complement the original PEI WET plan through various collaborations and leveraging opportunities with local higher educational institutions in areas of evidence based practices, scientific research relevant to community mental health, emerging initiatives, e.g. healthcare reform in alignment with the elements of the mission of the Department of Mental Health that relate to recovery and resiliency of individuals and families and the intent of the Mental Health Services Act (MHSA).

Date Regional Partnership Funding Approved:	2/05/09	Time period for this report:	2/5/09 thru 11/30/10
1) Major Goals/Priorities: <i>If the regional partnership has developed a work plan, a copy of the work plan can be utilized in this section. Include information on why the priorities in the work plan were identified.</i>			
<p>These include:</p> <ul style="list-style-type: none"> • Promulgation of evidence based practices (EBP's) that are clearly tied to significant outcomes for individuals and their families • Adaptation of EBP's to culturally diverse populations • Implementation of EBP's in mental health, health and other human service sectors • Expanding collaborative efforts with local higher educational institutions in order to promote translational research 			
2) Description of Activities: <i>The report should identify the activities listed in the initial "Application for Funding" provided to the Department, as well as activities added since that time. Include the progress of the activities. If an activity was discontinued or changed please explain why.</i>			
<p>Los Angeles:</p> <ul style="list-style-type: none"> • will continue to pursue the identification of external resources from various sectors, foundations and other organizations to create and enhance WET and research opportunities. Two such efforts are underway in regard to the UCLA RWJ Fellows Program and its NIMH 			

funded research effort. L.A. is currently reviewing a series of possible projects that are relevant to its future directions in light of the 1115 waiver and healthcare reform in general.

- staff has been collaborating with representatives from local higher educational institutions to enhance their own institution's curriculum with the inclusion of concepts relevant to the MHSA.
- will engage in additional research and grant activities with local colleges/universities, multicultural experts and MH organizations to enhance practices with community based evidence.
- is having ongoing discussions with USC and UCLA regarding translational research opportunities.
- is considering possible options for supporting and developing public/private/academic networks to support research and community based services.
- is engaged in discussions with local training institutions in regard to the study of recovery and wellness focused models and practices, especially those involving consumers, parents and family members.
- remains active in exploring efforts to support the development and study of EBP's, community defined practices and promising practices that have culturally diverse relevance especially as they pertain to wellness, recovery, prevention, early intervention, etc.
- is considering supporting research that focuses on the implementation of EBP's in primary care settings especially in light of the 1115 waiver and healthcare reform. This would be a new addition.

3) Outcomes of Regional Partnership:

This section should include outcome information for the regional partnership. Consider both quantitative and qualitative outcomes. Outcomes can be either activity specific and/or more general to the Regional Partnership.

- A clinical effectiveness trial (Child STEPS) has been launched in collaboration with Bruce Chorpita, Ph.D., from UCLA that addresses children with multiple problems using a modular treatment approach. Web-based feedback, including caregiver reported outcome data, is provided to therapists. 35 clinicians underwent training in a 5-day clinical workshop and family recruitment was initiated in late September. Approximately 5 families per week are being referred to the various agencies who are involved in this project. On Dec. 2, a broader "kick-off" meeting using this modular approach was conducted which was attended by at 50 community agencies.

- A geropsychiatric Fellow from UCLA will be provided a partial stipend to work with DMH older adult team beginning March 2011.
- 5 brief descriptions of studies submitted by local higher institutions as options for collaboration with academic centers and various community partners are under review.
- A formal solicitation to other county behavioral health departments to join L.A. in a research collaboration that entails adaptation of the Milestone of Recovery Scale (MORS) for older adults has been issued.

4) Funds allocated for activities:

Please include annual expenditures in the following categories: a) personnel/salaries and related costs, b) direct program operating costs, c) contract/consulting expenses, and d) administrative/indirect costs. Also: include any other costs that may not fit into those categories. Please include a narrative for the "other" costs. Also please note if Regional Partnership funds are being matched or leveraged by other entities for any of the activities.

Project	FY 09-10	FY 10-11	FY 11-12
CMHDA –CA Social Work Education Aging Initiative*		(20,000)	
Child STEPS Program (UCLA)**		(216,000)	
National Institute of Research Project (UCLA)*		(122,375)	
Adaptation of Milestones of Recovery Scale for older adults (Long Beach State U)*		(125,000 depending on other counties participation)	
Translational Research Partnership Involving Local U's*		(225,000)	(225,000)
NIMH, RWJ (UCLA)*		(216,000)	(216,000)
Geropsychiatry Fellowship***		(106,000)	(106,000)

*in planning stage

**expenditures have been made; see below

***to be launched 3/11

<i>Child STEPS (Program)</i>	One Year (FY 10-11)	Total Project – Three Years
(a) personnel/salaries and related costs	\$165,686	\$495,990
(b) direct program operating costs	\$7,500	\$27,500
(c) contract/consulting expenses	\$31,140	\$91,420
(d) administrative/indirect costs	\$0	\$0
(e) other costs	\$10,163	\$30,489
(f) leveraging of funds	\$252,928	\$750,000
TOTAL	\$467,417	\$1,395,399

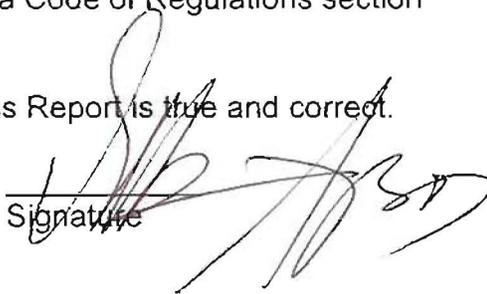
Name/Title of Person Completing Report	William Arroyo, M.D.	Date:	December 2, 2010
Phone:	213-738-6152	Email:	wmarroyo@pacbell.net

Director of Fiscal Sponsor County Attestation

I hereby certify that I am the official responsible for the administration of county mental health services in and for said Regional Partnership and that the Regional Partnership has complied with all pertinent regulations, laws and statutes for this implementation progress report, including all requirements for the Workforce Education and Training component. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code section 5891 and Title 9 of the California Code of Regulations section 3410, Non-Supplant.

All information in this Implementation Progress Report is true and correct.

William Arroyo, MD
Mental Health Director/Designee
Date


Signature